

# **The Book of Life**

**180 Practical Questions & Answers Mainly Based on the Bhagavad-Gita Teachings**

By Kamlesh C. Patel

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## **Other works by the author**

Audio recordings of the Bhagavad-Gita As It Is are available on CDs in Sanskrit, English, Gujarati, Hindi, Spanish, French, Marathi, and Arabic. Over five million plus distribution Worldwide on CDs and web.

DVDs: **Bhagavad-Gita As It Is – English (over 14 hours on 4 DVDs), Bhagavad-Gita Yagna DVD.**

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## **Dedication**

This book is dedicated to his Divine Grace A.C. Bhaktivedanta Swami Prabhupada. Most of my knowledge realization comes from him, his followers, others, and my personal life experiences.

## **Introduction**

The aim of this book is to explain the teachings of an eternal scripture in a practical and easy way to understand.

The difference between this summarized Bhagavad-Gita and other versions is that this is practical, easier to understand, and without deviation from the original message of Lord Krishna.

We have questions about God and life and the Bhagavad-Gita has the answers to them, but to extract the answers to our questions from the Bhagavad-Gita is not so easy, because we are so much degraded and brain washed with man-made ideologies. I give these questions that most people have in mind, and the answers based on the Bhagavad-Gita, using simple language.

The BBT would not give me the permission to use their translations and thus the translation of the Bhagavad-Gita verses from Sanskrit to English were prepared with help from others, without deviating from the original message of Lord Krishna and Swami Srila Prabhupadas' teachings. The translations of the Srimad-Bhagavatam and Caitanya-caritamrta Sanskrit verses into English are courtesy of the Bhaktivedanta Book Trust International, [www.krishna.com](http://www.krishna.com).

The focus of this book is on the message of Lord Krishna to humanity and so I have omitted the statements in the translations, which address Arjuna, like 'O Arjuna', 'O son of Kunti', 'My dear Arjuna', 'O son of Bharata' and so on. This makes it clear that the message of the Bhagavad-Gita applies to everyone and not just to Arjuna.

## **Explanation of the front and back covers**

This shows:

- God is one
- God is a person with the most beautiful human like form
- God is the most loving person
- God is the father of all living beings
- God is kind to all His children, even the animals
- God is mature and responsible. He orders His followers to love all living beings

### **1. What is the Bhagavad-Gita?**

“Bhagavad-Gita” means the song of God. It is the conversation between a man called Arjuna, and God Himself in the human form, Lord Krishna. It is the only scripture on the planet that can be called the word of God in person. This conversation took place 5000 years ago in Kurukshetra, India.

The Bhagavad-Gita is based on questions raised from man (Arjuna) and answers given by God (Lord Krishna).

### **2. What information does the Bhagavad-Gita provide?**

The Bhagavad-Gita provides information regarding:

- God (Isvara)
- Souls (Jivas), the living entities like you and me
- Time (Kala)
- Activities (Karma)
- Material Nature (Prakrti)

No other scripture on the planet provides this information. From the above five, karma is temporary and the others are all eternal. Thus God, living entities, time, and matter are eternal.

### **3. What does the Bhagavad-Gita teach?**

Spiritual self-realization is the subject matter of the Bhagavad-Gita.

- There is only one God
- We are the soul, which is eternal
- God is the father of all living beings
- Why we suffer or enjoy
- What is the relationship between God and living beings
- How brilliant God looks
- How great God is
- How Krishna is God
- What are the qualities of godly human beings
- What are the qualities of demonic human beings
- How God witnesses all our actions
- How living beings move up or down in species
- How we can serve God

#### **4. What is the history of the Bhagavad-Gita?**

Unlike the non-Vedic scriptures (scriptures from outside India), the Bhagavad-Gita, is not a one off scripture, it's eternal. It was last spoken 5000 years ago by Lord Krishna to Arjuna, and 120.533 million years ago to the person who maintains the sun planet, Vivasvan. It was first spoken in this universe, 155.522 trillion years ago. The Bhagavad-Gita has also been spoken by Lord Krishna in millions of other universes.

**"I gave this science of self-realization knowledge to Vivasvan, and he gave it to Manu, and Manu gave the knowledge to his son, Ikshvaku." (Lord Krishna, Bhagavad-Gita 4.1)**

Vivasvan is a demigod who maintains the sun planet. Demigods are very powerful human beings, they are NOT the Supreme (the God).

**"Although I am unborn, imperishable, eternal, and the Lord of all living beings, using My internal energy, I still appear in My original spiritual form." (Lord Krishna, Bhagavad-Gita 4.6)**

Lord Krishna appears once on this planet in His original form, once in every daytime of Brahma, which is every 8.64 billion years, and each time the Bhagavad-Gita is spoken by Him. So far in the current cosmic cycle, Lord Krishna has appeared and spoken the Bhagavad-Gita more than 18,000 times on this planet (age of universe/timing of appearance=155.522 trillion/8.64 billion). This is how great Lord Krishna (God), His teachings, and the Bhagavad-Gita are.

***"Once in a day of Brahma, He descends to this world to manifest His transcendental pastimes." (Caitanya-caritamrta Adi-Lila 3.6)***

#### **5. Does the Bhagavad-Gita state that those who don't follow it go to hell?**

No.

One of the differences between the Bhagavad-Gita and the Non-Vedic scriptures is that the God of the Bhagavad-Gita is a responsible, mature, loving, and caring person. He is not a bully, hater, curser, nor childish.

**"I hate no one. I am equal to all living beings..." (Lord Krishna, Bhagavad-Gita 9.29)**

**"...One who has no enemies among all living beings comes to Me." (Lord Krishna, Bhagavad-Gita 11.55)**

**"One who is compassionate to all living beings ... - These are some of the qualities of those born with divine nature." (Lord Krishna, Bhagavad-Gita 16.1-3)**

The fact that the people of various religions exist is the simple proof that it is God's will that they exist. God is the creator of all living beings.

I have come across many in my life who say that I will go to hell because I don't follow their religion. They think that God made a mistake by creating those who don't follow their religion. They clearly don't understand that God is in full control, infallible, and thus all living beings have the right to exist by the will of God. Some people think that God is testing us by creating people of various religions to see who converts. This is a non-sense ideology because the eternal God has been creating people eternally on this planet in this universe and on other planets in millions of other universes. It is

foolish to think that God has only recently created His religion. God is eternal and His religion is also eternal, Sanatan-Dharma.

**"I am transcendental, beyond the fallible and infallible, and because I am the greatest, I am celebrated as the Supreme person, on the material, and spiritual planets, and in the Vedas." (Lord Krishna, Bhagavad-Gita 15.18)**

## **6. Does God sustain all living beings?**

Yes, it's God's will that the variety of people and animals exist.

- Does the sun only give light to the followers of one religion? No. The sun gives light to all plants, animals, oceans, and all humans
- Do the plants only give fruit and vegetables to people of one religion? No. They provide for all living beings everywhere
- Does it only rain on land occupied by people of one religion? No. It rains on land occupied by all living beings everywhere

**"All species of living beings in this material creation appear by taking birth, and I am the seed giving father." (Lord Krishna, Bhagavad-Gita 14.4)**

## **7. Show me God, only then will I believe?**

Most of us can't even meet the President of a small country on this insignificant planet. So how can we meet the President of millions of universes?

God is not our servant who will come in front of us whenever we desire it. If we want to see Him, then we have to accept His terms.

Have you seen Japan? No! But you still believe there is a country called Japan, even though you have not seen it. You are willing to accept the authority of world maps created by people and also the words of people who have seen Japan. Why not accept the authority of the eternal Vedic scriptures which state that Lord Krishna is the Supreme person, who has appeared more than 18,000 times in His original form (same body) and each time proving He is the Supreme person. Why not accept the authority of millions of Vedic followers who have seen Lord Krishna?

**"By performing devotional service unto Me [Krishna], without deviation. You can begin to understand My mysteries, and thus I can be seen in this form, standing before you." (Lord Krishna, Bhagavad-Gita 11.54)**

As Lord Krishna states in this verse, by serving Him without deviation, one will eventually see Him, face-to-face. A 5 year old boy called Druva, saw Lord Vishnu face to face, after just a few months of performing severe penances. Another 5 year old boy called Prahlad, saw Lord Krishna in His form as Lord Nrisingha. Millions of people have already seen Lord Krishna, face-to-face, and you can too, but you have to become qualified to see Him.

For those who are not qualified: the foolish, sinful, and less intelligent, God will remain unknown/invisible.

## 8. What is the evidence for God?

The scientists and atheists say there is no God:

- Can any scientist create life? Every second God is creating trillions of living beings in various forms. This is evidence of God
- Everything on this planet is maintained by living beings, so who is maintaining everything beyond this planet? This is evidence of God
- Can any scientist create trees that produce fruits and vegetables? This is evidence of God
- The cow takes water and grass and turns it into milk. Can any scientist do this? This is evidence of God
- According to the scientists, it would take over 400 billion nuclear weapons to produce the same amount of heat that the sun produces in just 1 second, and the sun has been doing this for at least 15 billion years according to the scientists themselves. Can the scientists replicate the sun, even for 1 second? This is evidence of God
- The sun always rises and sets on time, and the seasons come and go on time. Is this by chance? This is evidence of God
- The legs of trillions of living beings, including humans are 100% of the same length. Is this by chance? This is evidence of God
- Why is there a variety of living beings? Can a manufacturing company produce anything without the input from a person? This is evidence of God
- Every human face is unique, is this by chance? Can a manufacturing company produce unique products without any input from a person? This is evidence of God
- The human body is symmetrical (both halves are 100% same). Is this by chance? This is evidence of God
- Why doesn't the donkey think like a human and vice versa? This is evidence of God
- If you throw some bricks on the ground, will they form into a house? Without a spiritual being, the bricks cannot be formed into anything. Do the atoms combine to form certain molecules by chance? No. It's Krishna (God) who is present in every atom who combines the atoms to form specific molecules

**"I am the origin of all creations. There is nothing, moving or non-moving, that can exist without Me." (Lord Krishna, Bhagavad-Gita 10.39)**

**"With a single particle of Myself [Krishna], I maintain the entire creation." (Lord Krishna, Bhagavad-Gita 10.42)**

Some people shout that God is great but they have absolutely no idea how great He is. Lord Krishna maintains the millions of universes in the material creation with just one particle of Himself. This is how great Lord Krishna (God) is.

Some facts to help you realize the existence of God.

- a. A barber says there is no God, because if there were a God then there would be no poverty, disease, and suffering. There are many long haired and unshaven people. Does this mean that there are no barbers? The barber agrees that there are long haired and unshaven people, but the problem is that they don't go to him. In a similar way, people don't approach God nor do they follow His teachings and thus there is material existence with poverty, disease, and suffering.
- b. A doctor says there is no God, because if there were a God then there would be no poverty, and suffering. There are many diseased people everywhere in the world. Does this mean there are no doctors? The doctor agrees that there are many diseased people in the world, but the problem is that they don't go to a doctor. In a similar way, people don't approach God nor do they follow His teachings and thus there is poverty, and suffering.

- c. A painter says there is no God, because if there were a God then there would be no poverty, disease, and suffering in the world. There are many unpainted buildings in the world, does this mean there are no painters? People can have their home painted but they need to find a painter. In a similar way, there is a God, but people need to look for Him.
- d. A banker says there is no God, because if there were a God then there would be no murders in the world. There are many people living in poverty. Does this mean there are no banks full of money? Why don't the banks give out loans to all the poor? The banker says, we can only give to those who are qualified. In a similar way, there is a God, but only those who are qualified, will know Him.
- e. An Optician says there is no God, because I haven't seen Him. There are millions who cannot see properly. Does this mean there are no Opticians? The optician says, we can only help those who approach us. In a similar way, God will eventually be seen, face to Face, by those who approach Him.
- f. A person living in the desert says he believes in God but He must be formless, because nobody around here has seen Him. Can anyone see waterfalls in the desert? No? Does this mean there are no waterfalls? In a similar way, God has a form but He cannot be Seen in places where even the animals cannot be seen.
- g. A person says nobody has seen God, and thus there is no God. Have you seen what the 7 billion people in the world today and the zillions who lived in the past have seen? No? So how can you say nobody has seen God?
- h. A pilot says there is no God, because I have not seen him. There are millions of people who have never flown in an airplane. Does this mean there are no pilots? The pilot says I can only take those who book through the airline company. In a similar way, God can only be known by those who approach a representative of God, a genuine spiritual master.
- i. A medical college professor says there is no God, because he hasn't seen Him. There are millions who have never seen a medical college. Does this mean there are no medical colleges? The professor says only the most intelligent are qualified to see and attend a medical college. In a similar way, only the most intelligent can See and understand God.
- j. A sports personality says there is no God, because I have not seen God perform. There are millions who cannot perform. Does this mean that there are no sports? The sports personality says it takes time, effort, and luck to perform well and become a sports personality. In a similar way, it takes time, effort, and the will of God to know Him.
- k. A cleaner says there is no God, because if there were a God then there would be no chaos in the world. There are many dirty places in the world, does this mean there are no cleaners? The cleaner says we do clean but people keep messing up. In a similar way, God created a perfect world, but people keep messing it up.
- l. A blind person says there is no God, because he cannot seem Him. He cannot see anyone, does this mean nobody is existing?
- m. An atheists says I won't believe in God unless He appears in front of me. A pig in Africa is saying he doesn't believe in the existence of human beings, unless he sees the President of America, face to face. Will the President waste his time to visit a pig? In a similar way, God is not so cheap. Only those who are qualified can See Him face to Face. Millions have already Seen Him, and you can also, but first you need to become qualified and look for Him. You will only find Him in the Vedic scriptures. There are trillions of living beings, why should God visit you?
- n. A person says he can't find the description of God in the scriptures he has read, and thus God is indescribable. If you want learn to construct buildings then you have to read books on engineering and not books on cake making. In a similar way, if you want to know God then you have to read the Vedic scriptures, the only scriptures where God is fully described.

## 9. What is religion?

To follow the teachings/laws of God is called religion. Since God is eternal, His teachings must also be eternal, and thus the religion of God must also be eternal.

- God is eternal, meaning He has always existed
- If God has eternally existed, then man must also have eternally existed. Why would God live alone?
- The teachings/laws created by God for man to follow must have eternally existed

That eternal religion which was created by the eternal God is called "Sanatan-Dharma", which literally means the 'Eternal Religion', and referred to as the Vedic religion or pure Hinduism. The eternal teachings of God are contained in the Vedic Scriptures.

The highest form of religion is that by which one becomes fully conscious of the existence of God, including His form, name, qualities, pastimes, abode and all-pervasive features. When everything is completely known, that is the perfection of religious knowledge, and this can only be achieved by the Vedic knowledge. God is not described in the non-Vedic scriptures.

The Vedic religion has been proven to be the oldest on the planet, and the oldest scriptures on the planet are the Vedic scriptures, which were written in the oldest language known to man, Sanskrit. Sanskrit is known to be the most systematic language on the planet, the best language.

**"You are the Supreme person, eternal, imperishable, inexhaustible, the sustainer of the eternal religion. You are the basis of this universe." (Arjuna to Lord Krishna, Bhagavad-Gita 11.18)**

It is only Lord Krishna who is eternally known as the Supreme Person, God. All other so-called Gods are recent man-made creations and they cannot exhibit the qualities of God. Only Lord Krishna has so far proved Himself to be the one true God, and not just once, but millions of times.

## 10. What is the purpose of religion?

The purpose of religion is to know, serve, and love God. But you can only serve and love someone, if you know him or her. You cannot serve or love an invisible or unknown person. Only the Vedic scriptures describe exactly who the person God is. The non-Vedic scriptures don't have a clue as to who God is. Serving and loving God includes serving and loving all the creatures of God. This means serving and loving all human beings and animals. We should not hurt or eat any of our brothers and sisters. The animals are also our brothers and sisters.

**"Being freed from attachments, fear, anger, and fully situated in thought of me, many have become purified by penance and knowledge of me. They all attained pure love for me. (Lord Krishna, Bhagavad-Gita 4.10)**

Can anyone love an unknown or invisible person? No. This can be proven by the fact that mothers kill their unborn and thus unseen child with abortion. How many mothers would kill their live (seen) child? It is only possible to love a known and visible person.

Mother Teresa of Calcutta, a Christian missionary, admitted towards the end of her life that she felt emptiness in her life. This was emptiness of God. One can read the non-Vedic scriptures for millions of years but will never be able to describe God, because they do not describe Him. Only the Vedic scripture describe God and in complete. Thus if one wants to know God and be religious, then one must read and follow the eternal Vedic scriptures.

## **11. Is freedom of religion the will of God?**

Yes. God is in full control and by His will, the people of various religions are being created every second.

Thus by not allowing freedom of religion, one is acting against the will of God. Those who are against the will of God are wicked, unbelievers, faithless, and envious of God.

**“Those who are envious, cruel, full of hate, and wicked, are the lowest among men. I repeatedly cast these evildoers into the wombs of demonic species. Such persons are foolish and can never approach me. Birth after birth, they enter into the wombs of demonic species, and gradually sink down to the lowest state of life.” (Lord Krishna, Bhagavad-Gita 16.19-20)**

There are some people who want to practice their religion/ideology everywhere in the world, but they don't give the same right to others. This is called wickedness, and for such persons, God will be unknown/unseen and just an idea. Humans who cannot describe God are covered in complete ignorance, by their beliefs.

## **12. Who are the unbelievers?**

As already stated, those who are against the will of God are called the unbelievers.

- It is God who is creating the people of various religions, and thus those who don't allow freedom of religion are the unbelievers
- It is God who is creating the animals and for the same reason as humans, to live. Thus, those who think that animals are food are the unbelievers
- It is God who is creating people who worship Him in His image form, and thus those who are against image worship are the unbelievers
- It is God who is placing souls in particular bodies in particular situations exactly based on what the soul deserves (karma), and thus those who believe things happen by chance are the unbelievers
- God is most merciful and forgiving. To prove this, He gives us unlimited chances of life (reincarnation), and thus those who believe this is the only life are the unbelievers
- God is eternal and thus humans have also eternally existed. Those who believe humans have only existed for a few thousand years are the unbelievers
- The eternal God has made Himself completely describable to humans. Those who follow ideologies, where God is not described are the unbelievers

**“One who does not hate anyone, is friendly and compassionate to all living beings, shares his belongings with others, has no sense of ownership, free from ego; even-minded in both happiness and distress, forgiving, tolerant in all situations, always satisfied, worships Me with determination and devotion. Such a person is very dear to Me.” (Lord Krishna, Bhagavad-Gita 12.13-14)**

## **13. Are the sinners doomed?**

No. Lord Krishna is very merciful and forgiving to those who want to stop sinning and change their lives for the better.

**“Even if you are the greatest sinner, when you are on the boat of spiritual knowledge, you will be able to cross over the river of miseries, caused by reactions to sinful activities.” (Lord Krishna, Bhagavad-Gita 4.36)**

This is yet another proof that Lord Krishna is God. He doesn't send people to eternal hell or burn people in fires. He is so nice that even the sinners can be saved simply by stopping all sinful activities and surrendering unto Him. The main sinful activities are lying, animal killing (meat eating), intoxicating (drugs, alcohol, tobacco smoking/chewing), having relationships outside marriage, hatred, violence, anger, and greed. One should give up these sinful activities.

#### **14. What is the difference between man-made and God made knowledge?**

God is eternal and thus His teachings must also be eternal. God is universal and thus His knowledge must also be universal. That knowledge, which is eternal and universal, comes from God, and that which is not eternal (recently created) and not universal (cannot exist beyond this planet) is man-made knowledge.

#### **15. What is universal knowledge?**

That knowledge which is existing beyond this planet and in other universes is called universal knowledge. That knowledge which cannot exist beyond this planet is called non-universal, and thus man-made knowledge.

Only the Vedic scriptures exist beyond this planet and thus the Vedic knowledge is universal. In this universe, the Vedic knowledge was first imparted to Brahma at the beginning of creation. This was 155.522 trillion years ago. The Vedic knowledge is also established in millions of other universes.

**"O great one, you pervade from outer space to Earth in all directions, seeing you in this wonderful and terrifying form of yours, all the planetary systems are disturbed." (Arjuna to Lord Krishna, Bhagavad-Gita 11.20)**

Only the Vedic knowledge is eternal and universal. This is because it comes from God, Lord Krishna.

#### **16. What Vedic scriptures are there?**

Sanatan-Dharma, the eternal religion has far more scriptures than the scriptures of all the other world religions put together.

Here is a list of some Vedic scriptures:

Four Vedas – Rig, Yajur, Sama Atharva (Over 20,176 verses)  
108 Upanishads (over 4000 verses)  
Ramayan (over 25,000 verses)  
Mahabharat (over 100,000 verses)  
18 Puranas (400,000 verses)  
Caitanya-caritamrta (11,555 verses)  
Other Vedic scriptures (Over 250,000 verses)

Total: Over 810,000 verses

The 810,000 verses are what remains, as there were actually millions of verses in the Vedic scriptures and most of the knowledge has been lost due to destruction by invaders and failure to pass on the knowledge (lack of preaching). The Bhagavad-Gita has 700 verses and is contained within the Mahabharat. It's the essence of all Vedic knowledge. The Srimad-Bhagavatam has 18,000 verses and is the other most important scripture, this is one of the 18 Puranas. All the Vedic knowledge is eternal and is repeatedly reestablished by Lord Krishna.

The word veda means 'knowledge' and the aim of the Vedic knowledge is to understand God. Acting in accordance with the Vedic injunctions is called following Vedic principles. The highest Vedic principle is to surrender unto the Supreme Personality of Godhead, Lord Krishna.

**"Give up all other religious beliefs and just surrender unto Me [Krishna]. I will release you from all your sins. Do not worry." (Lord Krishna, Bhagavad-Gita 18.66)**

The Vedic knowledge is vast, superior, and comes from God. This can be realized by knowing the number of verses in the Vedic scriptures (as above) and the non-Vedic scriptures.

There are 6236 verses in the Islamic Koran, which was written less than 1400 years ago and this is a one off scripture, thus only created once and will never be recreated. There are 35,527 verses in the Christian Bible, which was written less than 2000 years ago and this is also a one off scripture, to be never recreated. It's impossible for the Koran and Bible to exist beyond this planet.

Only the Vedic scriptures exist beyond this planet in millions of universes and 120.533 million years ago, Lord Krishna spoke the Bhagavad-Gita to Vivasvan on the sun planet. Vivasvan is placed in charge of maintaining the sun planet. The foolish will find it hard to believe that there are living beings on the sun planet because they think that they cannot live there and thus nobody can. Just because you cannot live in the water, does it mean nobody can? There are millions of living beings living in the water. Just because you cannot live in the earth, does it mean nobody can? There are millions of living beings living in the earth. In a similar way, there are millions of living beings living in heat. Here is another proof of this: we cannot live in a room with a temperature of 36 degrees Celsius for a long time, but within our body the temperature is 36 degrees Celsius, and there are millions of living beings living within our body, like worms and bacteria. Even on this planet, the scientists have found organisms living and multiplying at temperatures of over 300 degrees Celsius (microorganisms from the mysterious red rain of Kerala, India).

The vast Vedic knowledge comes from God, otherwise how could anyone make up over 810,000 unique verses of information, over 5000 years ago? Also the Vedic knowledge is eternal, this is yet another proof that this knowledge comes from God, Lord Krishna.

### **17. Are the Vedic scriptures the origin of all knowledge?**

Yes.

The Vedic knowledge existed before the creation of this universe and is given by Lord Krishna to the first living being at the beginning of creation, which was 155.522 trillion years ago. The Vedic knowledge was last written down 5000 years ago by Lord Krishna in His form as Veda Vyasa, the compiler of the Vedic scriptures.

**"I am seated in the hearts of all living beings, from me comes memory, knowledge, and forgetfulness. I am the compiler, knower of the Vedas, and known by all the Vedas." (Lord Krishna, Bhagavad-Gita 15.15)**

All the true knowledge that can be found in the non-Vedic scriptures originates from the Vedic scriptures. This can be proven by the fact that the Vedic scriptures came first and all the true knowledge found in the non-Vedic scriptures can be found in greater details in the Vedic scriptures, and the Vedic knowledge is vast compared to the non-Vedic knowledge.

### **18. Is Vedic knowledge eternal?**

All the Vedic knowledge existed before creation and is given by Lord Krishna, in His Lord Vishnu form to the first living being, Brahma, at the beginning of each cycle of creation and annihilation in each of the millions of universes. The duration of each cycle is 311.040 trillion years (311 trillion, 40

billion years). We are currently 155.522 trillion (155 trillion, 522 billion years) years into the current cycle.

The Vedic knowledge is eternal, universal, and it comes from God (Lord Krishna).

**"One day of Brahma lasts one thousand cycles of four yugas [4.32 billion years]. The night is also of the same duration. At the start of Brahma's day, all living beings become manifested from the un-manifest state. Then at night, all living beings become un-manifest again. This is repeated again, and again. At the beginning of each day of Brahma, all living beings are manifested, and at night, they are helplessly un-manifested." (Lord Krishna, Bhagavad-Gita 8.17-19)**

## **19. What are the 6 Pillars of Sanatan-Dharma (The Eternal Religion)?**

1. Truthfulness – One must always speak the truth, stand up for the truth, side with the truth, and not hide any information. Withholding information is also lying, even in the human courts.
2. Mercy – Being compassionate to all living beings is the unique teaching of Sanatan-Dharma, this is because the Vedic teachings come from God, Lord Krishna. The person who is the father of all living beings and He wants all His human children to be especially kind to their less fortunate brothers/sisters, the animals. Thus one must not hurt or eat the animals.
3. Austerity – There are many austerities that one can perform. Living a simple life by not making demands on others, not bothering others, not being attached to materialistic items, eating simply (eat whatever is available/given and not making demands), fasting, physical austerities like standing on one leg, chanting, giving up one's time to serve Lord Krishna and humanity.
4. Cleanliness – We must take bath at least once a day, brush our teeth at least twice a day, keep the home, work area, streets, and rivers, clean.
5. Charity – You should donate a portion of your income in the service of Lord Krishna and humanity. This will ensure wealth in the future. Have you ever wondered why some are born in rich families and some in poverty? However, you should not donate expecting something in return.
6. Spiritual Education – The Vedic scriptures provide the original, detailed, and the most complete knowledge in many fields and the only scriptures where God is completely described. Vedic knowledge realization evolves the consciousness and eventually frees one from material life. No Vedic knowledge realization ensures gradual degradation of the soul to lower species (plants/animals).

## **20. What are the four Yugas (Ages)?**

Just as there are four seasons, there are four ages in which we keep circulating, one after the other:

Satya Yuga: The age of truth. Only one religion (Sanatan Dharma) exists in the whole world. The Yuga lasts 1.728 million years and the lifespan of humans is 100,000 years. People are mostly self-satisfied, merciful, and friendly to all living beings. They derive pleasure from within, see all things equally, and always endeavor for spiritual advancement.

Treta Yuga: The introduction of ignorance takes place in this age, but still only one religion exists in the whole world. The Yuga lasts 1.296 million years and the lifespan of humans is 10,000 years. People are devoted to rituals and severe austerities, but the principles of religion are reduced by 25%.

Dvapara Yuga: Decline in the truth and religious values take effect in this age, but still only one religion is followed in the whole World. The Yuga lasts 864,000 years and the lifespan of humans is 1000 years. People devote themselves to the study of the Vedas, are very opulent and enjoy life with large families, but the principles of religion are reduced by 50%. Dissatisfaction, untruth, violence and enmity increase.

Kali Yuga: The age of darkness, ignorance, and degradation. Many man made religions and deviations blossom in the World. The Yuga lasts 432,000 years and the lifespan of humans is 100 years at the beginning and this gradually reduces to 12 years. People tend to be greedy, badly behaved, obsessed with material desires, and fight with one another without any reasons. Only 25% of the principles of religion remain and these gradually decrease by the increasing principles of irreligion (mainly untruth, violence, enmity, dissatisfaction, following unknown/unproven/unseen characters as God).

We are currently 5000 years into Kali Yuga. As each day passes, man is becoming more ignorant and degraded. The result of which is more suffering for mankind.

## **21. What is the life span of Brahma?**

As mentioned in the previous verse (8.17-19), one day of Brahma lasts one thousand cycles of the four yugas.

1000 cycles of the four yugas is:

$$1000 \times (1.728 + 1.296 + 0.864 + 0.432) = 100 \times (4.32 \text{ Million})$$

$$= 4320 \text{ Million} = 4.32 \text{ Billion years}$$

Thus one day (12 hours) of Brahma is 4.32 Billion Earth years, and he lives for 100 of his years, which is 311 trillion, 40 billion years for us.

$$4.32 \text{ Billion} \times 2 \times 30 \times 12 \times 100 = 311 \text{ trillion, 40 billion years.}$$

Just think how fantastic the life of Brahma is compared to us, but even he has to die one day and he has already lived for 155.522 trillion years, this is his current age and half his long life is over. We live a very short life of at most 100 years and should realize that this material life is meant for spiritual realization and not material accumulation and attachments. We are working like donkeys to accumulate properties, and bank balances, but this is all a complete waste of life. If we don't use our time, energy, and wealth in the service of Lord Krishna.

## **22. What scriptures should I follow?**

You can follow the recently created man-made scriptures, which have limited knowledge and do not describe God. Or you can follow the eternal Vedic scriptures, which have vast knowledge and completely describe God. The choice is yours.

Lord Krishna gave the Vedic knowledge to Brahma, the first living being created in the universe, at the beginning of each cycle. In the current cycle, this was 155.522 trillion years ago. Thus the Vedic knowledge is eternal and comes directly from God (Lord Krishna).

**"I am telling you this ancient science of linking with the Supreme [Yoga], because you are My friend and devotee. Therefore you can understand the mystery of this highest science." (Lord Krishna, Bhagavad-Gita 4.3)**

The Vedic knowledge can be understood by those who are open minded and willing to accept the truth.

**"My devotees become righteous, attain lasting peace, and never perish. "Lord Krishna (Bhagavad-Gita 9.31)**

The genuine devotees of Lord Krishna are truthful, charitable, and friendly to all living beings. When the devotees of Lord Krishna decrease in the world, there will be degradation and humans will become killers, haters, and ignorant.

**"There is nothing superior to Me. Everything is resting upon me. Just like pearls are strung on a thread." (Lord Krishna, Bhagavad-Gita 7.7)**

Those who are willing to accept the truth will realize that Lord Krishna is the one true God, because He has appeared and proved Himself to be the Supreme, not just once but millions of times.

**"This is the purest knowledge, the king of education, the king of the most confidential knowledge. It is the highest knowledge, most righteous, and everlasting." (Lord Krishna, Bhagavad-Gita 9.2)**

The Bhagavad-Gita provides the best spiritual education and those who follow it will become righteous in this life and benefit eternally by being transferred to the spiritual creation at the end of this short life. All other so-called knowledge may bring temporary benefits, but is completely useless at the time of death. We cannot take our degrees in Medicine/Engineering/Law with us when we die.

### **23. How we differentiate between God and imposters?**

In this age of Kali, the age of ignorance and irreligion. There will be many imposters who claim to be God or an incarnation of God. By knowing what is God will very easily expose the imposters.

For a person to be called God or Bhagawan, He must satisfy at least all the following conditions:

- God is known eternally and not just recently. God must be eternal and thus He must also be known eternally on this planet and in millions of universes
- God has an eternal body. He must have appeared in the same body many times and not just once. This proves that He is eternal. This is one of the differences between God and His creations. Man has a body that is temporary, but God has a body that is eternal and thus He appears in the same body whenever He appears
- God is the most beautiful Person. God has created humans and other living beings, which are beautiful to some degree and some are more beautiful than others. Why would God create others beautiful and Himself ugly or average looking? God does not have wrinkles, a beard, or white hair
- God has made living beings powerful and some are more powerful than others and thus God must be the most powerful Person
- God has given opulence to humans and some are more opulent than others. Thus, God must be the most opulent Person

- God has given riches to humans and some are richer than others. Thus, God must be the richest Person
- God has made the sun which is all pervading, because the sun is everywhere in the universe. Thus, God must also be all pervading and thus omnipresent (present everywhere). God is greater than His creations
- God has made humans who are renounced to some degree, and some are more renounced than others. Thus, God must be the most renounced Person
- God has made humans who are forgiving, compassionate, merciful, and tolerant, and some are more forgiving, compassionate, merciful, and tolerant compared to others. Thus, God must be the most forgiving, compassionate, merciful, and tolerant Person
- God has given us memory power so we can remember things, thus God must have all memory
- God must be the most famous Person, He must be known for millions of years and not just a few hundred or a few thousand years
- God has all eighteen mystic siddhis (perfections) in full. These are listed in another question

Anyone who claims to be God should have at least all the qualities just described. Otherwise he is not God. So far, only Lord Krishna has proved that He has all the above qualities, not just once, but millions of times, because He has appeared millions of times.

**"I am transcendental, beyond the fallible and infallible, and because I am the greatest, I am celebrated as the Supreme person, on the material, and spiritual planets, and in the Vedas." (Lord Krishna, Bhagavad-Gita 15.18)**

**"All living beings have their source from My material and spiritual energies, and know for certain that I am the origin and dissolution of the entire creation." (Lord Krishna, Bhagavad-Gita 7.6)**

Once you know the qualities of God, you will not accept any cheap person as God.

## **24. Who is Krishna?**

Lord Krishna is God. He has appeared more than 18,000 times in His original form as Krishna and millions of times in His other forms and each time He appears, many demonic living beings challenge Him. Lord Krishna very easily defeats them all. Also, every time He appears, He saves all His followers. This is simple proof that He is the one and only God. Do you know anyone else who has appeared millions of times and each time proved He was God? Do you know anyone else who has appeared more than once in their same body?

**"I am the origin of the whole creation. Everything emanates from me. The wise worship me [Krishna] with devotion." (Lord Krishna, Bhagavad-Gita 10.8)**

There are millions of universes and Lord Krishna is the origin of everything.

**"With a single particle of Myself [Krishna], I maintain the entire creation." (Lord Krishna, Bhagavad-Gita 10.42)**

With a tiny particle of Himself, Lord Krishna creates and maintains millions of universes. This is how great Lord Krishna (God) is.

There are many who claim themselves to be God, or their followers claim them to be God. But how many of them actually prove themselves to be the God. Lord Krishna very clearly proved Himself to be the God, not just once but millions of times. Full details can be found in the Srimad-Bhagavatam.

## 25. He Passed Away?

When a person dies, we say 'he passed away'. The body is right in front of us, but still we say 'he passed away'. This implies there are 2 entities, the 'body' and the 'he'. The 'he' is the soul, the real person.

This is the fundamental teaching of the Bhagavad-Gita, the real 'he' is the soul and not the body.

**"Just as a person gives up old and worn out garments for new garments. In a similar way, the embodied soul accepts new bodies, giving up the old and useless ones." (Lord Krishna, Bhagavad-Gita 2.22)**

## 26. Can you describe God?

I asked many people (non-Hindus) this question and I got the following replies:

God cannot be seen (invisible)  
God is love  
God is great  
God is in the sky  
God has not been seen by anyone  
God was crucified

None of these people have actually answered the question. They obviously have not read the Bhagavad-Gita. Just by looking at the Bhagavad-Gita for one second, you can see the all-beautiful God. By reading a few pages, you will know how merciful, loving, and great, God is. By surrendering unto Lord Krishna, one is guaranteed to return to the spiritual creation (the kingdom of God) at the end of this short life. In the spiritual creation called Vaikuntha, everyone lives eternally in the same body which is completely beautiful, full of bliss/love, full of knowledge, no old age, no disease, and with no misery. In the Srimad-Bhagavatam, a full description and history of God is given.

- His complexion is dark-blue, like that of a rain filled cloud
- His eyes are like lotus petals
- He is ever youthful
- He is full of bliss
- His beauty excels that of thousands of cupids
- He likes to play the flute
- He wears a peacock feather in his crown
- He wears the Kaustubha jewel around his neck
- He wears yellow garments

If you know God's name, address, description, qualities, pastimes, history of when He appeared in the past, when He will appear in the future, how He creates and maintains, how He witnesses all our actions. Then you know God, otherwise you don't know God. You will find all this information, only in the Vedic scriptures like the Bhagavad-Gita and the Srimad-Bhagavatam.

**"His mouth expresses His happiness. His eyes spread like the petals of a lotus, and His garments, yellowish like the saffron of a kadamba flower, are bedecked with valuable jewels. His ornaments are all made of gold, set with jewels, and He wears a glowing head dress and earrings. His lotus feet are placed over the whorls of the lotus like hearts of great mystics. On His chest is the Kaustubha jewel, engraved with a beautiful calf, and there are other jewels on His shoulders. His complete torso is garlanded with fresh flowers. He is well decorated with an ornamental wreath about His waist and rings studded with valuable jewels on His fingers. His leglets, His bangles, His oiled hair, curling with a bluish tint, and His beautiful smiling face are all very pleasing." (Srimad-Bhagavatam 2.2.9-11)**

## **27. Does God appear in His eternal Body many times?**

**"Although I am unborn, imperishable, eternal, and the Lord of all living beings, using My internal energy, I still appear in My original spiritual form [human like form]." (Lord Krishna, Bhagavad-Gita 4.6)**

Lord Krishna has a body that is most beautiful, eternal, full of bliss, and knowledge. He appears in His original spiritual body once in every 8.64 billion years. He last appeared 5000 years ago on this planet in the current cycle of creation and annihilation. The duration of each cycle is 311 trillion, 40 billion years and so far we have passed 155.522 trillion years and thus we still have 155.518 trillion years to go before this cycle ends (end of the universe). Lord Krishna has appeared more than 18,000 times (155.522 trillion divided by 8.64 billion) in his original spiritual body (the same body each time) on this planet in the current cycle so far. Before this cycle there were trillions of cycles (each of 311 trillion, 40 billion years) and He has appeared in each and every cycle, thousands of times in His eternal spiritual body (the same body). Just think how great Lord Krishna (God) is?

Do you know anyone else who has appeared more than 18,000 times in the same body? Do you know anyone who has appeared more than once in the same body? The simple answer is no.

**"Foolish men, disregard me when I appear in a human like body. They do not know that my nature is spiritual, and I am the great Lord of everything. (Lord Krishna, Bhagavad-Gita 9.11)**

Lord Krishna appears in the same body each time He appears, but we cannot. This is one of the differences between God and the living beings. The foolish and less intelligent cannot understand that the supreme person appears in His human like form on this planet to perform transcendental pastimes.

## **28. Does God have all memory?**

Lord Krishna is omniscient, which means that He knows the past, present, and the future.

**"Arjuna, you and I have taken many births. I can remember all of them, but you cannot." (Lord Krishna, Bhagavad-Gita 4.5)**

**"I completely know the past, the present, and the future. I also know all living beings, but no one really knows Me." (Lord Krishna, Bhagavad-Gita 7.26)**

Lord Krishna is stating that He can remember everything but we cannot. This is one of the differences between God and the living beings. God has a memory that is perfect and He can remember not just His own past appearances, but also mine, yours and all living beings. Lord

Krishna knows exactly where and what all the living beings, including you and me were doing trillions of years ago. This is how great Lord Krishna (God) is.

Lord Krishna knows every moment of all His trillions of incarnations, and He also knows every moment of every living beings present and past lives.

### **29. Who is the origin of everything?**

Lord Krishna is the origin of everything.

**"I am the origin of all creations. There is nothing, moving or non-moving, that can exist without Me." (Lord Krishna, Bhagavad-Gita 10.39)**

**"I am the origin of the whole creation. Everything emanates from me. The wise worship Me [Krishna] with devotion." (Lord Krishna, Bhagavad-Gita 10.8)**

Lord Krishna claims to be the origin of everything. No other person on the planet existing now or in the past has claimed to be the origin of everything. This is because only Lord Krishna is the origin of everything.

**"All living beings have their source from My material and spiritual energies, and know for certain that I am the origin and dissolution of the entire creation." (Lord Krishna, Bhagavad-Gita 7.6)**

### **30. Who is the greatest Person?**

Lord Krishna is omnipotent, which means that He is the greatest. If one studies all the documents on the planet and accepts the truth, then one will realize that only Lord Krishna has proved Himself to be the greatest Person.

**"There is nothing superior to Me. Everything is resting upon Me. Just like pearls are strung on a thread." (Lord Krishna, Bhagavad-Gita 7.7)**

**"I am transcendental, beyond the fallible and infallible, and because I am the greatest, I am celebrated as the Supreme person, on the material, and spiritual planets, and in the Vedas." (Lord Krishna, Bhagavad-Gita 15.18)**

### **31. Who is the most powerful Person?**

According to the scientists it would take over 400 billion nuclear weapons to produce the same amount of heat that the sun produces in just 1 second, and the sun has been giving this heat for millions of years, and there are millions of suns, one in each universe.

**"The light of the sun, which illuminates the entire universe, and the light of the moon and fire, all come from Me." (Lord Krishna, Bhagavad-Gita 15.12)**

**"With a single particle of Myself [Krishna], I maintain the entire creation." (Lord Krishna, Bhagavad-Gita 10.42)**

Many people say God is great, but they have no idea how great He is. In the above verses, Lord Krishna is stating that He is the maintainer and controller of the sun, and the moon in millions of universes. Lord Krishna, in His Maha-Vishnu expansion, has millions of universes coming out of His body with every exhalation, and with every inhalation, millions of universes go back into His body.

**“Everything that is opulent, beautiful, and glorious, is created from a spark of My splendor.” (Lord Krishna, Bhagavad-Gita 10.41)**

From a single spark of Lord Krishna, millions of universes are created. Can you imagine how great Lord Krishna (God) is?

### **32. Is God present everywhere?**

Yes, Lord Krishna is omnipresent, which means He is present everywhere.

**“The Supreme person is greater than all, and although He is present on His supreme abode, He is also present everywhere, and He is attainable by unalloyed devotion.” (Lord Krishna, Bhagavad-Gita 8.22)**

The sun is situated in one place but the sunshine is everywhere in the universe. In a similar way, Lord Krishna is always situated in one place on His abode, but He is also present everywhere within this universe and in the millions of other universes. If the material sun, which is a creation of God, is all pervading, meaning the sun is present everywhere, then why can't the person who has created the sun also be all pervading?

**“I am the super soul, situated within the heart of all living beings. I am the origin, the middle, and the end of all living beings.” (Lord Krishna, Bhagavad-Gita 10.20)**

Those who are against deity worship limit the greatness of God. As they cannot understand that God is all pervading. This means God must be present everywhere, including within the deities.

Lord Krishna is present in the heart of all living beings as the super soul. He is present in every atom, and He is also present on His own planet called “Goloka Vrindavan”. We can only say that God is present everywhere, if He is also present in the atom, otherwise we cannot say that God is present everywhere.

**“I exist within everything, and I am therefore the essence of the atomic constituents of material elements. (Lord Krishna, Srimad-Bhagavatam 11.15.12)**

A person who is present everywhere must be greater than a person who is not present everywhere. Thus, God must be present everywhere because He is great. God is great means God has to be smaller than the smallest and bigger than the biggest. Lord Krishna is the smallest as He is present within the smallest particle, atom. Lord Krishna is also the largest. In His form as Maha-Vishnu, He is so big that millions of universes are coming out of the pores on His body with every exhalation, and with every inhalation, the universes go back into His body. Can you imagine how big, how small, and how great Lord Krishna (God) is?

### **33. Is God part of matter?**

No.

Some people say God cannot be omnipresent (not present everywhere) because how can God be in dirt?

Although Lord Krishna (God) is present everywhere, the source of everything, and everything is His energy. He is aloof from all His material creations. He is not affected by His material creations. This is the inconceivable opulence of Lord Krishna. This is how great Lord Krishna (God) is.

**"..Although I am everywhere, I am not part of this cosmic manifestation, for My self is the very source of creation." (Lord Krishna, Bhagavad-Gita 9.5)**

The sky is everywhere, but it does not mix with anything. In a similar way, Lord Krishna is present everywhere but He does not mix with anything.

**"The sky, due to its subtle nature, does not mix with anything, although it is all-pervading." (Lord Krishna, Bhagavad-Gita 13.33)**

The air enters into water, mud, stool and other filth, but still it does not mix with anything. In a similar way, Lord Krishna is present in water, mud, stool, but He does not mix with them. He is aloof from them.

The sunshine is everywhere but it is not attached to anything. In a similar way, Lord Krishna is everywhere but He is not attached to anything.

The wind is blowing everywhere but the aromas it passes through do not affect it. In a similar way, Lord Krishna is everywhere but He is not affected by anything.

### **34. Who is the father of all living beings?**

Lord Krishna is the father of all living beings.

**"All species of living beings in this material creation appear by taking birth, and I am the seed giving father." (Lord Krishna, Bhagavad-Gita 14.4)**

**"I am the father of the universe, the supporter, the mother, and the grandfather. I am the purifier, the sacred syllable 'aum', and the object of knowledge. I am also the Rig, Sama, and Yajur Vedas." (Lord Krishna, Bhagavad-Gita 9.17)**

### **35. Who controls the heat and rain?**

Lord Krishna is the Supreme controller of the heat and rain.

**"I control the heat. I withhold and send forth the rain. I am immortality, and death. I am spirit and matter." (Lord Krishna, Bhagavad-Gita 9.19)**

Here is another proof of Lord Krishna being God, He is death. When your time is up, Lord Krishna in the form of death, takes your soul out of your body (death) and transfers it to another body.

### **36. Is God present in the heart?**

Yes.

**"I am the super soul, situated within the heart of all living beings. I am the origin, the middle, and the end of all living beings." (Lord Krishna, Bhagavad-Gita 10.20)**

God is present in the heart of all living beings including plants, and animals as the super soul, next to the individual soul. Thus, there are 2 souls in every living body.

In fact there are millions of souls within bodies, because there are millions of bacteria within the body, and within each bacteria body, there is the individual soul and the super soul.

### **37. Who is the witness to all our actions?**

Some people believe that there is no karma, as they think that there is no witness to our actions and so how can we suffer or enjoy based on our past actions.

**"I am the witness..." (Lord Krishna, Bhagavad-Gita 9.18)**

God is the witness to all our actions. He is present in the heart and thus the overseer of all our activities. On the Day of Judgment, which is immediately at death, the perfect witness and judge (God) will sentence you without making any mistakes.

**"In the body, there is also the super soul. He is the master, supreme enjoyer, overseer, and the permitter - The supreme Lord." (Lord Krishna, Bhagavad-Gita 13.23)**

Many times we will attempt to do certain things and sometimes it happens and sometimes it doesn't. This is due to God. He is the permitter, and without the sanction of Lord Krishna (God), nothing can happen. We can make plans, but only Lord Krishna can make them come true.

**"I am seated in the hearts of all living beings, from Me comes memory, knowledge, and forgetfulness. I am the compiler, knower of the Vedas, and known by all the Vedas." (Lord Krishna, Bhagavad-Gita 15.15)**

Even our memory, knowledge, and forgetfulness are due to the grace of God.

### **38. How brilliant does God look?**

**"If many thousands of suns were to rise all at once in the sky, the radiance produced by this, might resemble the effulgence of the great Lord." (Arjuna, Bhagavad-Gita 11.12)**

This is one of the great nesses of Lord Krishna that no one else can exhibit.

Lord Krishna showed His universal form which was more effulgent than thousands of suns all rising at the same time, to prove that He is God so that if in the future if anyone claims to be God, then he should be prepared to show his universal form like Krishna's. If he cannot then he is not God but an imposter. In the past 5000 years since Lord Krishna appeared, there has been no competitor, only cheap imposters.

### **39. What God should I follow?**

You can follow an unknown, unproven, and invisible God, or you can follow the known, proven, and visible God, Lord Krishna. The choice is yours.

**"By pure devotional service unto Me [Krishna], one can know Me as the Supreme person in truth, and thereafter one can enter into My kingdom." (Lord Krishna, Bhagavad-Gita 18.55)**

**"You are the Supreme Brahman [the Supreme person], the Supreme abode, the Supreme purifier, the eternal divine person, and the greatest. All the great sages including Narada, Asita, Devala, and Vyasa have proclaimed this truth about you and now you are proclaiming this to me. (Arjuna to Lord Krishna, Bhagavad-Gita 10.12-13)**

### **40. Does everything we have come from God?**

Yes, we have the same qualities that God has, but in a minute quantity.

We have a form, because God has a form.

We are beautiful to some degree, because God is most beautiful.

We are powerful to some degree, because God is most powerful.

We have some knowledge, because God has all knowledge.

We have some intelligence, because God has all intelligence.

We are merciful to some degree, because God is most merciful.

We love to some degree, because God is all loving.

We are peaceful to some degree, because God is most peaceful.

We are caring to some degree, because God is most caring.

We can remember some things from our childhood, because God can remember everything from every individual's past.

**"I am the origin of the whole creation. Everything emanates from me. The wise worship Me [Krishna] with devotion." (Lord Krishna, Bhagavad-Gita 10.8)**

#### **41. Does God have a form?**

Yes, God has a form. You have a form, the plants and animals have forms, so why shouldn't the person from whom all forms originate have a form?

Your father has a form, your grandfather had a form, and your great grandfather had a form. In this way, if you go back to the original person, from whom we all originate, God, He also has a form, and that's why we have a form.

The purpose of religion is to know and love God, but unless there is realization of the transcendental form of the Supreme Personality of Godhead, there is no question of love of God.

**"Foolish men, disregard Me when I appear in a human like body. They do not know that My nature is spiritual, and I am the great Lord of everything. (Lord Krishna, Bhagavad-Gita 9.11)**

Lord Krishna appears in His original form once in every day of Brahma, which is every 8.64 billion years. So far in the current cycle, Lord Krishna has appeared more than 18,000 times on this planet in His original spiritual form. He has also appeared millions of times in many other forms such as Lord Ram, Lord Buddha etc.

#### **42. Is there scientific basis for God having a Form?**

If God can deliver His message, then from a scientific analysis, there must be some intelligent noise, which must be produced by some intelligent vibrations, which must come from the mouth of an intelligent living being. If there is a mouth, then there must be ears, nose, chest, hands, and legs. Thus, God must be a person with a form.

If one thinks that God does not have a form, then it means there are no legs, no hands, no chest, no nose, no ears, no mouth, no vibrations, and no message. This means there is no God (atheistic).

Can you love an invisible person? The simple answer is no.

Can you serve an invisible person? The simple answer is no.

Can you show your love to someone you have not seen, for example someone in the womb? The simple answer is no.

**"Although I am unborn, imperishable, eternal, and the Lord of all living beings, using My internal energy, I still appear in My original spiritual form [human like form]." (Lord Krishna, Bhagavad-Gita 4.6)**

#### **43. Do you worship idols?**

No. We don't worship idols but deities of God. God is a Person with a Form, and He wants to be worshipped in an image Form. This can be proven by the fact that it's God who has been creating those who worship Him in the image Form for millions of years, the Sanatan-Dharma followers (Hindus). And the same God has been creating those who don't worship Him in the image Form, the non-Hindus, for only a few thousand years at most.

Thus, it's God's will that those who worship Him in the image form are eternal (the Hindus) and those who cannot understand God having a Form or those who are against image worship are not eternal (non-Hindus).

If you read all the scriptures on the planet, you will learn that except for the Hindus, no other race or religious group has existed for more than a few thousand years. The Hindus have existed for millions of years and all other races originate from the Hindus. This is the will of God.

The deities will appear as stone or wood to those who are not qualified to know God. But for the sincere devotees of God, the deities are real, and on many occasions, the deities actually come alive. But God is not so cheap, He cannot be known by everyone, especially the Yavanas and Mlechhas (animal killers and those who are opposed to the Vedic principles/culture).

**"I am not manifest to everyone. The foolish persons are covered by My internal potency [Yoga Maya] and they cannot understand that I am unborn, and eternal, with a spiritual form." (Lord Krishna, Bhagavad-Gita 7.25)**

#### **44. Does everyone worship God via an image?**

Yes.

- \* The Muslims bow down to the black stone in the Kaaba when they pray
- \* The Christians face the cross when they pray
- \* The learned Hindus, face a deity of Lord Krishna when they pray

Thus, everyone worships God via an image of some sort based on his or her understanding of God.

**"Those who without deviation, meditate upon me, worship me, fix their mind on me, and become attached to Me, I very quickly deliver them from material existence, which is an ocean of birth, death, and miseries." (Lord Krishna, Bhagavad-Gita 12.6-7)**

Lord Krishna is saying that if we worship Him in the deity form, then we can be freed from material existence and go back to the spiritual creation where people live eternally in the same body which is completely beautiful, completely blissful, with no trace of misery, disease, or old age.

#### **45. What is the relationship between the living entities and God?**

We are the eternal part and parcel of God.

All living beings are part of God. Each soul is a tiny particle of God. However, this does not mean that we are God, just as a drop of ocean water is part of the ocean but it's not the ocean. The drop of water has the same qualities as the water in the ocean, but the quantity of the potency is not the same. In a similar way, all living beings have the same qualities as God, but the quantity of the potency is very tiny. God is great and we are not.

**"All living entities are My eternal fragmental particles. Due to material nature, they are conditioned by the six senses, including the mind, and struggle very hard." (Lord Krishna, Bhagavad-Gita 15.7)**

The six senses are: ears, eyes, nose, tongue, touch, mind

#### **46. Is Krishna a mean God?**

By reading the non-Vedic scriptures, one would think that God is very mean and merciless, because he sends people to eternal hell, burns people, and orders his followers to hate others and so on.

The real God is loving and responsible. He would not make such irresponsible statements. Lord Krishna is the real God. He is loving, merciful and forgiving. He does not bully or hate anyone, nor does He order His followers to hate others. Krishna is nice. He is equal to all living beings because they are His children, and He loves all His children. Krishna advises His followers to be friendly to all living beings.

**"I hate no one. I am equal to all living beings..." (Lord Krishna, Bhagavad-Gita 9.29)**

**"...One who has no enemies among all living beings comes to Me." (Lord Krishna, Bhagavad-Gita 11.55)**

**"One who is compassionate to all living beings ... - These are some of the qualities of those born with divine nature." (Lord Krishna, Bhagavad-Gita 16.1-3)**

**"One who does not hate anyone, is friendly and compassionate to all living beings, shares his belongings with others, has no sense of ownership, free from ego; even-minded in both happiness and distress, forgiving, tolerant in all situations, always satisfied, worships Me with determination and devotion. Such a person is very dear to Me." (Lord Krishna, Bhagavad-Gita 12.13-14)**

#### **47. What is Dr Frog mentality?**

A frog living in a well is called "Dr Frog", because he knows everything about the well. He thinks that the water in the well is everything, because he only knows the well. He doesn't know that outside the well there is a vast ocean, which has trillions of gallons of more water than the well.

In a similar way, by only reading the non-Vedic or recently created scriptures, one will have the mentality of Dr Frog.

This mentality being:

- God is invisible, as he has not seen God or he is following someone who has not seen God
- God only has one prophet, because he thinks God has limitations
- God has created just one planet with living beings (this planet), because he has never been beyond this planet
- Humans have only existed for only 6000 years, because he cannot imagine anything beyond a few thousand years
- The World is coming to an end soon, because he thinks everything is centered around his own limited life and perception
- We never existed before this life (no reincarnation), because he cannot remember his past lives so he assumes there were none
- People suffer or enjoy by chance (no karma), because he cannot understand how things happen, he assumes it's all by chance

**"I am not manifest to everyone. The foolish persons are covered by My internal potency [Yoga Maya] and they cannot understand that I am unborn, and eternal, with a spiritual form." (Lord Krishna, Bhagavad-Gita 7.25)**

**"Foolish men, disregard me when I appear in a human like body. They do not know that My nature is spiritual, and I am the great Lord of everything. (Lord Krishna, Bhagavad-Gita 9.11)**

Not everyone can understand or know God, because He is not so cheap. Only those who are open minded and pious can understand and know that Lord Krishna is the Supreme person, God. For the others, God will be unknown/invisible/unseen.

#### **48. What is the peace formula for the whole world?**

- All living beings including the animals are the children of the one God. This means we are all brothers and sisters
- We are the soul and not the body. All souls are unique individuals, full of love, bliss, knowledge, and eternal
- God is present in every living being. This means every living being is divine and thus we should not hurt others

Anyone who seriously accepts these teachings, which are unique to the Bhagavad-Gita, would:

- Not hate, kill, or eat any of his brothers and sisters
- Love all living beings
- Become charitable and share his wealth and time with his unfortunate brothers and sisters

**"Those who are wise, have real knowledge, understanding, and gentleness. They see with equal vision, a Brahmana, a cow, an elephant, a dog, and a dog eater." (Lord Krishna, Bhagavad-Gita 5.18)**

The spiritually self-realized persons will see all living beings and especially all humans with equal vision. Thus all living beings are my brothers and sisters and I should serve them all.

**“One who knows Me [Krishna] as the beneficiary of all sacrifices, penances, austerities, and the supreme Lord of all the planets, demigods, and the well-wisher of all living beings, can attain peace from the miseries of material life.” (Lord Krishna, Bhagavad-Gita 5.29)**

#### **49. What causes humans to hate each other?**

Due to bodily designations and manmade ideologies, we hate and fight each other:

- The white man thinks that he is superior to the non-whites
- The black man thinks that he is superior to the non-blacks
- The people of one nation think themselves superior to the people of other nations
- The people of one religion think themselves superior to the people of other religions
- The healthy consider themselves superior to those who are diseased
- The males think themselves superior to the females
- The rich consider themselves superior to those who are poor
- The old consider themselves to be superior to the young and so on....

**“One who does not hate anyone, is friendly and compassionate to all living beings, shares his belongings with others, has no sense of ownership, free from ego; even-minded in both happiness and distress, forgiving, tolerant in all situations, always satisfied, worships Me with determination and devotion. Such a person is very dear to Me.” (Lord Krishna, Bhagavad-Gita 12.13-14)**

Lord Krishna states that those who give up bodily designations and are friendly to all living beings are very dear to him.

#### **50. What is Owl mentality?**

If you tell an Owl to look up and see the sun, they will say no, there is no sun. Out of the 7 billion people in the World today, at least 6 billion people believe God is unknown/invisible/unseen and thus they cannot describe Him.

Lord Krishna very clearly states that He is God and He also proved it many times, but still the Owls will not look at the evidence.

**“All living beings have their source from My material and spiritual energies, and know for certain that I am the origin and dissolution of the entire creation.” (Lord Krishna, Bhagavad-Gita 7.6)**

**“I am the origin of all creations. There is nothing, moving or non-moving, that can exist without Me.” (Lord Krishna, Bhagavad-Gita 10.39)**

Lord Krishna is the only person who states that He is the origin and dissolution of everything and nothing can exist without Him. This is because, He is God.

#### **51. What is Camel mentality?**

The camels think that eating thorns is pure enjoyment, as they love the juice that comes out in their mouth, when they chew the thorns. The juice is actually their own blood which is caused by the thorns cutting into their mouth, but the camels' think it's coming from the thorns. In a similar way, the humans are wasting this precious human birth by engaging in all kinds of non-sense materialistic

and sinful activities, thinking it to be enjoyment. They forget that there is time, which is quickly taking away their life and the animalistic activities of eating, sleeping, mating, defending, and ignorance of God will manifest into an animal body in their next birth. Material life is full of miseries life after life. The Camels have no knowledge of the spiritual creation of Lord Krishna called Vaikuntha. On the millions of Vaikuntha planets, people live in the same body that is completely beautiful, full of bliss/love, full of knowledge, eternal, with no trace of misery.

## 52. What is Yoga?

Yoga means to link with the supreme person. There are many types of yoga systems, but the top most yoga system is Bhakti Yoga, devotional service unto Lord Krishna (God).

The other types of yoga systems like Hatha Yoga involve bodily postures and breathing exercises. Hatha Yoga is for the body and Bhakti Yoga is for the soul. We need to maintain our body and soul and thus both are beneficial for us. But, Bhakti Yoga is very important as our current body is only for this short life but the soul is eternal.

**“Yoga is linking oneself with the Supreme. One can never become a yogi unless the desires for sense gratification are given up.” (Lord Krishna, Bhagavad-Gita 6.2)**

One must give up materialistic desires like going to see cement/stones/wood (places), give up accumulating material possessions like money, cars, properties, phones etc., give up lust for eating flesh (meat) and seeing flesh (attachment for men/women), and give up personal ego. Such persons are called yogis.

**“Of all types of yogis, one who always thinks of Me, worships Me, and renders loving service unto Me with full faith is the greatest yogi. (Lord Krishna, Bhagavad-Gita 6.47)**

Those who have given up material desires and always serve Lord Krishna with their time, money, and effort are called Bhakta Yogis, the best yogis.

## 53. Why good association is very important?

You should only associate with those who are spiritually minded and not materialistic and spiritually ignorant people. At the present time, the majority of the people in the world are materialistic and spiritually ignorant.

**‘By association with worldly people, one becomes devoid of truthfulness, cleanliness, mercy, gravity, spiritual intelligence, shyness, austerity, fame, forgiveness, control of the mind, control of the senses, fortune and all opportunities. One should not at any time associate with a coarse fool who is bereft of the knowledge of self-realization and who is no more than a toy animal in the hands of a woman.’ (Caitanya-caritamrta Madhya-Lila 22.88-90).**

- If you associate with thieves, then the chances are very high that you will become a thief
- If you associate with gamblers, then the chances are very high that you will become a gambler
- If you associate with those who are engaged in violence against other living beings (human or animal), then the chances are very high that you will become violent
- If you associate with the wicked, then the chances are very high that you will become wicked
- If you associate with those who take drugs/alcohol, then the chances are very high that you will become a druggist/drunkard

- If you associate with those who are flesh eaters, then the chances are very high that you will become a flesh eater
- If you associate with those who are spiritually ignorant, then you will become spiritually ignorant
- If you associate with those who cannot describe God (godless), then you will become godless

All the above statements can be proven by the fact that people are not born drunkards/druggist/thieves/violent, people pick up bad habits by associating with people who have bad habits. If there is one bad fruit in a basket full of fruits, then the other fruits will very quickly become bad.

#### **54. What makes people engage in sinful activities?**

Due to bad association, personal ego, man-made ideologies, lack of proper knowledge, and misunderstanding, people become brainwashed into engaging in sinful acts like hatred, animal killing, drugs, alcohol, violence, gambling, adultery, lying, stealing, and so on. You should not associate with those who are engaged in sinful activities. The Vedic culture is the richest for all cultures and only in the Vedic scriptures is God completely described. Thus associate with those who have an interest in the Vedic culture/religion.

#### **55. Are we all born in ignorance?**

Yes.

**“All living beings are in utter ignorance from birth. They are deluded, due to hate and desires. Those persons whose sinful activities have come to an end, and are now pious, free from hate and desires, are able to engage in devotional service unto Me with determination.” (Lord Krishna, Bhagavad-Gita 7.27-28)**

As stated in this verse, we are all born in ignorance and we develop hate and desires as we grow up. If we develop good qualities and do not engage in sinful activities like animal killing, gambling, lust, alcohol, drugs, and hatred. Then our mind will not be misled, and we will have good chances of knowing God and engage in His service.

**“Being freed from attachments, fear, anger, and fully situated in thought of Me, many have become purified by penance and knowledge of Me. They all attained pure love for Me. (Lord Krishna, Bhagavad-Gita 4.10)**

The purpose of religion is to achieve love of God. In this verse, Lord Krishna states that those who surrender unto Him with sincerity and engage in His service, become purified. They are freed from material attachments, fear, anger, and attain pure love of God.

#### **56. Why does God create evil people?**

God does not create evil people. People become evil.

Children are pure and innocent, but as they grow up, due to their association with adults, television, Internet, and man-made ideologies, they become polluted and corrupt. The result of this is hatred, violence, drug addicts, alcoholics, and gamblers, basically criminals in human society. It is the parent's responsibility to teach their children what is right and what is wrong from birth and guide them so they don't become polluted by others and the media like television and the internet. The Bhagavad-Gita teachings, gives the best chances of becoming peaceful, non-violent, understand why good and bad things happen (karma), and know God in full. Basically to become decent human beings. The Bhagavad-Gita is the only scripture that preaches that all living beings are eternal and

part of God. We are held responsible for our own actions (karma), we are all the children of God and thus we are all brothers and sisters. God is forgiving, merciful, responsible, and gives us unlimited chances (reincarnation).

To engage in hatred or violence towards any living being is hatred and violence towards God, because all living beings are part of God.

### **57. What are the sinful activities?**

- Animal killing
- Taking Drugs, alcohol, and tobacco
- Gambling
- Sex outside marriage
- Having hatred for others
- Violence against any living being
- Untruthfulness
- Anger
- Greed

**"Absence of fear, purity of heart, charitable, striving for spiritual knowledge by studying the Vedic scriptures, lives a simple life, always straight forward in his dealings, always truthful, not violent, free from anger, not greedy, always gentle, forgiving, very clean, not envious of others, compassionate to all living beings, doesn't talk non-sense, has no pride, doesn't mislead others – These are some of the qualities of those with divine nature." (Lord Krishna, Bhagavad-Gita 16.1-3)**

It is the parents' responsibility to teach and guide their children, so they do not engage in sinful activities. The result of sinful activities is immense suffering and degradation of the soul to lower species.

### **58. What is most sinful?**

**"There is nothing more sinful than untruthfulness. Because of this, mother earth once said, 'I can bear any heavy thing except a person who is a liar.' " (Srimad-Bhagavatam 8.20.4)**

Lying or deception is the main root of evil. Now days there are people who speak lies to spread their evil ideologies/beliefs. Lying is very common in business and personal relationships. You should always be on alert for liars.

"On the surface of the earth there are many great mountains and oceans that are very heavy, and mother Earth has no difficulty carrying them. But she feels very much overburdened when she carries even one person who is a liar. It is said that in Kali-yuga lying is a common affair: mayaiva vyavaharika (SB 12.2.3). Even in the most common dealings, people are accustomed to speaking so many lies. No one is free from the sinful reactions of speaking lies." (Srimad-Bhagavatam 8.20.4 purport)

It is very difficult to tell a liar, because people are so expert at speaking lies. You should be very careful in all dealings:

- Must get references
- Must look at past histories/records/work
- Must get written statements on any agreement before the work/activity starts
- Must write everything down and get it signed and dated by all parties

- Must keep all documents

The above will give one the best chance of spotting liars and not get cheated. By following these rules, one will save a lot of money and hassle in life.

## **59. What is the reward for following Sanatan-Dharma?**

The reward for following the eternal religion (Sanatan-Dharma) is that one will be able to completely describe God, know Him, and attain love of God.

In every Kali Yuga (the age of irreligion), man-made ideologies with the aim of materialistic desires (wanting money/things), sense-gratification (wanting wine and women), and where God is not described are spread by deception. The result of following ideologies which offer sense-gratification is that one stays in the material creation for millions of lifetimes, to satisfy the materialistic desires. Material life means suffering one way or another. One may be rich in one life and a beggar in another, healthy in one life and severely diseased in another. Life after life, people suffer in one form or another. This is confirmed by the person who has created the material creation (Lord Krishna) and this can also be confirmed by any person in the material creation. Material life is full of miseries.

**"Everyone on the lowest planet to the highest planet of Brahmaloka, in the material creation is subjected to the miseries of repeated birth and death. But those who attain Me [Krishna], never take birth again." (Lord Krishna, Bhagavad-Gita 8.16)**

Those who attain love of God, are liberated from material life at the end of this short life and enjoy an eternal life full of bliss/love, full of knowledge, with no trace of misery, and see God face to face every day.

**"Just become My devotee, always think of Me, bow down to Me, and worship Me. Then you will come to Me, without fail. I promise you this, as you are very dear to Me." (Lord Krishna, Bhagavad-Gita 18.65)**

**"My supreme abode is not illuminated by the sun, moon, fire, or electricity. Those who go there, never come back to this material creation." (Lord Krishna, Bhagavad-Gita 15.6)**

## **60. Why no intoxications?**

- \* Health – Alcohol, tobacco, and drugs are bad for the health.
- \* Suffering – Women and children suffer as the man of the house who drinks loses consciousness when drunk and engages in violence towards the wife and children, besides exposing them to exploitation by others.
- \* Financial ruin – Drugs and alcohol are not cheap and often, poor families suffer complete financial ruin due to the man of the house being addicted to alcohol or drugs.
- \* Addictive - Addiction results in extreme dependence on and attachment to the intoxicant. People become addicted to alcohol and drugs and in many cases this results in violence as the addicts will kill or steal to get hold of drugs/alcohol.

## **61. Why we should not gamble?**

Gambling destroys the financial wellbeing of families and causes suffering, mostly to women and children. Gamblers should realize that they will eventually be the losers. Gambling creates a cheating

mentality, which results in one becoming a cheater and/or cheated. Life is very hard as it is. Why make the women and children suffer more? You should never gamble and give up gambling from this day on.

## 62. Why we should not eat meat?

- \* **Health** – Scientific research has concluded that meat eaters are much more likely to suffer from cancer, heart disease, and other diseases compared to vegetarians.
- \* **Morality** – The cow gives her milk to people as much as she can, people drink her milk and then kill and eat her. This is evil. The humans are not food for the animals, the animals are also not food for the humans. It is wrong to kill.
- \* **Economics** - It would take at least 146kg of vegetation, over 500 liters of water, and many years to produce just 1kg of beef. If cattle was not produced for slaughter, then there would be at least 146kg of vegetables and more than 500 liters of water for human beings to consume. The 1 kg of beef would feed at most 2 people, and the 146kg of vegetables would feed at least 292 people. If animals were not produced for human consumption, then there would be an abundance of vegetables for human consumption and the price of vegetables would be extremely low and there would be no poverty in the world. Also the humans would become healthier by eating more vegetables, as confirmed by scientific research.
- \* **Environmental** – The breeding and killing of animals for food is leading to the destruction of forests and global warming.
- \* **Violence** – The root cause of terrorism is evil ideology and the mentality of violence. The mentality of violence is created when humans kill for a living. The simple fact is that a person who cuts the throats of animals (directly or indirectly) is much more likely to cut the throats of humans too.

There is plenty of protein in a vegetarian diet and scientific studies have shown that vegetarians are slimmer than their meat-eating counterparts, their fiber and calcium intake was much higher. Vegetarians also consumed more magnesium, potassium, iron, thiamin, riboflavin, folate, and vitamins A, C, and E, and less total fat, saturated fat, and cholesterol.

**The Bhagavad-Gita very clearly states we should be friendly to all living beings and compassionate. This can be practiced with animals by not killing them.**

Why kill the innocent animals when you really don't need to? You should stop killing from this day on.

## 63. Why no Illicit sex?

Sex outside marriage is called illicit sex.

The governments around the world are very foolish by thinking that by promoting condoms they will stop AIDS. The only way to stop AIDS is for humans to stop behaving like the dogs on the street.

In this age, relationships and marriages are mostly based on sex impulses alone. This can be proven by the fact that most marriages end in a divorce. It is the children who suffer the most, all due to the lusty parents. Marriages often end due to one or both the partners wanting to move onto another mate. Just like the dogs on the street. Sexual lust only leads to misery in the long term, and binds one to miserable material life for many lifetimes.

The human body is nothing but a bag full of stool and all kinds of nasty fluids. Why lust for another bag?

One should lust for a spiritual body, which is completely beautiful, and eternal. This can be achieved by giving up all attachments to the material body and surrendering unto Lord Krishna.

**“That eternal goal is reached by the wise who are free from pride, delusion, and bad association, who have conquered the evil of attachment, who constantly dwell in the Supreme Being with all lust completely stilled, and who are free from dualities of pleasure and pain.” (Lord Krishna, Bhagavad-Gita 15.5)**

Those who give up pride, the association of people who are engaged in sinful activities and the spiritually ignorant, who are done with lust, who remain steady in all situations, and who are surrendered unto Lord Krishna and engage in His service. Will attain the abode of Lord Krishna, the spiritual abode, at the end of this short life. In the kingdom of Lord Krishna, there is no old age, no disease, no death, no misery of any kind, and everyone lives in the same eternal body that is completely beautiful.

#### **64. Should people come first?**

Yes. People should come first over places, work, business, personal duties, and material objects.

People can give us their blessings, well wishes, give us good guidance in life matters, and people can care for us when we are in need. Site seeing and material objects should be secondary to people. The buildings, cities, and objects cannot care for us when we are in need, nor can they give us good guidance in life matters, but people can. All living beings, especially human beings have a certain positive energy, which benefits others when they are in close contact.

**“One who is compassionate to all living beings ... - These are some of the qualities of those born with divine nature.” (Lord Krishna, Bhagavad-Gita 16.1-3)**

**“One who does not hate anyone, is friendly and compassionate to all living beings...Such a person is very dear to Me.” (Lord Krishna, Bhagavad-Gita 12.13-14)**

One can prove he is friendly and compassionate by meeting and serving people and not by sweet words over the phone or by email. Sweet words are worthless, actions are priceless.

#### **65. How many wives did Krishna have?**

16,108.

Many people say “Krishna was immoral as he had 16,108 wives”. This is a foolish and dumb statement. If one accepts that Krishna had 16,108 wives then he accepts that Krishna is the one and only God. The fact that He had 16,108 wives is simple proof that He is God.

If one were to get married to one wife a day, it would take 16,108 days to marry the 16,108 girls. This is 44 years. Who can take 44 years off from their work/business to get married? The fact that Krishna could marry the 16,108 girls is simple proof that He is God.

These foolish people only mention part of the story and not the full story. The full story is that Lord Krishna had 16,108 wives, but there were 16,108 Krishnas and not just one. There was one wife for each of the 16,108 Krishnas. Is there anything wrong with one male body having one wife?

As Lord Krishna was God, He can do things that we cannot even imagine and especially the foolish persons who deride Lord Krishna. Lord Krishna expanded His one body into 16,108 identical bodies and then each Krishna married each one of the 16,108 girls. He married 16,100 girls all at the same time and date, but each in different locations, and the other 8 on different dates. This is another proof that He is God. Do you know anyone who can be present in multiple locations at the same time? The 16,108 couples (one Krishna and one wife make one couple) lived in their own palace, thus there were 16,108 palaces. This is another proof that Lord Krishna is God, because He is the richest person. Do you know anyone who can maintain 16,108 homes? If you find that person, He is God.

## **66. Why did Krishna have so many wives?**

Lord Krishna was God, but He was playing the role of a Prince and in ancient times all over the world, it was normal for the Kings and Princes to have many wives, this is even true today in some parts of the world.

As a Prince, He had 8 wives and on one occasion there were 16,100 girls who got kidnapped by some demonic person. Lord Krishna got these girls released and then asked the girls to go back to their homes, but the girls were too afraid to go back home. According to Vedic culture, a girl must stay with the father until married and then stay with the husband after marriage. If an unmarried girl spends one single night away from her father's home without him, then the father has the right to assume she has become a prostitute and reject her. If a married woman spends one single night away from her husband's home without him, then the husband has the right to assume she has become a prostitute and reject her. This is Vedic culture, which is very strict to protect women from becoming degraded.

The 16,100 girls didn't want to go back home, because their fathers would reject them for the reasons just explained. Krishna also knew that they could not go back home, as He is the creator of the Vedic culture. Krishna asked the girls what they wanted to do. The 16,100 girls asked Lord Krishna to marry them and how can Lord Krishna refuse, as He is God, the one who takes care of His followers. If Lord Krishna had said no, then the lives of these girls would have been completely ruined. This is how Lord Krishna had 16,108 wives.

These days, the fathers are very proudly sending their unmarried daughters far away from home to work or study, and most of them become degraded by having sex outside marriage (boyfriends). These girls would be the rejects of society in the ancient world but now days, the fathers are very proud of these degraded daughters.

At the end of life, all of our degrees and wealth are completely useless, because we cannot take them with us. A sinless life means the soul is not degraded and after this life, the soul moves up to a higher species with higher consciousness and not down into the animal and plant kingdoms. There are 400,000 species of human beings with varying consciousness, and 8 million species of animals and plants.

Take your pick. Is it by chance that some souls are born in the desert of Sudan where it's hot, violent, severe poverty, some are born as animals in the Middle East where the animals have their throat slit in the name of religion, some are born as pigs who eat anything, and some are born to middle class family of Bhagavad-Gita followers who at least try to live a sinless life and fully know God. To know God means to know His name, address, description, history dating back to millions of years, how He maintains and creates millions of universes, how He witnesses all our actions, His scheduled appearances and when exactly He will appear next, and so on.

**"By pure devotional service unto Me [Krishna], one can know Me as the Supreme person in truth, and thereafter one can enter into My kingdom." (Lord Krishna, Bhagavad-Gita 18.55)**

The result of living a sinless life and knowing God is that this will be the last miserable material life. At death, the soul will be immediately transferred to the spiritual creation where everyone lives in the same body that is completely beautiful, eternal, and with no trace of misery.

Which would a father prefer for their daughters? A daughter who has become a first class doctor after she is sent away from home to study, but she becomes degraded by partying leading to having sexual relationships without marriage, alcohol, loss of interest in spirituality, and meat eating. Then at death due to her degradation, she moves down to lower species. Or a daughter who becomes a clerk after studying at a local to home institution and she becomes inclined to spirituality. At death she (the soul) is immediately transferred to the spiritual creation where she lives eternally in the same body with no misery.

### **67. How do I understand that God can expand Himself into millions of forms?**

If you throw a seed in the ground, within a few years there will be a tree with thousands of seeds and each seed can grow into a tree, each with thousands of seeds, and so on. In this way, one single seed can expand itself into millions of trees and trillions of seeds. If one single seed can do this, what can the person who has created the seed do?

Lord Krishna in the form of Maha-Vishnu, has millions of universes coming out of the pores on His gigantic body. Just as the seed is forever expanding into trees and seeds, Lord Krishna is also forever expanding.

### **68. What is the science of the soul?**

We are the soul and not the body.

- The soul is eternal
- The soul is neither black nor white
- The soul is not Indian nor American nor Iranian
- The soul is not Hindu, nor Christian, nor Muslim
- The soul is neither diseased nor healthy
- One soul is neither richer nor poorer than another
- The soul is neither old nor young
- One soul is neither inferior nor superior to another
- The soul has no weight and cannot be seen with the naked eye
- The soul is situated in the heart of all living beings
- The size of the soul is 1/10,000<sup>th</sup> of the tip of the hair

All living beings are souls, part and parcel of God. We are all eternally brothers and sisters. Every soul is a unique individual, full of bliss, full of knowledge, and eternal.

**"The soul is unborn, eternal, never takes birth, and never dies. The soul is not destroyed when the body is destroyed." (Lord Krishna, Bhagavad-Gita 2.20)**

**"The soul can't be cut by any weapon, fire cannot burn it, water cannot wet it, and the wind cannot dry it. The soul is unchangeable, eternal, and present everywhere." (Lord Krishna, Bhagavad-Gita 2.23-24)**

**“The fact is that one who has taken birth, will certainly die. It is also a fact that, one who dies will take birth again. Therefore, you should not lament for that which is unavoidable.” (Lord Krishna, Bhagavad-Gita 2.27)**

#### **69. Are we the spiritual soul, or matter, the body?**

We are spiritual, the soul, which is eternal, and not the lump of matter, the body. The soul is present in the heart of every living being, including the plants and animals.

**“Just as the sun illuminates the whole universe with light, the soul illuminates the whole body with consciousness.” (Lord Krishna, Bhagavad-Gita 13.34)**

Consciousness is a symptom of the soul. The soul illuminates the entire body with consciousness. When the soul leaves the body, instantly the consciousness is gone. This is one of the main differences between the teachings of the eternal Bhagavad-Gita and the recently created non-Vedic scriptures.

**“One who identifies his self as the inert body composed of mucus, bile and air, who assumes his wife and family are permanently his own... - such a person is no better than a cow or an ass.” (Srimad-Bhagavatam 10.84.13)**

The body is nothing but a bag containing three primary elements—mucus, bile, and air—and one who accepts this combination of mucus, bile, and air as himself is an ass. Even great philosophers and scientists take themselves to be this combination of mucus, bile, and air. This is their mistake. Actually, the philosophers and scientists are spirit souls, and according to their karma they are exhibiting their talent.

The non-Vedic scriptures teach that we are matter (the body), thus we are stool, dirt, all kinds of horrible fluids, chemicals, bones and so on, we are not eternal (no reincarnation), and everything happens by chance (no karma).

Based on the Vedic scriptures and the truth, the body is temporary, but we (the soul) are eternal. The body will be destroyed but nobody can destroy the soul.

#### **70. Are we eternal?**

Yes. We (the soul) are eternal. We live forever, but in different bodies.

**“There was never a time when you, all these kings, and I did not exist. Nor shall any of us cease to exist in the future. The embodied soul in this body goes through boyhood, youth, and old age. At death, the soul transfers to another body. This never bewilders a wise person.” (Lord Krishna, Bhagavad-Gita 2.12-13)**

Just as you exist now, you existed in the past, and you will continue to exist in the future.

There is a law of physics, which states that energy cannot be destroyed, but it changes forms. We (the soul) are the energy and the body is the form. When our current body is finished, we will change our form. Thus, we get a new body. This is another proof of reincarnation.

## 71. What is karma?

For every action you take, you will have to face a reaction. You are held responsible for all your actions. You have to pay your own bills. As you sow, so shall you reap. Life is an intelligent design, nothing happens by chance. This is the law of nature called karma.

Whatever activity we do, good or bad, brings us good or bad reactions. For every action you take, you will face a reaction in the future, which could be a few seconds away or 20 years away or your next incarnation. If you take good actions, you will face good reactions. This may come in the form of good health, wealth or birth on higher planets etc. If you take bad actions, you will face bad reactions in the future. The bad reactions come in the form of disease, poverty, or birth in a hellish place/country/planet.

**“Actions taken in the mode of goodness are purifying and result in piousness. Actions taken in the mode of passion result in misery, and actions taken in the mode of ignorance, result in degradation.” (Lord Krishna, Bhagavad-Gita 14.16)**

If you treat people nicely then they will treat you nicely. If you treat people badly, you will also be treated badly eventually. If you cut the throat of others, including animals, your throat will also be cut one day. If you eat others then others will also eat you. Life for life, tit for tat, this is the law of nature, Karma. One person is born on the street and another person is born in the home of a billionaire, this is not by chance. This is due to the actions taken by the persons in their past lives (karma).

God does not make one happy for no reason nor does God make one suffer for no reason. Karma is infallible justice.

## 72. Why do we suffer?

When we suffer, we are facing the reactions to the bad actions we took in our past. In a prison, there will be many innocent looking prisoners and one will find it hard to understand why these people are in jail, but once we look at their past records, we can understand why they deserve to be in jail.

Our actions include everything we do, including our physical deeds, our words and thoughts. There will be a reaction to all our actions.

Taking good actions builds our good karma (joy and happiness in the future).

Taking bad actions builds our bad karma (disease and suffering in the future).

Actions, which result in bad Karma: Eating meat, violence, hatred, ignorance, harshness, untruthfulness, lust, anger, greed, attachments, desires, gambling, ego, and alcohol.

Actions, which build good Karma: Vegetarianism, non-violence, generosity, charity, self-control, truthfulness, simplicity, forgiveness, religiousness, cleanliness, free from attachment, desires, and ego.

The reason why some people suffer more than others is that they sinned more than others in their past and thus they are now facing the bad reactions to the bad actions taken in their past.

### **73. Why do good people suffer?**

The reason why some good people suffer is because although they are now good, they are facing the reactions to the bad actions they took in their past. But because they are now taking good actions, they will face good reactions (be happy) in the future.

### **74. Why bad people don't suffer?**

The reason why some really rotten people enjoy a good life despite being rotten, is that they are now facing the reactions to the good actions they took in their past. However, because they are taking bad actions now (being rotten), they will face bad reactions in the future (suffer).

God does not make one happy for no reason nor does God make one suffer for no reason. Karma is a very just law.

### **75. Who put me in my current situation?**

You did.

We should realize that our current situation is due to our own doing (past actions) and thus accept it without comparing ourselves with others. If one can control the constant flow of desires and be satisfied with whatever one has, then peace of mind will follow.

Today one may live in a big house, but at any moment, the soul can be kicked out of the present body and transferred to the womb of another body that lives in a hut. You should not become big headed due to your wealth, and position in society, because it can change in an instant. This can be proven by the fact that every second wealthy and famous people are dying and those with knowledge can see that people who are spiritually degraded are taking birth in miserable situations as humans and some in the animal kingdom.

**"If one can tolerate the urges of desires and anger, he can become happy in this life."  
(Lord Krishna, Bhagavad-Gita 5.23)**

### **76. How do we minimize the reactions to our actions?**

**"Just as a lotus leaf is in the water but it's not touched by the water, perform your work without being attached to the results, and offer the results to Me [Krishna]. In this way, you will not incur sins or face bad reactions." (Lord Krishna, Bhagavad-Gita 5.10)**

If you use some of the money you earn in serving humanity and Lord Krishna, this is proof that you are not attached to the results of your work, and you are offering the results (some money) to Lord Krishna. In this way, you will not face any karmic reactions caused by your work.

**"Do your duty without considering happiness or distress, profit or loss, victory or defeat. In this way, you will never face bad reactions." (Lord Krishna, Bhagavad-Gita 2.38)**

In a sports match, if you are attached to seeing your team win, and when they lose, you will be upset for many days. This is the reaction to being attached to a win result. But if you were not attached to any result, then you will not be affected by the result. You will be able to accept a loss or win without getting upset.

Many parents desire for their children to become doctors and in many cases, they do become doctors. But the parents then face the bad reactions for having being attached to the results of their children's education. They have problems in the form of not getting along with their doctor

son/daughter and/or their spouse, health or some other problems. The parents should send their children to school, but not desire for any results. In this way, there will be no bad reactions. There are many parents living in India who craze for their daughters to marry boys from America/Europe. Their greed is satisfied but the daughters face so many problems and most of them completely lose interest in the Vedic culture/religion and their children are completely atheistic.

The result of spiritual ignorance/degradation is that the soul falls down into the animal species. The animals have absolutely no interest in religion. The parents should guide their children in the right direction, spiritual advancement and not material advancement, because at death, everything material is completely useless. The parents are also held responsible for the degradation of their children.

## **77. What is Time?**

Time is one of the energies of Lord Krishna.

**“The Supreme Person [Krishna] said: I am time, the destroyer of the material creations, with the exception of you [the Pandavas]. I have come here to destroy all the warriors on both sides.” (Lord Krishna, Bhagavad-Gita 11.32)**

As each second passes, we get older, more diseased, closer to death, closer to our next body. No one can deny the existence of time (Krishna) and no one can stop time (Krishna). The sooner you accept Krishna, the sooner you will stop wasting your short and precious human birth.

## **78. Does God give us free will?**

Yes.

The real God (Lord Krishna) is not a dictator or bully. He doesn't force anyone to follow Him, nor does He curse those who don't follow Him. This is because Lord Krishna is responsible, mature, and doesn't act in a childish manner. After speaking the Bhagavad-Gita to Arjuna, Lord Krishna allows Arjuna to practice his free will. Arjuna is free to do as he wishes.

**“I have explained to you the most confidential knowledge. Now, think about it and then do as you wish.” (Lord Krishna, Bhagavad-Gita 18.63)**

## **79. Is disease and old age the killer?**

The cause, place, and time of death for each person are fixed at inception of soul into the womb of a mother. This is all based on the actions taken by us in our previous lives (karma).

We may think that people die of diseases like cancer or old age, but this is just our own perception. It's our allocated time that kills and not any disease or old age. There are many diseased people but they don't all die shortly after being diagnosed with a disease, even after many years. Some die early and some die late, thus the disease is not the real cause of death.

Some people die young and some die in old age, and thus age is not the killer. It's our own allocated time that is the real killer. At birth, the duration of life for each person is fixed in terms of the number of breaths. This is based on what the person deserves, which is based on the actions taken by the soul in his previous births (karma). Once the allocated breaths are reached, the soul gets kicked out of the body, regardless of the condition of the body or age. This can be proven by the fact that many young and healthy people die all of a sudden, because their time is up. They have depleted their allocated number of breaths.

The athletes do a lot of exercise, but still some die at an early age, and thus exercise is not the cause of death. The rich can eat the best food in the market, but still many rich people die at an early age, and thus good or bad diet is not the real cause of death. In Kali Yuga, the human body is made to last 100 years, but most will reach their allocated time well before then.

### **80. Why didn't God save those who died on 9/11?**

In the 2 towers which were brought down by the Islamic terrorist attack on 11SEP2001 in New York, normally around 50,000 people occupy those 2 buildings and around 3000 died. Many people say why didn't God save them?

Who saved the 47,000? It was Lord Krishna (God) who saved the 47,000. Lord Krishna is omnipresent (present everywhere) and He is the witness to all our actions in this life and our previous lives.

Lord Krishna does not create the terrorists nor criminals, human societies create them and He simply allows us free will to do as we wish. The result of free will is that some humans will become terrorists, because they become followers of evil man made ideology or become corrupted. But Lord Krishna has a system in place to control our use of free will. This is the law of nature, karma. For every action we take we will face an appropriate reaction. This is like the traffic laws in every country. If one speeds then one will get a fine, which puts a control on speeding, as most people stop speeding because of the fines imposed. Without the fines, nobody would follow the speeding laws and there would be disaster.

A doctor will prescribe the correct medicine to a diseased patient, but if the patient does not take the medicine or makes up his own medicine then he will not be cured and the disease will intensify. The doctor will not force the patients to take the correct medicine and we cannot blame the doctor if the patient suffers more. In a similar way, Lord Krishna has prescribed the correct medicine that will enable all humans to get through this miserable material life with minimum misery, and go back to the spiritual creation at the end of this short life. In the form of the instructions in the Bhagavad-Gita and other Vedic scriptures. But if we do not follow the instructions given by Lord Krishna, then we will become corrupt and suffer more in this life and stay in the material creation, suffering life after life. Just like the Doctors, Lord Krishna will not force us to follow Him, He has given us free will. Lord Krishna's credentials is that He has appeared more than 18,000 times in His original form as Krishna and millions of times in His other forms. In each and every appearance, He proved that He was God without any doubt. Despite the over whelming evidence, the foolish will not accept Him as the Supreme and will follow some unknown/invisible/unproven character as God.

The cause, place, and time of death for each person are fixed at inception of soul into the womb of a mother. If a person is destined to live to say 70, then Lord Krishna will protect him until his time is up. Where ever the person goes, Lord Krishna will make arrangements to ensure he does not die before his due date (at 70 years). This explains why 2 people who were next to each other at one point in the building, one of them dies and the other does not. This is because the time was up for one of them and the time was not up for the other person and so Lord Krishna makes arrangements to protect the other person by moving him out of the building before it collapsed or before the planes crashed into the buildings. One person I know who worked in one of those buildings, but on the day of the attack, he was late to work and so he wasn't in the building. This was an arrangement by Lord Krishna to save this person, as his time was not up at that point. In a similar way, Lord Krishna made arrangements to save the 47.000 people, whose time was not depleted.

Some terrorists and criminals do get away from the Police and are never caught and thus never get punished from the human law and order system. But with Lord Krishna's (God's) law and order system, karma, nobody gets away with anything. In the human courts, witnesses are called up by

the Judge and their evidences are used to sentence the criminals based on their crimes. With Lord Krishna's justice system, He is the Judge and He is the witness to every action that every living being takes, every second, in every life. Lord Krishna is omnipresent, present in the heart of all living beings as the super soul and also present in every atom, the perfect witness who misses nothing. Lord Krishna keeps a complete record of all our physical actions and even our inner thoughts. At death, each person is judged by the perfect witness and Judge (Lord Krishna).

Based on the Vedic teachings, the terrorists are not rewarded with virgins or heaven, they are sent to the hellish planets for a long time and then they go down to the animal kingdom (take birth as animals). The proof of this is that there are many animals in the world, the souls in animal bodies were once in human bodies but due to aggressive behavior and ignorance, they now have a more suitable body to practice their aggression/ignorance.

**"At death, those who have developed the mode of goodness, will go to the higher planets where the saintly persons live. Those who have developed the mode of passion, will take birth among those engaged in materialistic activities. Those who have developed the mode of ignorance, will take birth in the animal kingdom." (Lord Krishna, Bhagavad-Gita 14.14-15)**

### **81. Can I buy extra Time?**

One can buy a billion dollar home or an Island, but one cannot buy one extra millisecond of time. When our time is depleted, we (the soul) are forced out of this body and immediately transferred to another suitable body exactly according to what we deserve. All the money in the world cannot help us to buy one extra millisecond of life. Those who are intelligent will spend their hard earned money on their life essentials and also spend some in the service of the Supreme, and helping others to know and advance in the service of the Supreme, Lord Krishna. This will enable one to go back to the spiritual creation at the end of this short life and also take others with them.

**"Just become My devotee, always think of Me, bow down to Me, and worship Me. Then you will come to Me, without fail. I promise you this, as you are very dear to Me." (Lord Krishna, Bhagavad-Gita 18.65)**

**"If one who is devoted to Me, teaches this supreme secret to other devotees, he shall be performing the highest devotional service unto Me, and he will certainly come back to Me. There is no other servant on Earth, who is more dear to Me." (Lord Krishna, Bhagavad-Gita 18.68-69)**

Those who are less intelligent will work hard to accumulate wealth and will not spend some of it in the service of the Supreme nor in the service of humanity. At death, they (the soul) are transferred to the womb of mothers in miserable places and suffer from severe poverty and disease.

### **82. Does Krishna ask Arjuna to fight?**

Yes.

**"Always think of me [Krishna] and at the same time do your duty of fighting. Surrender your mind and intelligence unto Me and surely you will attain Me without a doubt." (Lord Krishna, Bhagavad-Gita 8.7)**

Lord Krishna is asking Arjuna to do his duty of fighting, because Arjuna is a soldier in the military and thus it's his job to fight when there is a war. For the civilians (those not in the military), we have to do our duty according to our occupation and at the same time think of Lord Krishna.

Lord Krishna told Arjuna to fight because the other side wanted war and they were the bad guys. When there are two sides, with one side wanting war, then there will be war and thus Lord Krishna asked Arjuna to fight and destroy the bad guys. Arjuna and his followers were good and on the opposing side were the bad guys. However, all the soldiers on both sides who died in the war got immediate liberation. This is because anyone who is killed in front of Lord Krishna or by Him, gets liberation. This is how merciful Lord Krishna (God) is.

### **83. Why didn't Krishna stop the war?**

God does not interfere with our free will and thus when there are people/nations who declare wars on other people/nations, war will be inevitable.

Some Christian and Muslim brothers have told me that if Krishna is God, then why didn't He stop the war? Well, why doesn't the unknown/invisible God of the Bible and Koran stop the wars?

It is very complex to understand how God and our free will play a part in wars. Lord Krishna wanted Arjuna to fight in the Mahabharat war because if he did not then the other side who are evil and wicked would have ruled the world and this would not have been good for the world. If an evil nation attacks another nation. It would be very natural for the attacked nation to fight back. If the terrorists declare war on USA, should the USA fight or not? It would be very foolish for the USA not to fight back, otherwise the terrorists would rule USA.

If you read all the history books, you will learn that so many races of people have existed in the past and except for the Vedic race of people, all other races have become extinct within a few hundred years or at most a few thousand years. Only those who are on the side of Lord Krishna are eternal, all others are temporary. The Romans, ancient Egyptians, ancient Greeks, Mayans, and so many other races have become extinct. All the non-Vedic races existing today will also become extinct in the future.

Brahma has existed since 155.522 trillion years ago and he is a follower of Lord Krishna. The followers of the Lord Ram, an incarnation of Lord Krishna, lived around 2 million years ago and they still exist today. 5000 years ago, Lord Krishna spoke the Bhagavad-Gita, and the followers of Lord Krishna still exist today. This is simple proof that the followers of Lord Krishna are eternal.

**"My devotees become righteous, attain lasting peace, and never perish. "Lord Krishna (Bhagavad-Gita 9.31)**

### **84. If Krishna is God then why didn't He destroy the other side?**

Lord Krishna is God and He could have instantly killed all the soldiers of the other side with just one glance, but He didn't do this, because He doesn't interfere with our free will, which is given by Him. Otherwise there is no point in human existence. Being human means we have free will, which we can use properly or misuse.

Based on the actions taken by Arjuna and his opponent Duryodhana, they will have to face the reactions to their actions, which in this case resulted in war. Lord Krishna approached Duryodhana and asked him to settle the land dispute peacefully but he refused and declared war. Lord Krishna offered to help both sides, one side can choose His army and the other side can choose Him as an adviser. This is free will, which we all have.

Duryodhana chose the army of Lord Krishna because he thought by having more men, he could win the war. Arjuna was very eager for Lord Krishna Himself as an adviser, he thought to have God is better than everything else. Lord Krishna was God but He was playing the role of a Prince and thus He had an army. All Princes had armies in ancient times. Arjuna knew that Krishna was God even before hearing the Bhagavad-Gita.

Only a few people knew that Lord Krishna was God, even though Lord Krishna very clearly proved that He was the greatest person. Even today, out of the 7 billion people in the World, less than 1 billion may have heard about the greatness of Lord Krishna, and only a few hundred million know for sure that Lord Krishna is the one and only God.

We can select the President or the Prime Minister of a country, but God Himself selects those who can know Him, very few, as God is not so cheap.

**"Out of thousands of persons, one will strive for spiritual self-realization, and among the strivers, someone may know Me.  
(Lord Krishna, Bhagavad-Gita 7.3)**

### **85. When is self-defense necessary?**

The Bhagavad-Gita was spoken on the battlefield and so one of its teachings is to know when self-defense is necessary. It was the will of Lord Krishna that all the soldiers on both sides, except for the Pandavas, would not go back home. It made no difference whether Arjuna took part in the war or not. Arjuna was merely an instrument that Lord Krishna used to destroy the soldiers on both sides. Even before the war started, Lord Krishna showed Arjuna, the soldiers being destroyed.

There have always been divine and demonic humans, since the beginning of creation. Those who misuse the free will which is given by God are the demonic and those who properly use the free will are called the divine or demigods. The police and military in each country are not punished if they act according to the instructions of the government. In a similar way, God does not punish those who act to protect themselves from aggressors. There are five aggressors: Those who give poison, those who set fire to a house, those who attack, those who steal land, and those who kidnap women. When one engages in violence to defend himself from these aggressors, there is no karmic reaction, because it is righteous to protect one's body, house, land, and women.

**"All these warriors have already been put to death by My arrangement, you are merely an instrument that I am using. Just get up and fight, you will win over these aggressors."  
(Lord Krishna, Bhagavad-Gita 11.33)**

The Bhagavad-Gita was spoken just before the start of Kali Yuga, the age of irreligion, ignorance, and aggressors. Until 5000 years ago, Vedic emperors from New Delhi ruled the whole world. Lord Krishna spoke the Bhagavad-Gita to instruct Arjuna and the followers of Vedic culture, but unfortunately the Temples/Brahmins have failed to teach this important message of the Bhagavad-Gita. The result of this foolishness is that instead of Bharat ruling the whole world, the whole world is ruling Bharat. Bit by bit, the land of Bharat is being stolen by foreigners.

Vedic culture means no killing, no slavery, no hatred, no terrorism, no crusaders, universal brotherhood, no aggressors, no exploitation, and full knowledge of God.

Non-Vedic culture means killing, slavery, hatred, terrorism, crusaders, no universal brotherhood, aggressors, exploitation, and godlessness.

The simple fact is that the Hindus have not attacked other nations, never enslaved others, and never stolen land belonging to others. This is the result of following the culture and religion created by God. The non-Hindus cannot say the same.

## 86. When is the Day of Judgment?

The Day of Judgment is immediately at death.

Why should God keep the dead waiting?

Some people have been dead for millions of years, why should God keep them waiting for so long? God is very efficient, He doesn't keep the dead waiting. At death, we are instantly judged according to the actions we have taken in life (karma).

It's due to man ideologies that people falsely believe that the Day of Judgement is someday in the future. At death, the 'he' (the soul) is judged based on the actions taken in his life (karma) and then 'he passes away' to another body. Death simply means he (the soul) has passed away to another body.

Some people falsely believe that the dead body will rise again someday in the future (resurrection). Anyone with some basic science knowledge will understand that the body is dead matter and within a few months of death, the body will decay and disintegrate and eventually turn to dust. From dust the body is made and to dust the body will return. The dead body will never rise again, because nothing will be left due to decay. If God can give us this body then He can certainly also give us another body. He does not need to make the dead matter (the body) useable again. The Laws of science and the ways of God are completely compatible based on the Vedic teachings.

**"The fact is that one who has taken birth, will certainly die. It is also a fact that, one who dies will take birth again. Therefore, you should not lament for that which is unavoidable." (Lord Krishna, Bhagavad-Gita 2.27)**

The fundamental Laws of Physics is that what has a beginning will have an end. What is made of matter will eventually be destroyed due to decay, caused by time. The body has a beginning and it's made of matter, thus based on scientific logic, the body will be destroyed.

Those bodies which are buried will never rise again, but the souls who once occupied those bodies are alive and well today and will always be alive, but in different bodies.

## 87. What happens at death?

At death, you (the soul) are immediately judged and then transferred to the womb of a particular mother in a particular universe, on a particular planet, in a particular country, in a particular city, on a particular street, in a particular home, exactly according to what you deserve.

**"Just as a person gives up old and worn out garments for new garments. In a similar way, the embodied soul accepts new bodies, giving up the old and useless ones." (Lord Krishna, Bhagavad-Gita 2.22)**

We change clothes, furniture, countries, jobs, wives/husbands, houses, friends, cars and so on. In a similar way, we change bodies.

If you have lived a pious life and gained spiritual knowledge, then you will not take birth again in the material creation. You will go to the spiritual creation called Vaikuntha, where you will live eternally in the same beautiful body, with no old age, no disease, no death, and no anxiety. The sinners will come back to this or other planets where life is full of misery.

**"Those who without deviation, meditate upon Me, worship Me, fix their mind on Me, and become attached to Me, I very quickly deliver them from material existence, which is an ocean of birth, death, and miseries." (Lord Krishna, Bhagavad-Gita 12.6-7)**

### **88. Are the dead waiting in their graves or gone?**

All the dead are neither waiting in their graves nor gone. God is very efficient, He doesn't keep anyone waiting nor does He waste anyone. All the dead are alive right now, but in different bodies and in situations exactly according to what they deserve based on the actions they took in their life (karma).

**"The fact is that one who has taken birth, will certainly die. It is also a fact that, one who dies will take birth again. Therefore, you should not lament for that which is unavoidable." (Lord Krishna, Bhagavad-Gita 2.27)**

Anyone can see that every second, living beings are dying and being born. This is the transmigration of the soul from one body to another. This is another simple proof of reincarnation.

We can help our loved ones who have passed onto their next life, by becoming a pure devotee of Lord Krishna and asking him to take them back to the spiritual creation where they will live eternally with no misery. This teaching is unique to Sanatan-Dharma, in the non-Vedic religions they have absolutely no way to help those who have passed away.

### **89. Will I see my relatives again after this life?**

Never.

Our relationships are based on the body and so when the body is finished, our relationship is also finished forever. The body is destroyed after death and so we can never know that person again. Even if we come across the same soul again in another body, we will not know that this person was once in another body that we knew.

Arjuna was lamenting for his relatives who were on the opposing side of the war, and Krishna made him realize that all his current relatives were never his relatives before this life and they will never be his relatives again, after this life.

We cannot know where the souls of our dead relatives and friends have gone. But there are some yogis and personalities like Brahma and Shiva, who can tell where the souls have taken birth again, and Krishna knows exactly where you and I were trillions of years ago.

In the material creation, all our friends and relatives are just for this life, and in many cases not even for this entire life, as we change friends, give up friends, and lose contact with some. But in the spiritual creation (Vaikuntha), you will know all your friends and relatives forever.

**"The soul which resides in the body never dies. Therefore you should not lament for any living being." (Lord Krishna, Bhagavad-Gita 2.30)**

Yes it's natural to lament for our loved ones who have passed away to their next life. But we should know that eventually all living beings will go back to the spiritual creation where they will live eternally in the same body with no trace of misery or suffering.

Every single person we have known in this and our previous lives will eventually go back to the spiritual creation. That's why Lord Krishna states that we should not lament for any living being. Lord Krishna is the real God and He is very merciful and loving to all living beings.

We should not lament for those who pass away, because they could be better situated in their new body and they may have gone back to the spiritual creation called Vaikuntha, the ultimate destination for all souls. On the millions of Vaikuntha planets, the people live eternally in the same body that is completely beautiful, in complete bliss, full of knowledge, and with no old age, no disease, and no trace of any misery. Based on Lord Krishna, nobody is sent to hell forever, eventually every soul goes back to the kingdom of God, Vaikuntha. This is because, Lord Krishna (God) is most Merciful and Forgiving.

## **90. What body will you get next?**

Your consciousness at death will determine your next body. This life is a preparation for the next. During each day of this life, you are developing a particular type of consciousness, which will manifest into a particular body at death. It's just like a manufacturing company designing its products today to produce tomorrow.

It's very easy to determine what your next body will be:

- \* If you have eaten animals, then you will become an animal and be eaten
- \* If you are full of hate and anger towards others, then you will become an aggressive animal
- \* If you have cursed others with a life of hell. Then you will end up in hell
- \* If you like to expose your body, then you will become a tree, naked and exposed to all
- \* If you like to eat everything and anything, then you will become a hog, who eats anything and everything
- \* If you are attached to a dog, then you will become one (a dog)
- \* If you are friendly to all living beings, then you will get another human body
- \* If you are friendly to all living beings and know who God is and serve him. Then you will be finished with material life and go back to the kingdom of God (Vaikuntha), where you will live eternally and play with God everyday

**"Just as the air carries a particular smell from one place to another, the living entity will be carried to a particular body at death, based on the consciousness developed by him during life. On taking a new body, the living entity will get a particular set of senses, like ears, eyes, tongue, smelling potency, sense of touch, and mentality. The foolish persons cannot understand how a living entity quits one body to take another. But those with knowledge can see this." (Lord Krishna, Bhagavad-Gita 15.8-10)**

**"Whatever nature, one has at the time of death. That nature he will attain without a doubt." (Lord Krishna, Bhagavad-Gita 8.6)**

## **91. What is Maya?**

Maya has two meanings: compassion and illusion.

One meaning of Maya is compassion. Compassion means having feelings for all living beings, being concerned for the welfare and health of all living beings.

Another meaning of Maya is illusion, which makes one living being think, that he is superior to others. The aim of this illusionary energy of Lord Krishna called Maya, is to enable the living beings to exist in the material creation in various species and situations.

- The he dog thinks the she dog is the best creation
- The he pig thinks the she pig is the best creation
- The he human thinks the she human is the best creation
- The white man thinks he is the best creation
- The black man thinks he is the best creation
- The people of every country think they are the best
- The pigs love to eat stool, and people love to eat the flesh of animals, thinking it's very nice

Without this illusion, it's not possible for the variety of living beings to exist. If one thinks that his wife is not the best, then there is no point in having her. If a sports team thinks they are not the best. There is no point in competing with others and so there would be no need for the team to exist. The males in every species of living beings think they are the best, and fight for females, so that his genes pass on and survive. Otherwise the species would become extinct.

There are 8.4 million species of living beings, meaning that there are 8.4 million main categories of mentalities among living beings. Under illusion (maya), the living beings are able to continue existing to satisfy the variety of mentalities.

Anything related to the body or matter is maya, an illusion that will make us think we can be happy by satisfying our bodily desires, but in reality this will only result in more misery. Maya is also in the form of ignorant people with no spiritual knowledge, newspapers, TV, Internet, places, and so on. We should be very careful about all the things that are not spiritually related, by keeping away from them. Otherwise unknowingly we will become under more illusion and the result of being under maya (illusion) is that we stay in the material creation to satisfy our bodily desires.

- A human who very much likes to expose her naked body will have her desire more satisfied after this life. Nature will give her the body of a tree and she will stay naked and exposed to all for hundreds of years
- A human who is attached to sex will have his desires satisfied by getting the body of a monkey who mates many times with many females
- Humans who are aggressive will have their desires satisfied by getting the body of aggressive animals
- Humans who have no interest in religion, will have their desire satisfied by being born in the animal kingdom, where there is no thought of God
- Humans, who like to eat flesh, will have their desire satisfied by getting bodies, which are specially made for flesh eating. At death, their souls will be transferred to the wombs of lions, tigers, crocs, and so on

**“The divine illusionary energy of Mine [maya] consisting of the three modes of material nature is very difficult to overcome. Those who surrender unto Me can become free from it.” (Lord Krishna, Bhagavad-Gita 7.14)**

The three modes of material nature are goodness, passion, and ignorance. Since maya is the energy of Lord Krishna, one can only become free from it by the grace of Lord Krishna.

## 92. What is Krishna consciousness?

A person who is Krishna conscious is free from bodily designations and has the following state of mind:

- I am not this body
- I am the eternal soul
- I am not a man nor woman
- I am not white nor black
- I am not rich nor poor
- I am not the owner of anything
- I and all living beings are part of Krishna
- I am the servant of Krishna and all living beings
- All living beings are my brothers and sisters
- Sees all living beings as souls and not as bodies
- The purpose of my existence is to serve Krishna (God) and all living beings and I will serve according to the best of my abilities
- Lord Krishna is present in the heart of all living beings as the super soul and thus I will respect and bow down all living beings
- I am concerned for the welfare and well-being of all living beings and I will be charitable according to the best of my capacity
- I will always be truthful, humble, kind to all living beings, tolerant in all situations, clean, and live a simple life (no fancy/expensive expenditure and not bother others with demands)
- I will make it a priority to preach all the above to others using my time, energy, money, life experiences, and intelligence

All the problems in the world would be eliminated if everyone had the above state of mind, which is called Krishna consciousness.

When one develops this consciousness, at death, the soul is immediately transferred to the spiritual creation called Vaikuntha, where the soul lives eternally in the same body with no trace of misery.

**"Those who are wise, have real knowledge, understanding, and gentleness. They see with equal vision, a Brahmana, a cow, an elephant, a dog, and a dog eater." (Lord Krishna, Bhagavad-Gita 5.18)**

## 93. Are all souls equal?

Yes.

Within the body of all living beings (animals, plants and humans) there is a soul. All souls are eternal, full of bliss, full of knowledge, and equal.

**"I hate no one. I am equal to all living beings..." (Lord Krishna, Bhagavad-Gita 9.29)**

Lord Krishna is equal to everyone. This is another uniqueness of the Vedic teachings which cannot be found in the non-Vedic teachings where the animals are considered as food for humans, and those who don't follow their ideology are considered low and sent to hell eternally.

#### **94. Why is one soul in an animal body another in a human body?**

There are 8.4 million species of living beings, and depending on the desires and mentality developed by souls in human bodies, the variety of people, plants, and animals are created.

**“Just as the air carries a particular smell from one place to another, the living entity will be carried to a particular body at death, based on the consciousness developed by him during life. On taking a new body, the living entity will get a particular set of senses, like ears, eyes, tongue, smelling potency, sense of touch, and mentality. The foolish persons cannot understand how a living entity quits one body to take another. But those with knowledge can see this.” (Lord Krishna, Bhagavad-Gita 15.8-10)**

**“Whatever nature, one has at the time of death. That nature he will attain without a doubt.” (Lord Krishna, Bhagavad-Gita 8.6)**

If we live a life full of sin then our consciousness at death will be polluted and the result is degradation to lower species. If we live a pious life and engage in devotional service unto Lord Krishna, then at death, our soul will be immediately transferred to the spiritual creation, Vaikuntha. Where everyone lives eternally in the same body that is completely beautiful, full of bliss/love, full of knowledge, with no old age, no disease, and without any misery.

#### **95. When is the end of the world?**

There are cycles of creation and annihilation. The duration of each cycle is 311 trillion, and 40 billion years. In the current cycle, the universe has existed for 155.522 trillion years old and it will end after 155.518 trillion years.

**“At the end of each cycle [of 311.040 trillion years], all living beings enter into My material nature. At the beginning of a new cycle, I create them again by My potency.” (Lord Krishna, Bhagavad-Gita 9.7)**

This universe will be here for another 155.518 trillion years. But you won't be, your life may end at any time. So make sure you live a sinless life, so you move up in life (species) and not down.

#### **96. Is the purpose of life to build an empire?**

Life after life we are working like donkeys to build our empire of properties, big bank balances, nice cars, college degrees, and so on. But at the end of each life, we have to give everything up. We can't transfer our bank balance from one life to another, nor can we take our material educational qualifications like a degree in medicine with us to our next life. Nor can we take our properties or family members with us. In each life we have to start all over again.

While we are busy working hard to build our empire, we forget that there is time, which is taking away our life. A sword is hanging over your head and at any moment it will drop, then you (the soul) will be transferred to another body and you will then have to start all over again from scratch.

**“One who understands My appearances and activities, never takes birth again in the material creation and attains My abode.” (Lord Krishna, Bhagavad-Gita 4.9)**

The purpose of life is first to know the Supreme by knowing His appearances and activities, then serve Him. The result of this is that at death, the soul will be immediately transferred to the abode of Lord Krishna called Vaikuntha where everyone lives in the same body that is eternal, completely beautiful, full of bliss/love, full of knowledge, no disease, no death, and with no trace of misery.

Those who are intelligent will work hard to make a living but they will also gain some spiritual knowledge so eventually they gain enough to go back to the spiritual abode where we live in the same beautiful body. That is eternal, full of bliss, and full of knowledge.

### **97. Does life come from chemicals?**

No. Chemicals come from life, and not life from chemicals.

The scientific theory of life is that life comes from chemicals. These chemicals, which the scientists say created life, are freely available in the world. Can any scientists create life from these chemicals? No. Thus the scientific theory of life is very un-scientific, because they cannot prove it.

**"All living beings have their source from My material and spiritual energies, and know for certain that I am the origin and dissolution of the entire creation." (Lord Krishna, Bhagavad-Gita 7.6)**

### **98. How do I understand the reality of reincarnation?**

- \* When someone dies, we say 'He has passed away'. This implies that we accept that the soul and the body are different. The dead body is present before us but the soul has passed on. Where to? Another body.
- \* Every second living beings are dying and every second living beings are born. The souls in the dead bodies are being transferred to the new bodies. This is proof of the transmigration of the soul from one body to another.
- \* In scientific terms, energy cannot be destroyed, but it changes forms. Our body is the form and we (the soul) are the energy. When this current form of ours (this body) is destroyed. We (the soul) will change our form. Thus, get a new body.
- \* Take a look around. Why are there varieties of conscious living beings? Why is one soul in the body of an animal and another soul in a human body? Why is one soul in the body of a female and another in a male body? Why is one soul born in China and another born in Africa and so on? The soul is moving from one body to another, life after life. The variation of bodies is simple proof of the transmigration of the soul from one body to another.
- \* The fact that God is merciful is proof of reincarnation. If God is merciful then why would he create some who are fortunate and some who are unfortunate in their one and only life? If after this one and only life we eternally go to hell or heaven, which is what the non-Vedic religions preach. Then how can God be merciful to those who are eternally sent to hell for messing up their one and only life. The fact that God is merciful is proof that he gives us unlimited chances and not just one. Thus, we (the soul) transmigrate from one body to another life after life.
- \* If this is the only life, then why do we exist today and some will exist in the future and some existed in the past. The fact is that we exist today, we existed in the past, and we will exist in the future too.
- \* The body is temporary but the soul is eternal. Accept this fact? Yes? When this body is finished the soul must continue to exist, because it's eternal. And just as the soul is currently residing in this body, when this body is finished the soul will continue to exist by residing in another body.
- \* If a sinner is sent to hell forever after only one life, then how can God be forgiving unless he is given another chance? The fact is that we get unlimited chances and not just one. This is because God is all-merciful.
- \* The existence of ghosts is proof that life does not end when this body dies. There is existence after this body dies.

## **99. What does rejecting karma and reincarnation mean?**

Some people say they can't remember their past lives and thus this is the only life (no reincarnation). Can you remember the day you were born? No. So why do you exist? Can you remember all the moments of your whole life? No. So does this mean that you only existed for the moments you can remember?

If there is no reincarnation, then it means this is the one and only life.

Some people are born with cancer in their only life.  
Some people are born poor in their only life.  
Some people only live for a day and die in their only life.  
Some people suffer more than others in their only life.  
Some people are born blind in their only life.

The above means God is very mean and not fair to those who are unfortunate. Or everything happens by chance, which means God is not in control. Both of these statements imply there is no God (atheistic).

Some people believe that they can live a life of sin, then at death they will be buried, and on some unknown day of judgment they will rise from their grave in the same body they died. They will get a bailout plan for their sins, and then go to heaven and eternally live in the same body they died in. They can't get a new body, because this would mean reincarnation.

The above means that in heaven, there will be many old people as they died in their old age. Is living in an old body eternally, heavenly or hellish life?

Why should God keep the dead waiting (for the Day of Judgment), in some cases for millions of years? This means God is not very efficient.

Some people believe that only the followers of their religion go to heaven, the others eternally go to hell. This means God is not merciful, fair, or forgiving, and has made a mistake by creating those who don't follow a particular religion. Can God be wrong?

The believers of God must accept that God is merciful, fair, forgiving, and efficient. Thus, those who reject karma and reincarnation are the unbelievers of God (atheists).

## **100. How do we move up or down in Life?**

Just as we can get promoted or demoted at work, we also get promoted or demoted in life.

By getting a good education, earning good money, having a big house, and nice cars, you have simply become a polished animal. Material advancement is not evolution, but devolution of spiritual consciousness.

At death, all our degrees, properties, cars, and bank balances are completely useless. If you have spiritual knowledge, then you will move up in life, thus take birth in one of the higher species of living beings or overcome the cycle of birth and death. If you have no spiritual knowledge, then you will go down in life by taking birth in the lower species, in the plant and animal kingdoms.

There are 8.4 million species of living beings. According to exactly what you deserve, you will either go up or down in species after this life. I am not saying that you give up all the comforts of life and live in a cave, no. My point is that if you add some spirituality to your life, which includes stopping sinful activities like meat eating, gambling, drinking, and relationships outside marriage. Become

charitable and treat people nicely. Then at least, you will be able to maintain your current position in your next life.

**"At death, those who have developed the mode of goodness, will go to the higher planets where the saintly persons live. Those who have developed the mode of passion, will take birth among those engaged in materialistic activities. Those who have developed the mode of ignorance, will take birth in the animal kingdom." (Lord Krishna, Bhagavad-Gita 14.14-15)**

**"Those who are situated in the mode of goodness, go to the heavenly planets. Those in the mode of passion will take birth on planets like Earth. Those in the mode of ignorance will take birth on the hellish planets or in the animal kingdom." (Lord Krishna, Bhagavad-Gita 14.18)**

### **101. How many species of living beings are there?**

*jalaja nava lakshani, sthavara laksha-vimshati, krimayo rudra-sankhyakah, pakshinam dasa-lakshanam, trishal-lakshani pashavah, chatur lakshani manavah (Padma Purana)*

The above was written down 5000 years ago.

This is another unique piece of information from the Vedic scriptures. There are 8.4 million different species or bodies that the soul can reside in. Not all the species are present on this planet and not all the species are manifested all the time.

Jalaja (Water based life forms) – 0.9 million

Sthavara (Immobile implying plants and trees) – 2.0 million

Krimayo (Reptiles) – 1.1 million

Pakshinam (Birds) – 1.0 million

Pashavah (animals) – 3.0 million

Manavah (human-like) – 0.4 million

Total 8.4 million species of living beings

### **102. Are animals our brothers and sisters?**

Yes. All living beings including the animals and plants have a soul, as they are created by the one God. Consciousness is a sign of the existence of the soul, and thus the animal and plant bodies also have souls, because they also have consciousness. They are our brothers and sisters, that's why we should not eat our helpless brothers and sisters, the animals. The heart of every living being contains the individual soul, and the super soul, Lord Krishna.

**"I am the super soul, situated within the heart of all living beings. I am the origin, the middle, and the end of all living beings." (Lord Krishna, Bhagavad-Gita 10.20)**

We should not destroy the plant life in our gardens. We should plant more fruit, vegetable, and flower bearing plants in our gardens.

### **103. Does the Bhagavad-Gita preach meat eating?**

Absolutely not.

God (Lord Krishna) is a pure vegetarian. He doesn't eat the flesh of animals.

**"If a pure hearted person, offers me with devotion, a leaf, flower, fruit, or water. I will accept it." (Lord Krishna, Bhagavad-Gita 9.26)**

God is the father of all living beings and thus He would not order some of His children (the humans) to eat His other children (the animals). Thus, the followers of God must not eat meat, fish, eggs, or buy items made from animals like leather.

We should offer all plant foods to God before we eat. So in this way, we will be released from any sins we unknowingly commit.

**"The righteous persons eat food that is first offered to Me. They are released from all kinds of sins. But those who don't offer food to Me before eating, are committing sin." (Lord Krishna, Bhagavad-Gita 3.13)**

Based on the above verse, we can only eat food that is first offered to Lord Krishna, and since He does not accept meat, fish, or eggs. We cannot eat these either.

Some meat eaters say I didn't kill the animal, and so I cannot be punished. Well in the courts, the accomplices of murderers are also punished by the Judge. In a similar way, the following seven accomplices are all equally responsible for animal murdering, and they are all punished by the Supreme Judge, Lord Krishna:

**"He who permits the slaughter of an animal, he who cuts it up, he who kills it, he who buys or sells meat, he who cooks it, he who serves it up, and he who eats it, must all be considered as the slayers of the animal." (Manu-smriti 5.51)**

- Those who permit the killing
- Those who cut up the animal
- Those who kill the animals
- Those who buy or sell the meat
- Those who cook the meat
- Those who serve the meat
- Those who eat the meat

### **104. Why do Hindus consider cows as sacred?**

The cow gives milk, which every human being drinks from birth till death. The human mother drinks cow milk, which is turned into human milk and drunk by babies via the mother's breasts. Then as the baby grows up it drinks cow milk in bottles and then in cups. Children and adults drink cow milk and eat foods made from cow milk. Foods such as ice cream, yogurt, cheese, curd and other preparations made from these. Thus, the cow is the most valuable animal to the humans. It's for this reason that Hindus consider the cow as sacred and thus give it all respects by treating her like a mother and treating her well, because she (the cow) treats humans like her own children by giving us her milk. Even though the cow is an animal, the Hindus have appreciation for her due to her contribution to the humans (milk). This is the highest level of humanness, to be grateful even to the animals.

Those who are wicked and ungrateful, will drink the milk of cows and then cut her throat and eat her.

The benefits of cows to humans:

- They give the best food for humans, milk. Which the scientists' state is the most complete food, full of vitamins, protein, and calcium. Cow milk is the number one food item for humans which is taken every day. Without cows there would be no ice cream, no cheese, no pizza, no yogurt, and so on.
- Cow dung is the best fertilizer and it's also used as fire wood for cooking and heating, each cow produces many tons of dung each year
- Cow urine is clinically proven to be anti-septic (pure) and is used in medicine including treatment of cancer

It's evil and wicked man made ideologies that makes humans into killers of those who provide so many benefits to humans, cows.

### **105. What is leather?**

Leather items like sofas, car seats, jackets, handbags, and chair covers, are mainly made from cows. This means cows are killed so you can sit on them or wear them. Don't buy leather, buy cloth sofas, cloth car seats, cloth clothing, and clothe bags.

We should not buy anything made from any animal.

### **106. Is killing plants and animals the same?**

Cutting the throat of chickens and cutting grass is not the same. When we take the fruits and vegetables, in most cases, we don't actually kill the plant. We are just taking a by-product of the plants. For example, when we take an apple off a tree, we are not killing the apple tree. But when we take the leg of a chicken, we are killing the chicken. If you live with animal killers, then the chances are very high that you will become a killer too, and so will your children. In this way, a whole generation starting from you will become killers. Therefore minimize your association with killers.

Who are these souls in animal bodies that are being killed and eaten? They are ex-humans who ate animals and now it's their turn to be eaten. An eye for an eye, life for a life, this is the law of nature, karma.

### **107. What does the letter from our most humble friends say?**

**My Dear Humans,**

YOU HAVE FEELINGS, WE ALSO HAVE FEELINGS  
YOU FEEL PAIN, WE ALSO FEEL PAIN  
YOU GET NERVOUS, WE ALSO GET NERVOUS  
YOU HAVE A FAMILY, WE ALSO HAVE A FAMILY  
YOU WANT TO LIVE, WE ALSO WANT TO LIVE  
YOU ARE LIVING BEINGS, WE ARE ALSO LIVING BEINGS  
YOU WERE CREATED BY GOD, WE WERE ALSO CREATED BY THE SAME GOD  
YOU HAVE CONSCIOUSNESS, WE ALSO HAVE CONSCIOUSNESS  
YOU HAVE A SOUL, WE ALSO HAVE A SOUL  
YOU ARE VERY FEARFUL, ESPECIALLY IF SOMEONE TRIES TO KILL YOU, WE ARE ALSO VERY FEARFUL

YOU WOULDN'T LIKE TO HAVE YOUR THROAT CUT, WE WOULDN'T EITHER  
YOU ARE NOT FOOD FOR US, WE ARE ALSO NOT FOOD FOR YOU

Yours faithfully,

**Signed: Your most humble friends (Cows, Chickens, goats, pigs, and others)**

**108. What are the three gates to hell?**

**"Lust, anger, and greed are the three gates that leads one to hell. One must give up these qualities." (Lord Krishna, Bhagavad-Gita 16.21)**

The motivation for most crimes and sinful activities can be linked to lust, anger, and greed.

**109. Keeping pets is bad for the pets and humans?**

Yes. It's cruel to keep pets because the animals are deprived of their natural life in their own environment with their own kind.

Would you like to live in a cage?

Would you like to live in an air pocket in the water?

Would you like to be locked up all your life?

Would you like to be deprived of socializing with others?

No? Well, do you think the helpless birds love to live in a small cage all their life? Do you think fish love being locked up in a small air pocket (tank) all their life? Do you think dogs love to be deprived of socializing with their own kind and living their natural life with their own kind?

If you love animals like dogs, cats, birds, fish, and others, then let them be free by allowing them to live in their own natural environment, with their own kind.

Some people think that by keeping their pet in their 5 star home is better than the jungle for the pet. Well, would you like to live in a 7 star hotel alone, all your life?

Another reason why you should not keep pets is that, if at the time of death, you think of them, then you will become one of them. This means that if you think of your dog at the time of death, then you will get a dog's body, without fail. Then the humans will pick up your stool, if you live in countries like America.

**"Whatever nature, one has at the time of death. That nature he will attain without a doubt." (Lord Krishna, Bhagavad-Gita 8.6)**

If you have served a dog in your life then you will naturally think of a dog at the time of death. Thus you will attain a dog's nature (become a dog). Why do you think there are dogs in the first place? The variety of species is due to the variety of mentalities that souls in human bodies developed. If you have served God in your life then you will naturally think of God at the time of death. Thus, you will attain Lord Krishna's nature, which is a beautiful body, full of bliss, full of knowledge, and eternal.

**"Whoever thinks of Me [Krishna] at the end of life, attains My nature, without a doubt." (Lord Krishna, Bhagavad-Gita 8.5)**

In this short life, you can serve Lord Krishna (God) and get the nature of Lord Krishna (beautiful, blissful, loving, full of knowledge, eternal), or serve dogs, and get the nature of dogs (4 legs, barking). The choice is yours. Some people say the life of a dog is better than that of humans in countries like America/Sweden. Well you could also become a dog in Taiwan/China/Africa, where dogs are eaten.

### **110. Is abortion bad or good?**

Abortion is very bad.

Would a mother kill a child she has seen? No! Just because the child is in the womb and not seen, does it mean that the child is not the mothers' or does it mean the child is not alive in the womb?

From the second a woman becomes pregnant, a new soul has entered into the woman's womb. This means a unique living being with consciousness is now in the womb of the mother. Only a stonehearted and very cruel mother would kill this unique living being.

**"All living entities are My eternal fragmental particles. Due to material nature, they are conditioned by the six senses, including the mind, and struggle very hard." (Lord Krishna, Bhagavad-Gita 15.7)**

All living beings belong to God, and thus, we have no right to take away life (human or animal).

### **111. Can you digest your food?**

If you can digest your food then you should thank Lord Krishna, because Lord Krishna is the fire of digestion. Without God, no living being can digest food.

**"I am in the bodies of all living beings as the fire of digestion. I unite with the ingoing and outgoing air, and I digest the food." (Lord Krishna, Bhagavad-Gita 15.14)**

Yet another proof of Krishna as God, some people say God willing in their daily conversations. Without the will of God, we can't even digest food.

### **112. Do you enjoy water and sun light?**

If you drink water and are able to see due to the light, then you should thank Lord Krishna, because He is the taste of water and the light of the sun and the moon.

**"I am the taste of water, the light of the moon and sun, the syllable 'aum' in the Vedic scriptures, the sound vibration in ether, and the ability in man." (Lord Krishna, Bhagavad-Gita 7.8)**

Every time you drink water, you should thank Lord Krishna, because He is the taste of water. When you wake up in the morning, you should thank Lord Krishna, because He is the light of the sun and in the evening He is the light of the moon. If you are able to do anything, then you should thank Lord Krishna, because He is the ability in man.

### **113. Why is life full of ups and downs?**

One time we are very happy and another time we are sad. This is the law of nature. We can't always be happy nor can we always be in distress. Just like the stock market, for some period of time, it goes up, for some periods it goes down, and sometimes it crashes.

Don't be disturbed when there is joy or sorrow in your life. They will come and go like the seasons. Instead, work towards ending this cycle of ups and downs, by following the Vedic principles, of which the highest principle is to surrender unto the Supreme Personality of Godhead, Lord Krishna.

**"The winter and summer seasons will come and go. In a similar way, due to one's perception, happiness and distress will come and go. One should learn to tolerate them, without being disturbed." (Lord Krishna, Bhagavad-Gita 2.14)**

### **114. Who are the Demigods?**

The demigods are very powerful living beings who are assigned the task of maintaining nature (wind, rain, plants, oceans, clouds, earth..). There are 330 million (33 crore) demigods in this universe, they are more powerful than us, but they are not God. They are like the vice presidents, and directors in a corporation.

Many people think that there are millions of Gods in the religion of India, but this is a mistake. In the Bhagavad-Gita, Lord Krishna is referred to as the Godhead, which means the head of all Gods. The word 'God' in the Vedic sense means someone who is in control, and not necessarily the supreme controller, the God. There are 330 million gods (controllers), and one Godhead (supreme controller), Lord Krishna.

Lord Brahma is the vice president of creation. It's his job to create everything within the universe at the beginning of each cycle.

Lord Shiva is the vice president of destruction. It's his job to destroy everything within this universe at the end of each cycle.

Indra is the director of the heavenly planets. Durga is the director of material energy and so on. In this way the demigods perform various tasks in the universe. All the demigods report to Lord Krishna directly or indirectly. Just like in a corporation, everyone reports to the CEO, either directly or indirectly.

### **115. How great are the Demigods?**

When 8.64 billion years pass on Earth, one full day passes for Lord Brahma and his life span is 311 trillion, 40 billion years. He can walk on air, and water. He has created a whole universe with food, brought back the dead, and traveled from one planet to another without any machine and so on.

There are millions of Brahmas, one in each universe. This universe we live in is the smallest one. There are other universes, which are much bigger than ours.

Those with the mentality of a bacteria (most of us) will find the above hard to digest.

### **116. Should the Demigods be worshipped?**

No. The demigods should be respected but not worshipped.

**“One who knows Me [Krishna] as the beneficiary of all sacrifices, penances, austerities, and the supreme Lord of all the planets, demigods, and the well-wisher of all living beings, can attain peace from the miseries of material life.” (Lord Krishna, Bhagavad-Gita 5.29)**

Krishna is the Lord of all the demigods and thus you should only worship Lord Krishna.

**“Those who are less intelligent, worship the demigods. The results achieved by worshipping the demigods are temporary, and after this life they go to the planets of the demigods. My devotees go to My supreme planet.” (Lord Krishna, Bhagavad-Gita 7.23)**

Those who are less intelligent will worship the demigods and they will get limited and temporary benefits and at death, they will go to the material planets of the demigods. On all the material planets, life is full of misery, old age, disease, and death. Those who worship Lord Krishna will go to His supreme planet, where one will get a beautiful body that is eternal, full of bliss, knowledge, and no misery.

### **117. Does Satan really exist?**

No, when humans engage in violence against any living being, hatred, wickedness, lust, greed, anger, pride and so on, they have become Satanic. There is no species of living beings that are Satan. Any human who engages in sin is called the Satan, until he stops all sinful activities.

Some people foolishly stone walls, as they think this will kill the Satan. They should stone themselves whenever they engage in sinful activities like wickedness, hate, violence, intolerance to other faiths, killing of animals and so on. This will really stop the satanic values.

God does not create Satan (evil, wicked, full of hate, violent, intolerant, and terrorist), rather people become satanic due to evil ideology and bad association.

### **118. Is Bollywood demonic?**

Yes.

The theme of most Bollywood movies is lust and materialism. By Vedic standards, a half-naked girl dancing is called a prostitute, and those watching her are promoting prostitution. By watching Bollywood movies, you will slowly and unknowingly attain the demonic qualities that are portrayed in movies. These are meat eating, gambling, lust, greed, anger, materialism, and ignorance of spirituality.

The simple fact is that what you see and hear on TV will eventually manifest in your home and life. This means lust, greed, anger, ignorance of spirituality and so on. You should not watch Bollywood movies, unless you want to degrade yourself, and move down in life (lower species).

### **119. Is America the supreme destination?**

Most people in India and many other countries are crazy about America. They want to go to America and become American Citizens. What is the difference between life in India and America?

- There is old age in India and America

- There is disease in India and America
- The death rate in India and America is the same, 100%
- Outside India there is more spiritual degradation
- Most people in India know that we are the soul and those outside think we are the body (no spiritual knowledge)

The destination for all living beings should be the abode of God. Where you will get a beautiful body which is eternal, full of bliss, full of knowledge, no old age, no disease, no death, and there is no need to work.

For millions of years, India was pure and prosperous but now it has become degraded due to Indians becoming beggars of foreign cultures and technology, instead of being givers of India's greatest asset, spiritual knowledge.

**"The supreme destination, which is infallible, the ultimate destination, a place from which, once having reached it, one never returns. That is My supreme abode." (Lord Krishna, Bhagavad-Gita 8.21)**

A short life on the land of Bharat-varsa (India) is better than a lifetime on the planet of Brahmaloka, where the lifespan is trillions of years. Because after a long life on Brahmaloka, one must return to this or other planet and go through the repeated cycle of birth, old age, disease, misery, and death. In one short lifetime in India, if one can elevate his consciousness to Krishna consciousness, then the result will be that this will be the last material life. At death, the soul will be immediately transferred to the spiritual abode called Vaikuntha. There one can live in a beautiful body eternally, with no problems. Even the demigods, who are now living on the higher planets, wish to take birth in India when they end their current life. This is because outside India, there is godlessness. However, India is very quickly becoming degraded due to the influence of foreign cultures of sex before marriage, materialism, cow killing, lust in public, God being invisible, people suffer or enjoy by chance (no karma), this is the only life (no reincarnation), we are the body (no spiritual knowledge) and so on.

### **120. Why does Krishna only appear in India?**

In the Vedic scriptures, there is no mention of any pastimes of Lord Krishna outside India. In short, when He descends to this planet, the people outside India are mostly atheistic. He does not appear to the atheistic.

Lord Krishna appears in His original form as Krishna only once in the daytime of Brahma. This is every 8.64 billion years, and this was last just 5000 years ago. Lord Krishna (God) is not so cheap that He will loiter anywhere.

- Outside India, the majority of people believe God is invisible/unknown. They cannot describe Him. God is eternal and thus He must have described Himself to humans by now. He has, and is completely known to those who believe in Him (theistic) and completely unknown to those who don't believe in Him (atheistic). Lord Krishna does not appear to the atheistic.
- In India, there are millions of devotees of Lord Krishna who are pious and very eager to see Him, and they can completely describe Him. Thus Lord Krishna appears only in India.

The followers of Sanatan-Dharma are most pious, have the highest humane consciousness and thus deserve to be visited by the Supreme person. This can be proven by the following facts:

The Vedic followers have never enslaved humans

The Vedic followers have never stolen land belonging to others

The Vedic followers have never attacked another nation

The Vedic followers consider all living beings having a soul

The Vedic followers are very appreciative, the cow is treated like a mother, even though she is an animal, because she provides milk for us

The Vedic followers consider all living beings as divine, because the Supreme is present in them (Lord Krishna is present in the heart of all living beings as the super soul)

The Vedic followers believe the Supreme is present everywhere (omnipresent). He is the witness to all our actions and thus one must take responsible actions. (Lord Krishna is present everywhere)

The Vedic followers believe life is an intelligent design, nothing happens by chance (karma and reincarnation). There is justice for all living beings

The non-Vedic followers have a history of using humans as slaves, they have a history of stealing land belonging to others, they have a history of invading and attacking other nations, they do not consider the animals having souls, they have no appreciation, they drink the milk of cows and then cut her throat and eat her, they do not believe all living beings are divine, they do not believe the Supreme is omnipresent, they cannot understand why people suffer or enjoy, they cannot understand why there are variety of living beings in different situations, there is no justice for the animals (they are killed for food), and for no equal rights for those who don't follow their religion (no freedom of religion).

Even 5000 years ago, when He last appeared on this planet, although there was only one religion in the whole world at that time, Sanatan-Dharma (The Eternal Religion). Lord Krishna appeared only in India, because the people outside India did not believe that this Krishna was the Supreme person. Most people in the world at that time believed Krishna was some powerful Yogi and not the Supreme person, Krishna.

Some people will look at the India of today and say how God can appear in a country where there is so much corruption, dirty streets, disorganization, tobacco chewers who spit everywhere and so on. Well, until a few hundred years, India was the most prosperous country in the world. The British and Mogul invaders ruled her for about 1000 years until 1947 and they raped India of her wealth and engaged in polluting and destroying the Vedic religion, because they cannot accept anything superior to their recently created man made religions where God is completely unknown. They are envious of Lord Krishna, the only proven God. Also since 1947, atheistic/anti-Vedic politicians have been ruling her and the result is the India of today.

The situation will change in 427,000 years' time, when the current age of Kali Yuga ends and the next age of Satya Yuga begins. Then once again, Sanatan-Dharma (the Eternal Religion) will be the only religion in the world, and prosperity will return to India and another cycle will be repeated. In every Kali Yuga, it's pretty much the same situation, there are many made religions/ideologies who are envious of the Supreme person, Lord Krishna and they deny Him for some unseen/unproven/unknown/invisible God.

### **121. Is a degree in medicine the king of education?**

Many parents are crazy about getting their children into medicine or other high earning material professions. They will ensure the children work hard at school and will spend all their accumulated wealth on their children's education. At the time of death, will the degree in Medicine help the parents or the children?

A student of medicine will study hundreds of books. Will the Bhagavad-Gita be one of those books?

At death, all our degrees are completely useless. Those who have some intelligence will study medicine or get some other high level education, and at the same time they will also gain some spiritual knowledge, by studying the Bhagavad-Gita and Srimad-Bhagavatam. The result of this is that they will earn good money by practicing medicine or other high level professions and at death,

because they gained some spiritual knowledge, they will get a chance to advance in spiritual life in their next life by being born in families who are engaged in devotional service. Then eventually they will be advanced enough in spiritual knowledge to go back to the spiritual creation called Vaikuntha, where everyone has a beautiful body that is eternal, full of bliss, and knowledge.

Those who are less intelligent will not be interested in gaining spiritual knowledge from the Bhagavad-Gita, and will focus only on the material education. At death, because they have no spiritual knowledge, they will take birth in families who are in darkness because they have no interest in spirituality. Those who are in darkness gradually sink into lower human species and eventually back into the animal and plant kingdoms.

**“This is the purest knowledge, the king of education, the king of the most confidential knowledge. It is the highest knowledge, most righteous, and everlasting.” (Lord Krishna, Bhagavad-Gita 9.2)**

Lord Krishna states that the Bhagavad-Gita is the king of education. This knowledge will eternally benefit you. Will your knowledge of medicine benefit you, life after life?

I am not saying don't study or don't become a doctor. My point is that will it hurt to add one more book (The Bhagavad-Gita) to the list of hundreds of books that a student will study?

Some people say that they will worry about God and religion later in life after they are settled with a degree, house, good job, and so on. Do you have a certificate saying you will live to retirement age or even the next moment? Death can come at any moment for anyone. Many people die young. Michael Jackson thought he would live to 150, but he made a thriller, he was out at 50. Most people are short sighted, because they think about how they can be happy and live well for the 40-60 years that most live, but what about the trillions of years after this life?

## **122. What is the result of material education but no spiritual education?**

An intelligent person will realize that a degree in Law or Medicine will be completely useless at the time of death and beyond this life. Material education only has temporary benefits.

When a person becomes materially engrossed, he has no capacity to hear about spiritual existence. Forgetfulness of spiritual existence entangles a man more and more in material existence. Such is the result of sinful life. Various bodies are developed with the material ingredients because of different types of sinful activities.

**“At death, those who have developed the mode of goodness, will go to the higher planets where the saintly persons live. Those who have developed the mode of passion will take birth among those engaged in materialistic activities. Those who have developed the mode of ignorance, will take birth in the animal kingdom.”(Lord Krishna, Bhagavad-Gita 14.14-15)**

Spiritual education has permanent benefits. The result of spiritual ignorance is that one falls down into the plant and animal kingdoms. At the end of this life, the souls of spiritually ignorant people go through the evolutionary process of transmigration from one body to another. After going through 8 million species in the plant and animal kingdoms, the soul will once again get another human body, which takes billions of years. We should not waste our short life on material development and ignorance of spirituality.

You should become materially educated to get a good job and earn money to pay the bills, but at the same time, you should get some spiritual education and engage in Bhakti Yoga to ensure the soul does not fall down into lower species after this life.

Charles Darwin and Albert Einstein were both very well materially educated, but where are they now? Where are all those well educated people that you once knew or came across? Do they now live eternally in the same body?

Did the material education help them to overcome birth, old age, disease, misery, and death? Does any University professor guarantee that by becoming well educated, one will be able to live in the same body eternally with no problems?

The thousands of Vedic saints like Swami Srila Prabhupada, guarantee that if one becomes well educated in the teachings of the Bhagavad-Gita, and practices it by performing Bhakti Yoga. Then at death, one will immediately be transferred to the spiritual creation, where people live in the same beautiful body eternally with no misery.

### **123. What is the caste system?**

Based on the Vedic scriptures, there is no caste system because the word 'caste' implies that which is fixed from birth and not changeable. But there is a Vedic class system, which is defined in the Bhagavad-Gita as follows:

**"Brahmanas, ksatriyas, vaisyas, and sudras are determined by their nature, qualities, and work performed." (Lord Krishna, Bhagavad-Gita Original 18.41)**

What this means is that based on the qualities developed and the actions taken by a person. A person will belong to one of four classes:

Brahmans - Peacefulness, self-control, austerity, purity, tolerance, honesty, knowledge, wisdom and religiousness. Those who possess these qualities should be the leaders in society.

Ksatriyas - Heroism, power, determination, resourcefulness, courage in battle, generosity and leadership. Those who possess these qualities should be the administrators in society.

Vaisyas - Farming, cow protection and business. Those who possess these qualities should be the business owners and farmers.

Sudras - Labor and service to others. Those who possess these qualities should work under the guidance of the above classes.

Every corporation in the world uses the Vedic class system. For example, in a corporation people are employed based on the qualities of work they have developed. Some are vice presidents, some are managers, some are admin clerks, and some are janitors.

It is a fact that everyone is not the same. This can be proven by the fact that not everyone has developed all qualities to the same degree. By following the Vedic class system, everyone will strive to become the best among men. Those at the top (Brahmans) will strive to keep their high position, and those below will strive to advance to a higher position. At work, do you want to advance or would you prefer to stay in the same position?

Everyone would agree that at work, there should be opportunities for advancement for everyone based on the effort put in by each worker. If there are no opportunities for advancement based on the efforts of the workers, then everyone loses the motivation to work and the quality of workers diminishes. This would result in the collapse of the corporation.

In a classless society, there is no motivation to develop good qualities and everyone becomes degraded into the lowest class. This is the case everywhere in the World today. The leaders in most countries around the World are thieves, liars, and have no spiritual knowledge. The result of this is that the public suffers with injustice, high taxes, inflation, unemployment, and insecurity.

Wouldn't it be nice if all the Politicians were peaceful, self-controlled, pure, tolerant, honest, knowledgeable, and religious? This is the aim of the Vedic class system. To ensure that suitably qualified personnel are appointed suitable roles in society. This concept is already used in corporations around the world.

The current caste system in India is a complete corruption of the Vedic class system that is prescribed by Lord Krishna in the Bhagavad-Gita and so it should be rejected. Currently the son of a Brahman is also called a Brahman, even though the son only has the qualities of a Sudra. Can the son of a high court judge also be called a judge? Can the son of a doctor be also called a doctor? The simple answer is no. One can only be called a judge or doctor, if one has developed the qualities of a judge or doctor.

Those outside India, often attack Sanatan-Dharma (the Eternal Religion) due to the Vedic class system, but they have a history of human slavery, hatred, violence against those who don't follow their recently created religion, they want to practice their religion freely everywhere in the world, but will not allow others to do the same (wickedness), they impose a tax on those who don't follow their religion, no equal rights for those who don't follow their religion, and curse others a life of eternal hell for simply following a religion given to them by God Himself. The Vedic class system is civilized, logical, and justice for all. Slavery, hatred, violence, wickedness, unjust tax, non-equality, and wishing hell for anyone is uncivilized.

#### **124. What are the symptoms of purity in a person?**

**"The ability to chant mantras, perform fire sacrifice, practice penance, and sacrifice animals does not make one a brahmana, just as a sudra remains a sudra, despite the ability to perform all these activities." (Bhavisya Purana 41.11)**

**"A devotee who faithfully engages in the worship of the Deity in the temple but does not behave properly toward other devotees or people in general is called a prakṛta-bhakta, a materialistic devotee, and is considered to be in the lowest position." (Srimad-Bhagavatam 11.2.47)**

**"As long as one is not compassionate to people in general in his devotional service to the Lord, he is a third-class devotee. The first-class devotee gives assurance to every living being that there is no fear of this material existence: "Let us live in Kṛṣṇa consciousness and conquer thenescience of material existence." (Srimad-Bhagavatam purport 3.21.31)**

First of all it is important to understand that animal sacrifices are prescribed in the Vedic scriptures for the purpose of releasing the soul from the animal body so they get a human body and NOT for food. Also the animal sacrifices can only be performed by qualified brahmanas and in the current age of Kali, there are no qualified brahmanas who have the knowledge or the purity to perform animal sacrifices and thus animal sacrifices are forbidden.

Just because someone dresses or is employed as a Police officer, it does not mean that he is a Police officer. Only if a Police uniformed person upholds the law of the land then he can be called a Police officer and not otherwise. In a similar way, just by wearing a dhoti, performing penances and vibrating the mouth, does not make one a devotee. There are other actions that need to be taken as listed by Lord Krishna in the Bhagavad-Gita which qualifies one to be called a brahmana/devotee.

**"Humility, pridelessness, nonviolence, forgiveness, honesty, simplicity, service to a genuine spiritual master (guru), good thoughts/words and physical cleanliness, steadfastness and self-control, aversion for the objects of sense gratification, absence of ego, constant reflection on the pain and suffering of birth, old age, disease, and death, nonattachment with family members, home, etc., steadiness amid pleasant and unpleasant events, constant and unalloyed devotion to Me [Krishna], taste for solitude, distaste for social gatherings and gossips, steadfastness in acquiring the knowledge of self-realization, and search for the absolute truth— I declare all this to be real knowledge. That which is contrary to this is ignorance. (Lord Krishna, Bhagavad-Gita 13.8-12)**

Humility – You should share your belongings with others, become a servant of everyone by serving them (Das/Dasi).

Pridelessness – You should not look down on others, nobody is lower than you, you are not higher than others, you should give all respects to others, and you should bow down to others.

Nonviolence – Don't say/use harsh words, these will hurt the feelings of others, don't say things which might agitate others, don't hurt or kill animals.

Forgiveness – People do make mistakes or do the wrong things due to forceful situations and so be prepared to forgive them. A new hour means a new start, forget what happened in the last hour.

Honesty – Always speak the truth, side with those who speak the truth, and never hide anything.

Simplicity – Don't bother others, don't give others a hard time, eat whatever is available according to you income/situation, be satisfied with what you have or what you receive, don't make demands, sleep on the floor if there is no bed, wear whatever is available, share things with others.

Ego – The human body is nothing but stool, and all kinds of nasty chemicals and fluids. Realize that one bag of stool is competing with another bag of stool, this is the rat race of the material world. It's worthless to think one bag of stool is superior to another.

Steadiness – If it's Monday then Tuesday will come for sure, if it's Night, then Day will come for sure. In a similar way, happiness and distress will come and go for sure. Don't get disturbed by anything that happens in your life, stay fixed on the spiritual path.

Self-control – The trees stand still, even though it rains, wind blows, and people/dogs pee on them. In a similar way, if someone speaks harsh words to you, ignore them, if someone swears, ignore them. If someone cuts you up on the road, don't open your mouth, just ignore them.

Social gatherings – Stay away from parties, because it's from these places where the degradation and bad association starts. Stay away from places/events where there is meat, alcohol, drugs, illicit scenes, and spiritually ignorant people.

Lord Krishna – He is the only proven and seen God, and thus you should always think of Krishna and serve Him as best as you can, using your time, money, and energy.

Regardless of the external physical looks, only if one exhibits all the above symptoms then he/she can be called a real devotee. One of the main differences between a real brahmana and a Sudra is that a brahmana is always truthful and compassionate, where as a sudra is not.

Don't judge a person by the looks, because looks are deceiving. Judge by the actions the person takes and has taken. Don't judge a book by its cover, judge based on the contents. Be aware, there are many wolves in sheep clothing.

If one sincerely follows the Bhagavad-Gita teachings, then he/she will become the purest human being and this will be the last miserable life. At death, the soul will be immediately transferred to the spiritual creation where everyone lives eternally in the same body that is completely beautiful, full of bliss/love, full of knowledge, no old age, no disease, and no misery of any kind.

### **125. What takes away the good qualities in a person?**

Bad association, lack of proper knowledge, and wrong knowledge, deteriorates the good qualities in a person. When we are born, we have pure thoughts. A child doesn't see any difference between White, Asian, and Black people. Everyone is fun to play with and there is no such thing as money. Everything belongs to everyone. But as the child grows up, due to the association with adults, the child slowly develops a mentality of likes and dislikes towards people and things. Parents and relatives condition the children.

Modern lifestyle of partying, discoing (western culture), irreligious values (envy and hatred), Bollywood movies, and ignorance (lack of knowledge and misunderstanding) slowly and unknowingly drain away the righteous qualities in a person.

**"Just as the wind can carry away a boat on the water. The mind that gives in to one of the roaming senses, can carry away the intelligence of a person." (Lord Krishna, Bhagavad-Gita 2.67)**

**"By thinking about sense objects, a person develops attachment to the objects, and from attachment, desires develop. When the desires are not fulfilled, anger develops. From anger, arises delusion, from delusion there is confusion and loss of reasoning. This results in loss of intelligence, and when intelligence is lost, one falls down into lower species." (Lord Krishna, Bhagavad-Gita 2.62-63)**

### **126. How do I achieve peace of mind?**

Don't satisfy all your desires.

Every day we desire to buy something, we go here and there, and do this and that, and so on. We must realize that satisfying our desires today will only result in more desires tomorrow. So try to stop satisfying your desires by saying no you don't need that, you don't need to go there, you can live without it and so on.

**"The ocean is always being filled by waters from different rivers, but still it remains steady. Like-wise, a person who is not disturbed by the constant flow of desires can achieve peace, and not the person who fulfills all his desires. A person, who gives up all desires, ego, and sense of ownership, can alone achieve peace." (Lord Krishna, Bhagavad-Gita 2.70-71)**

A person says 'I want peace'. If you remove the 'I' (ego), and the 'want' (desires). Then you will be left with 'peace'.

### **127. How do I become happy?**

The bad news is that only those who are in complete ignorance or those who are completely wise can be happy in the material creation. The others cannot always be happy.

The good news is that we can make this our last material life and go back to the spiritual creation, Vaikuntha. There we can live in the same beautiful body eternally, with complete happiness, full of bliss, full of knowledge, and no trace of anxiety. One who practices Bhakti Yoga can achieve this.

**"The great souls, who have achieved perfection, attain me [Krishna]. They do not take birth again in this material creation, which is temporary and full of miseries." (Lord Krishna, Bhagavad-Gita 8.15)**

In our short lives, before going back to the spiritual creation, we can minimize our suffering by being satisfied with whatever we have and not being disturbed by what others have or say. Don't be disturbed by whatever good or bad that happens to you or others.

**"If one can tolerate the urges of desires and anger, he can become happy in this life." (Lord Krishna, Bhagavad-Gita 5.23)**

Be satisfied with yourself, the people around you, your job/business, your house, and all the material possessions you have. Satisfaction is absence of emptiness. Greed comes from feeling emptiness. Greed wants to make you acquire everything material to make you think this will make you happy. The truth is that you will never be satisfied with material possessions.

### **128. Is life on all planets miserable?**

Many people believe that if they go to heaven, they will be happy. But this is not the case. Those who go to the heavenly planets will enjoy heavenly delights but they also grow old, become diseased, and die one day. Then they come back down to Earth or other similar planet, and again have to go through the pains in the womb, baby life (crying), infant life (wanting candies and toys, none of which will satisfy), teenage life (acne and stress of education), adulthood (marital problems, anxiety, and working stress), old age, disease, and death. Then go through the whole thing again and again.

The only way out is to go back to the spiritual creation called Vaikuntha. This can only be achieved by developing the good qualities listed in "moral values of civilized humans" and "Bhakti Yoga" questions. On the spiritual planets, people live in beautiful bodies that are eternal, full of bliss, full of knowledge, no terrorism, no marital problems, no taxes, no violence, no thieves, no liars, no cheaters, no corruption, no hatred, and so on.

**"Everyone on the lowest planet to the highest planet of Brahmaloaka, in the material creation is subjected to the miseries of repeated birth and death. But those who attain Me [Krishna], never take birth again." (Lord Krishna, Bhagavad-Gita 8.16)**

### **129. What are the three modes of material nature?**

One is always forced to act in one of three modes of material nature, goodness, passion and ignorance. These modes compete in exerting their influence upon us.

**"Goodness, passion, and ignorance are the three modes of material nature. The qualities developed by a person are based on these three modes." (Lord Krishna, Bhagavad-Gita 14.5)**

The Mode of Goodness - A person in the mode of goodness is free from all sinful reactions and is in a condition of happiness and knowledge. One who dies in the mode of goodness attains the higher planets.

**"The mode of goodness is purity. This mode illuminates and frees one from sinful reactions. Those situated in this mode become inclined to happiness, spiritual knowledge, and pure thoughts." (Lord Krishna, Bhagavad-Gita 14.6)**

The Mode of Passion - A person in the mode of passion is plagued by unlimited desires for material enjoyment, greed and lust (especially sexual pleasures). To satisfy these desires, one is always forced to engage in hard work that binds the person to sinful reactions, resulting in misery. A person in this mode is never satisfied with the position already acquired. One who dies in the mode of passion, takes birth again on planets like Earth among persons who are full of desires, greed, and lust.

**"The mode of passion is intense craving for sense gratification. This mode creates desires and lust. Those situated in this mode become bound to materialistic activities." (Lord Krishna, Bhagavad-Gita 14.7)**

The Mode of Ignorance - A person in the mode of ignorance is in delusion. It fosters laziness, foolishness and madness. One who dies in the mode of ignorance takes birth in the animal kingdom or on the hellish planets.

**"The mode of ignorance is darkness or delusion. This mode creates carelessness, madness, and laziness. Those situated in this mode become degraded." (Lord Krishna, Bhagavad-Gita 14.8)**

By understanding that the three modes are active and not you (the soul) and by realizing that you are separate from the modes of nature, the influence of material nature on you will gradually diminish.

### **130. Should we be kind and tolerant like a tree?**

The trees stand in the cold and heat. They give fruits, vegetables, and shade to all living beings. They don't discriminate against any living being. Whether they get little water or no water, they will still try to provide for all. We should become tolerant and kind like the trees.

Don't kill trees, plant more trees in your gardens.

### **131. How can I go to the kingdom of God?**

Give up all sinful activities like meat eating, gambling, drinking, smoking/chewing tobacco, partying, discoing, and relationships outside marriage. Realize that there is only one God, and be friendly to all living beings. This mentality will lead you to the kingdom of God.

**"By pure devotional service unto Me [Krishna], one can know Me as the Supreme person in truth, and thereafter one can enter into My kingdom." (Lord Krishna, Bhagavad-Gita 18.55)**

**132. Is your mind your friend or your enemy?**

The mind is always flickering and agitating. When it is controlled, it becomes the friend of the soul, and when it is not controlled, it becomes the enemy of the soul. How many times have you had two opposite thoughts about doing something? This is your mind and the soul and/or super soul (God).

**"The mind is a friend to those who have control over it, and the mind is the enemy for those who do not control it." (Lord Krishna, Bhagavad-Gita 6.6)**

**133. Should we only eat fresh food?**

Yes, we should try to only eat freshly cooked foods. Processed, frozen, micro waved food, and meat is dear to those in darkness.

**"People in the mode of ignorance like to eat foods that are prepared more than three hours before eating. Foods that have a bad smell [eggs], decomposed [meat], tasteless [not fresh], and stale [frozen food]." (Lord Krishna, Bhagavad-Gita 17.10)**

**134. Are wholesome foods good for us?**

Yes.

**"People in the mode of goodness like to eat foods that are juicy, fatty, and nutritious. These foods give strength, health, happiness, and increase duration of life." (Lord Krishna, Bhagavad-Gita 17.8)**

**135. Are hot and salty foods bad for us?**

Yes.

**"People in the mode of passion like to eat foods that are bitter, sour, salty, very hot, pungent, dry, and burning. These foods cause disease, distress, and misery." (Lord Krishna, Bhagavad-Gita 17.9)**

**136. Are same sex relationships wrong?**

Yes, but we should help people of such inclinations advance in spirituality and not hate them or give them a hard time.

**137. What are the moral values of civilized humans?**

- Be kind to all living beings
- Be sociable. Visit your friends and relatives often
- Don't eat your brothers and sisters (Vegetarianism)
- Share all your belongings with others
- Consider yourself to be the lowest (free from personal ego and pride)
- Treat others well whether you are in distress or happiness
- Be very tolerant in all situations
- Always be satisfied with whatever you get or don't get
- Always control yourself

- Don't be fussy with food, eat whatever is available or offered to you, provided its vegetarian
- Don't be a miser, be miserly to yourself but not to others
- Give up all sense of ownership
- Be clean. Take bath at least once a day, brush teeth at least twice a day, and keep the home and work area clean. Men should be clean shaven (no beard)
- Never lie, always tell the truth
- Never cheat or mislead anyone
- Never gamble
- Never drink alcohol or take drugs
- Never smoke or chew tobacco
- Be free from lust. If you are a man, think of all women older than you as your elder sisters or mothers. All women younger than you, are your sisters or daughters. If you are a woman, think of all men older than you as your fathers or elder brothers. All men younger than you are your brothers or sons
- Don't behave like the dogs on the street. No relationship outside marriage
- Always help others according to your ability
- Always be charitable according to your capacity
- Always be concerned for the welfare and wellness of others
- Accept that you are responsible for your own bills (Karma)
- Accept that you are the soul, which is eternal (Reincarnation)

You should follow and recite this list of good qualities at least once a week, to become purified and elevated to higher consciousness.

**"Absence of fear, purity of heart, charitable, striving for spiritual knowledge by studying the Vedic scriptures, lives a simple life, always straight forward in his dealings, always truthful, not violent, free from anger, not greedy, always gentle, forgiving, very clean, not envious of others, compassionate to all living beings, doesn't talk non-sense, has no pride, doesn't mislead others – These are some of the qualities of those with divine nature."  
(Lord Krishna, Bhagavad-Gita 16.1-3)**

### **138. What is Bhakti Yoga?**

There are many types of Yoga Systems. The Yoga System described and recommended in the Bhagavad-Gita is Bhakti Yoga. This means to link with Lord Krishna (God), devotional service unto Lord Krishna:

- Become pure hearted. This can be accomplished by developing all the good qualities that are described in question 121
- Offer all foods that you cook first to Krishna then you can eat them (parsadam). Krishna will not accept meat, fish, eggs, onions, and garlic. The food must also be freshly cooked (less than 3 hours)
- Chant the maha mantra:

**Hare Krishna, Hare Krishna,  
Krishna Krishna, Hare Hare,  
Hare Rama, Hare Rama,  
Rama Rama, Hare Hare**

- Offer flowers and Tulsi leaves to Krishna daily. This requires planting of flower bearing (especially roses) and Tulsi plants in your gardens
- Perform deity worship of Radha and Krishna daily
- Engage in some service at your local temple
- Read the Vedic scriptures, especially the Bhagavad-Gita and Srimad-Bhagavatam
- Preach all the above to others. Preaching is the highest devotional service unto Lord Krishna

The above devotional service activities should be performed according to your capacity and ability, but do as much as you can and the result will be that this will be your last miserable material life. At death, you (the soul) will be immediately transferred to the spiritual creation, where you will live in the same beautiful body eternally on the same planet as Lord Narayan, an expansion of Lord Krishna, or on the planet of Lord Krishna Himself.

**“The great souls bow down to Me [Krishna], worship Me, and always chant My names and glories, with determination and devotion.” (Lord Krishna, Bhagavad-Gita 9.14)**

**“Just become My devotee, always think of Me, bow down to Me, and worship Me. Then you will come to Me, without fail. I promise you this, as you are very dear to Me.” (Lord Krishna, Bhagavad-Gita 18.65)**

**“If one who is devoted to Me, teaches this supreme secret to other devotees, he shall be performing the highest devotional service unto Me, and he will certainly come back to Me. There is no other servant on Earth, who is more dear to Me.” (Lord Krishna, Bhagavad-Gita 18.68-69)**

A Bhakti Yogi is one who has given up desires for material possessions and all his activities are done only for the satisfaction of the Supreme person, Lord Krishna (Linked to the Supreme).

### **139. What keeps people in ignorance?**

Not being open minded, high personal ego, bad association, lack of proper knowledge and understanding, keeps people in ignorance. Arjuna acquired the knowledge of the Bhagavad-Gita to overcome his confused state. When Maharaj Pariksit was told he had 7 days to live, he acquired the knowledge of the Srimad-Bhagavatam to make his consciousness pure before his death. It's the knowledge in the Vedic scriptures that will give you knowledge of God, and the knowledge to get through this miserable material life. Which will save you from sinful activities and make your consciousness pure.

**“Just as a blazing fire turns firewood to ashes. Knowledge burns all reactions to material actions.” (Lord Krishna, Bhagavad-Gita 4.37)**

All negative qualities, such as lust, anger, violence, hatred, and greed, are nothing but a manifestation of ignorance.

The difference between a good doctor and an average one is that the good doctor will have more knowledge and understanding. A good doctor can be useful, but the average doctor is useless in many cases.

#### **140. What is foolishness?**

When one judges or makes decisions, based on his/her own knowledge, ability, experience, and perception, this is called foolishness.

Some people say no one has seen God. Have you seen what the 7 billion people in the World today or the trillions of people who lived in the past have seen? No! So how can you say that no one has seen God?

Some people say I haven't seen my last life nor my next life and so this is the only life. Have you seen Japan? No! But you still believe there is a country called Japan, even though you have not seen it. You are willing to accept the authority of world maps created by people and also the words of people who have seen Japan. Why not accept the authority of a person who has appeared more than 18,000 times in His original form (same body) and each time proving He is the Supreme person? He says we are the soul which is eternal and the soul transmigrates from one body to another, life after life. There are also millions of His devotees who have seen Him face to face right here on this planet, and in the spiritual creation, trillions of living beings are seeing Him right now.

Some people say we have a form and we are not great, and so God cannot have a form because as he is great. You have a form and you are not a brain surgeon, does this mean that all brain surgeons must be formless?

Some people say we suffer because God is not present everywhere to help us. Just because you can't be everywhere, does it mean that God can't be everywhere?

Some people say if a person produces a small chunk of gold in his hand, then he must be God. What about the person who has created the gold mines?

Some say, people are born unfortunate in their only life so that they will be judged earlier than others. First of all, when is the Day of Judgment? No answer. Who would choose to be born blind in their only life, so they can be judged earlier?

Some people say their God will save them on the Day of Judgment, and until then they have to suffer. Will you work for a company that will pay you on the Day of Judgment?

A business who supplies goods to customers who promise to pay on the Day of Judgment, is most foolish.

If you go on a shopping spree, who should pay the bills? You or someone else?

If one thinks that someone else will pay for the crimes he commits, is evil and most foolish. Can a criminal say to the Judge, 'hang someone else for my crimes'? Would any Judge accept this?

**"The foolish persons cannot understand how a living entity quits one body to take another. But those with knowledge can see this." (Lord Krishna, Bhagavad-Gita 15.10)**

**"Foolish men, disregard Me when I appear in a human like body. They do not know that My nature is supreme, and I am the great Lord of everything." (Lord Krishna, Bhagavad-Gita 9.11)**

#### **141. What are the problems of material life?**

Your partner may be cheating you  
The contractor may be cheating you  
Your marriage may end at any time  
You may lose your job at any time  
Your business may go down at any time  
You may be kicked out of your house at any time  
Your savings will run out at any time  
Your retirement savings may become worthless  
You may develop a serious disease like cancer at any time  
Your children may become diseased at any time  
Your children may become corrupted  
Your loved one may die at any time

Others cause problems, like your relatives, friends, people at your work, and family members. Problems are created by personal relationship with others, like marital problems, and work/business relationships. Problems are created by nature in the form of earthquakes, winds, flooding, rain, drought, and crop failures.

#### **142. What are the daily decisions we have to make?**

Every day we are faced with decisions to make in our life.

Shall I do this or that?  
Will he/she be ok?  
Shall I buy now or wait?  
How much shall I spend?  
When will I do it?  
When will I go?  
Which should I choose?  
Who should I choose?  
When will I retire?  
Will it work out?

Based on our knowledge, tolerance level, material intelligence, and spiritual intelligence, we will make the right choice or the wrong choice. For which we will suffer or enjoy in the future. One day we will make someone suffer and another day it will be our turn to suffer.

Many times we will be placed in a trance and forced to act in ignorance, this is due to our past sinful actions (bad karma).

The above list of decisions and problems are real and affects everyone. By knowing these possible situations in advance will help you to avoid some of them, and help you get through the others with minimum misery.

**“The five factors of action are: The physical body, modes of material nature, the various senses, various efforts, the Supreme. These are the five factors, which cause whatever right or wrong action, a person performs by his body, thought, and speech.” (Lord Krishna, Bhagavad-Gita 18.14-15)**

As stated above, things will happen to us based on our own efforts and sometimes by the will of God. This means that failure or rejection is many times the will of God for our own good.

### **143. What are the symptoms of a spiritual master?**

- \* He can completely describe God
- \* He can give details on the history, past times, and opulence of God
- \* He will be completely non-violent and peaceful to all living beings. This means he should not be engaged in killing animals or humans. Thus he should be a pure vegetarian and not engaged in wars
- \* He is simple, tolerant, truthful, forgiving, and merciful
- \* He is not lusty, thus he should be completely free from sex
- \* He teaches how to serve God
- \* He quotes from the Vedic scriptures to back up his statements
- \* He does not incite or instill hatred into anyone
- \* He will instruct his followers to love all living beings

**"The symptoms of a sadhu are that he is tolerant, peaceful, merciful, pure hearted, friendly to all living beings, and he follows the scriptures." (Srimad-Bhagavatam 3.25.21)**

**"A sober person who can tolerate the urge to speak, the mind's demands, the actions of anger and the urges of the tongue, belly and genitals is qualified to make disciples all over the world." (Nectar of Instruction 1)**

Now days, there are many bogus Gurus, and Swamis who preach their own non-sense philosophy and completely deviate from the teachings of the Vedic scriptures. So be aware of this and only accept the teachings of someone if they can back up their statements by quoting from the Vedic scriptures.

**"You can get true knowledge and understanding by serving and inquiring from a self-realized spiritual master who has seen the truth." (Lord Krishna, Bhagavad-Gita 4.34)**

I would recommend his Divine Grace A.C. Bhaktivedanta Swami Prabhupada and his disciples as spiritual masters. Visit [www.Krishna.com](http://www.Krishna.com) for more information and visit an ISKCON temple near you.

Materialistic means bodily consciousness and thus sense gratification (engaging in violence/wars/sex, attachment to women and objects, intoxications). One should never accept a materialistic person as a Guru. One should only hear and learn religious values from saintly persons.

### **144. Are women lower than men?**

No, women are actually higher than men.

From a spiritual point of view, all living beings are souls, all unique individuals, all equal, full of bliss, full of knowledge, and eternal.

We say Radha Krishna and not Krishna Radha. Radha is a woman and Her name has to be addressed first, even before the Supreme person, Lord Krishna. We also say Sita Ram and not Ram Sita, Laxmi Narayan and not Narayan Laxmi.

By Vedic standards, on invitation cards/letters, the wife's name must come before the husband.

The highest position that any living being can attain in the material and spiritual creations is that of the Gopis, they are women. The Gopis are the top most devotees of Lord Krishna.

**“I am death, and the origin of all future living beings. Of the females, I am fame, beauty, pleasant speech, memory, intelligence, commitment, and patience.” (Lord Krishna, Bhagavad-Gita 10.34)**

#### **145. Why should women be protected from degradation?**

The women produce children, and they should teach them what is right, and what is wrong (moral values and spirituality). But when women become polluted, they become irreligious and the whole generation becomes degraded. For this reason, women should be protected from becoming polluted. Girls should not be sent away from the home to work/study and should be married off at an early age. Otherwise the chances of them becoming polluted are very high.

Due to lack of good guidance by the parents and in some cases bad guidance from parents (irreligious parents), the girls everywhere are rejecting culture and religion, and wanting what they call freedom. That is defined as partying, drinking, no culture, no religion, no respect for the elders, and behaving like the dogs on the street (sex before marriage). The result of this is that women suffer more in the form of single mother families and prostitution.

**“When irreligion prevails in the family, the women become corrupted and unwanted children are born.” (Bhagavad-Gita 1.40)**

#### **146. What is the result of not following the Vedic scriptures?**

If a person does not follow the Vedic scriptures, then he/she will become degraded.

**“Those who act according to their own whims, disregarding the regulations prescribed in the scriptures, never attain perfection, or happiness, or the supreme abode.” (Lord Krishna, Bhagavad-Gita 16.23)**

Those living beings who have no interest in culture, religion, and who do not follow any regulations as prescribed in the scriptures are called basically animals. Humans who have no interest in religion will have their desires fulfilled after this life. They will take birth in the animal kingdom, where there is no religion and no possibility of knowing God.

#### **147. What is the difference between human and animal consciousness?**

The difference between human and animal consciousness is that humans are inquisitive and considerate.

Real human beings enquire:

- Who am I, and where have I come from?
- Where was I before this life?
- Where will I be after this life?
- Who exactly is God?
- Why do I suffer?
- Why is everyone born in different situations?

Animals do not enquire. They simply eat, sleep, mate, and defend.

Humans are compassionate, they always think of others. The animals mind their own business and don't think of others.

The humans are charitable, but the animals, are not charitable. They simply enjoy everything for themselves. The humans are friendly to all living beings, don't eat the flesh of other living beings, and follow some form of religion. The animals eat other animals, are often aggressive, and don't follow any religion. The animals like donkeys are busy working hard all day. The humans also have to work hard to make a living, but at the same time they think of what is ahead after this life. The animals don't think of what will happen after this life.

Do you have human or animal consciousness?

#### **148. Why is human birth so rare?**

If you take a look around, there are zillions of living beings. Living beings are everywhere, in the water, in the Earth, in the air. On the body of humans alone, there are millions of bacteria. If one understands that the soul is present in all living beings and the science of the soul as described in this book. Then one can understand that the souls can move from human body to animal/plant bodies. The ratio of human bodies to animals/plant bodies is at least 1 to zillions, thus for every one human body there are zillions of animals/plants. Thus for a soul to occupy a human body is very rare, most souls are in animal/plant bodies.

Life is an intelligent design, nothing happens by chance. The souls are placed in particular bodies exactly based on what they deserve. Human beings who die in ignorance of spirituality fall down into the animal/plant kingdoms. The souls in animal/plant bodies were once in human bodies. There are 8.4 million species of living beings and out of these 400,000 are human species and most of these human species are uncivilized human species. Out of the 7 billion in the world, only a few hundred million can describe God in complete and know His history, pastimes, and qualities.

**“Out of thousands of persons, one will strive for spiritual self-realization, and among the strivers, someone may know Me. (Lord Krishna, Bhagavad-Gita 7.3)**

There are more animals/plants compared to human beings because the human beings are constantly falling down into the lower species and once a soul falls down into the animal/plant species. It has to go through the 8 million species lower than humans, from one species to another, before it gets another human birth. It takes billions of years for a soul to go through the 8 million animal/plant species. Thus once a human being falls down, he (the soul) has to wait for billions of years before he gets another human body.

If one simply wants to eat, sleep, mate, and enjoy. Then he/she is better off in the animal kingdom, because the animals also do these things but better than the humans.

#### **149. What is the purpose of human life?**

The purpose of human life is to know God as a real person and serve Him. Thus to know Lord Krishna as the Supreme person and serve Him. The result of devotional service unto Lord Krishna (God) is that at death, the soul will be immediately transferred to the spiritual creation where everyone lives in the same body that is completely beautiful, full of bliss/love, full of knowledge, with no old age, no disease, and no misery.

**“One knows Me as the Supreme Personality of Godhead without a doubt, is the knower of everything and he engages in My devotional service with love.” (Lord Krishna, Bhagavad-Gita 15.19)**

One can read the non-Vedic scriptures for millions of years, but one will never be able to describe God. Only the Vedic scriptures completely describe God, and thus one has to read and follow the Vedic scriptures to know, and serve God. To fulfill the purpose of human life.

**150. Why marriage to a spiritually minded person is very important?**

Those who are intelligent will think about the trillions of years of life that will come after this short life which is at most 100 years. The less intelligent and foolish will not think about what will come after this short life. Just take a look around, living beings are dying every second and living beings are taking birth every second in various species and in various situations. If human beings can recycle things then why can't God recycle living beings by transferring the souls from one body to another?

**"When irreligion prevails in the family, the women become corrupted and unwanted children are born." (Bhagavad-Gita 1.40)**

Marrying spiritually ignorant people ensures that both the couples and their children will come back to old age, disease, misery and repeated birth and death in various species of living beings and in various situations. A whole generation of spiritually ignorant population will be created by the spiritually ignorant parents. Human beings who are spiritually ignorant move down to the plant/animal species. One acquires lower births when one's spiritual intelligence is reduced.

By reading, studying, and following the Vedic scriptures like the Bhagavad-Gita gives one the best chance of elevating the human consciousness to spiritual self-realization. Thus to know that we are the eternal soul and not the body and we are part of the Supreme and our purpose is to serve the Supreme, Lord Krishna. The result of this consciousness is that one will go back to the kingdom of God called Vaikuntha. At the end of this short life and also give their children the best chance to do the same.

**"At death, those who have developed the mode of goodness, will go to the higher planets where the saintly persons live. Those who have developed the mode of passion, will take birth among those engaged in materialistic activities. Those who have developed the mode of ignorance, will take birth in the animal kingdom." (Lord Krishna, Bhagavad-Gita 14.14-15)**

The non-Vedic scriptures reject the eternality of the soul, reject reincarnation and karma, and do not describe God. Thus based on the non-Vedic teachings, this is the one and only life and hence there is no spirituality (no eternal existence) and one cannot love and serve an unknown/unseen person. An intelligence person will realize that we are eternal, and think about his/her eternal existence and not just about this short life, and thus follow the Vedic path and marry those who follow the Vedic path. Those who have no interest in spirituality, fall down into the animal species.

The Vedic system is that the selection of a good husband for a good girl is always entrusted to the parents. Girls should never be thrown in the public streets to search out their husband, for when girls are grown up and are searching after a boy, they forget to consider whether the boy they select is actually suitable for them, based on his culture/behavioral history/manners/beliefs/habits and so on. Out of the urge for sex desire or companionship, girls will accept almost anyone who approaches them. If the husband is selected by the parents, they will take into consideration many important factors to ensure suitability, and this will give the best chances of success.

### **151. How great are some Yogis?**

There are millions of Yogis who can walk on water, and air, make themselves lighter than a cotton swab, travel from one planet to another, one universe to another, create planets and universes, multiply food, cure the sick, fly without any machine, and so on. The master of all yogis and mystic power is called Yogeshvar (Krishna).

**“Wherever there is Yogeshvar, the master of all yogis, and wherever there is Arjuna, the expert archer, there will be opulence, power, victory, and morality.” (Sanjaya to Dhrtarastra, Bhagavad-Gita 18.78)**

### **152. Are you what you eat?**

If a person eats animals then the qualities of animals will manifest in the person. These qualities include aggression, intolerance, and violence. The animals are aggressive, intolerant of others who intrude in their self-assigned territory, and will kill or hurt others when they are bothered or not in agreement with them.

People who eat plant food only (vegetarians), will manifest the qualities of plants. Thus calmness, peaceful, tolerant, and non-violent. The plants provide fruits and vegetables to all living beings. The tree provides shade and fruits to all living beings, even if we try to chop the tree down or don't water it, still the trees will not hit back, and try to provide for all. The plants and plant eaters are calm, tolerant, non-violent, and helpful to all living beings.

**“Just as the air carries a particular smell from one place to another, the living entity will be carried to a particular body at death, based on the consciousness developed by him during life. On taking a new body, the living entity will get a particular set of senses, like ears, eyes, tongue, smelling potency, sense of touch, and mentality. The foolish persons cannot understand how a living entity quits one body to take another. But those with knowledge can see this.” (Lord Krishna, Bhagavad-Gita 15.8-10)**

Due to the increase in animal eating in the world, the animal propensities of ignorance, violence, intolerance, and hatred are also increasing. This can be proven by the fact that all the violent criminals and terrorists in the world are meat eaters. The scientists are beginning to realize this truth about the relationship between human diet and human mentality.

### **153. Why should you be charitable?**

Donating money gives one the opportunity to become free from material attachments and ultimately material life. Those who do not donate simply waste the money on material possessions and become attached to a materialist life. Thus becoming bonded to material life for many lifetimes.

A foolish person works hard all his life, accumulating a big bank balance, properties, jewelry, fast cars, and other material possessions. Then he quits his body to take another, leaving behind everything. Because he spent the money on himself and did not offer the results of his work (money) to God. He lived in sin and his next body will be that of a beggar.

A wise person spends his hard earned money on himself and gives a portion of it in charity. Thus when he quits his body, he will be able to enjoy his wealth in his next body too. He will be born in a rich family.

Did you ever wonder why some are born in rich families and some in poor families? Now you know why.

#### **154. What is the best charity?**

The giving of the gift of spiritual knowledge to your friends, relatives, and others is the best charity. The best welfare is to help others discover their real nature, spiritual self-realization.

The gifting of material goods only increase s sense gratification and bondage to material life. Spiritual knowledge helps people to stop the sinful activities in their lives. This sets one free from material life, which is a cycle of birth, old age, disease, misery, and death.

#### **155. What is the highest service to God?**

All living beings are the children of God and thus anyone who helps God's children go back to their original abode, back to the spiritual creation, are most dear to God.

**"If one who is devoted to Me, teaches this supreme secret to other devotees, he shall be performing the highest devotional service unto Me, and he will certainly come back to Me. There is no other servant on Earth, who is more dear to Me." (Lord Krishna, Bhagavad-Gita 18.68-69)**

In this verse, Krishna states that if one teaches the Bhagavad-Gita to others, then that person is very dear to Krishna. Every devotee has the right to explain the Bhagavad-Gita according to his/her understanding to others. There are many who foolishly think that only a Sanyasi can explain the Bhagavad-Gita to others. Krishna very clearly states in this verse that anyone who is devoted to him can preach according to his or her ability and understanding. Lord Caitanya, who is an incarnation of Lord Krishna, confirmed this by stating that anyone who is devoted to Lord Krishna should become a spiritual Guru.

This is Kali Yuga, the age of darkness, ignorance, and irreligion. The Bhagavad-Gita can save humanity, it's the only scripture that is spoken by God in person and also written by God in person.

Lord Krishna is the speaker of the Bhagavad-Gita and Veda Vyasa, who is an incarnation of Lord Krishna, is the recorder of the Bhagavad-Gita and all other Vedic scriptures.

Until 5000 years ago, the whole world was called Bharat (the light), and there was only one religion in the whole world, Sanatan Dharma. But because of the influence of Kali Yuga, now the whole world is in darkness due to the irreligious principles of man-made teachings. These irreligious principles being: Meat eating, God being unknown or invisible, we are the body (no reincarnation), everything happens by chance (no karma), killing for virgins and wine in heaven, and so on. Only those who have the higher spiritual consciousness can bring light to the whole World again.

Out of the 7 billion people in the world, at least 6 billion are in complete ignorance, because they are godless. They cannot answer the simplest question 'Can you describe the Supreme Person'? Only the Vedic scriptures answer this basic question. Lord Krishna is the Supreme Person (God), and He is completely described in the Vedic scriptures with His history dating back to trillions of years on this planet and beyond this planet.

#### **156. What is the difference between Devotees and Yogis?**

Yogis are those who are only interested in their own advancement, they have no interest in helping others to advance. Devotees are those who help others to advance, they don't think about their own advancement.

Basically devotees want to save others and yogis only care about themselves. Arjuna was a pure devotee and thus we should become pure devotees and not pure yogis, verses 18.68-69 confirm this.

### **157. What is the mentality of those who don't follow the Bhagavad-Gita?**

- \* Narrow-minded – They think their way is the only way and want all others go to hell for simply being different
- \* No faith in God – They cannot understand that God is in full control and thus it's God who is creating and maintaining all others
- \* God is not real – They cannot describe God, He is unknown/invisible
- \* Hatred – They cannot understand the concept of universal brotherhood
- \* Animals – The animals are just food. Millions of animals are breed for food and killed daily
- \* Who are we – They think they are the body (no belief in eternality of soul)
- \* No eternality – They think this is first and only life (no belief in reincarnation)
- \* Purpose of religion – Some believe that by following their religion, they will go to heaven and enjoy sex with many virgins and wine
- \* No Karma – People suffer or enjoy by chance

The result of above mentality is hatred, terrorism, poverty, wickedness, selfishness, godlessness, and destruction of nature.

### **158. Does Lord Krishna curse those who don't follow Him?**

A man-made God will curse those who don't follow him to a life in hell and he will be jealous, because he is not in control. But Lord Krishna is not like this. He is so nice and is in full control. He doesn't force anyone to follow Him nor does He send anyone to hell just because they don't follow Him.

**"I have explained to you the most confidential knowledge. Now, think about it and then do as you wish." (Lord Krishna, Bhagavad-Gita 18.63)**

After speaking the Bhagavad-Gita to Arjuna, Lord Krishna gave him free will. He doesn't say Arjuna will go to hell if he doesn't follow Him nor does Lord Krishna say He will be jealous if Arjuna doesn't follow Him. This is because Lord Krishna is a mature and responsible person. Lord Krishna, the real God, is all loving and all merciful.

The real God does not curse anyone, because He is in full control and thus He does not need to curse anyone. Only those who are not in control and want to be in control will curse others, as they are frustrated and envious of the supreme controller (Lord Krishna).

### **159. What is wickedness?**

Some people want to practice their beliefs freely everywhere but they don't allow others to practice their beliefs freely everywhere. This is called wickedness, you should treat everyone equally and expect equal treatment.

Some people expect others to give them things for free, but they don't give anyone anything free. This is called wickedness. If you take, then you should also give.

Some people like to borrow but not lend. This is called wickedness, if you borrow then also be prepared to lend.

Some people like to be served but they do not like to serve. This is called wickedness, you should serve others and let others serve you.

### **160. What is the mentality of those who follow the Bhagavad-Gita?**

The devotees of Lord Krishna have the following mentality:

- \* **Broad minded** – They never say or think others will go to hell simply for being different
- \* **Full faith in Krishna** – They know that God is in full control and thus don't have any problems with others
- \* **God is real** – God is visible and known
- \* **Universal brotherhood** - Consider all living beings as brothers and sisters. All living beings are the children of the one God and thus brothers and sisters
- \* **Animals** – They are our brothers and sisters too. Thus no meat eating (vegetarianism)
- \* **Who are we** – We are not this body but the soul
- \* **Eternality** – We are eternal and thus this is not the only life
- \* **Purpose of religion** – A sincere devotee of Krishna only wants to eternally serve Krishna and has no desire for sense gratification. Thus no lust, no intoxications, no killing, and no speculation
- \* **Karma** – People suffer or enjoy based on their past actions. Nothing happens by chance. As you sow, so shall you reap

People with the above mentality make the World a safer and peaceful place to live. Also, at the end of this life, these souls will go back to the spiritual creation and live eternally in the same beautiful body with God. Persons with the above mentality are called self-realized.

**“Being freed from attachments, fear, anger, and fully situated in thought of Me, many have become purified by penance and knowledge of Me. They all attained pure love for Me. (Lord Krishna, Bhagavad-Gita 4.10)**

The eternal Bhagavad-Gita has already delivered, trillions of people back to the spiritual creation, where people live in the same beautiful body eternally with no misery, and you can be next.

### **161. What are the characteristics of a self-realized person?**

- \* A person who realizes that he is not the material body but the soul.  
The material body is temporary but the soul is eternal, and one who knows this realizes that he (the soul) has been transmigrating from one body to another for countless lifetimes and thus his current body is just one of the millions of bodies he (the soul) has occupied. This means he is not the body but the soul within the body.
- \* A person who realizes his relationship with the supreme.  
The relationship between the living entities and the supreme (God), is that all living entities are part and parcel of the supreme. That means the qualities of all living entities (souls) are the same as those of the supreme. These qualities being eternality, blissfulness, and knowledge.
- \* A person who realizes that the part is meant to serve the whole.  
Just as the hand serves the body, the living entities, who are part of the Supreme, must

serve the whole, thus serve the Supreme.

- \* A person who has given up desires for material possessions and all his activities are done only for the satisfaction of the supreme.
- \* A person who teaches all the above to others.

A self-realized person is concerned for the welfare of all living beings and thus wants to deliver all living beings back to the spiritual creation, where everyone lives happily eternally.

**“The great souls, who have achieved perfection, attain Me [Krishna]. They do not take birth again in this material creation, which is temporary and full of miseries.” (Lord Krishna, Bhagavad-Gita 8.15)**

#### **162. What are the benefits of Krishna consciousness to the world?**

- \* Non-violence – Krishna conscious people are totally non-violent. No killing (vegetarian)
- \* Simple people – Krishna conscious people believe in living a simple life (not materialistic)
- \* No druggies or drunkards – Krishna conscious people are not intoxicated. No drugs or alcohol
- \* No hatred – Krishna conscious people believe God is the father of all living beings and thus we are all brothers and sisters
- \* No Gamblers – Krishna conscious people don't gamble
- \* Treat all people equally and nicely – Krishna conscious people view all living beings as souls and not physical bodies. Thus, there are no bodily designations, and even the plants and animals have equal rights and are treated like human beings

If you are serious about stopping terrorism, drugs, hatred, global warming, and AIDS, then become Krishna conscious and promote it.

#### **163. How did Krishna prove He was God?**

People argue over who God is. First of all, you must know what qualities the applicant for the supreme position should have. These qualities are listed in the question 'What is God?' Then compare the pastimes, miracles performed, and statements made by the applicants for the supreme position, and then there will be no doubt who is God and who isn't.

- \* Lord Krishna lifted a mountain (Govardhana hill) that is 21km in perimeter and weighing millions of tons for 7 days. Do you know anyone else who has lifted a mountain?
- \* Lord Krishna expanded his body into 16108 forms. Do you know anyone else who can multiply himself into thousands of identical bodies or even once?
- \* Lord Krishna swallowed a forest fire to save His friends. Do you know anyone else who has saved his followers in their current life?
- \* Lord Krishna cured the diseased, including transforming a hunchback woman into a most beautiful woman. Do you know anyone else who has transformed the ugly into beautiful in their current life?
- \* Lord Krishna brought the dead back to life. Do you know anyone else who has brought back the dead?

- \* Lord Krishna defeated all those who challenged Him including Kamsa, Putana, Bakasura, Kesi, Aghasura, and Sisupala. Do you know anyone else who has defeated all those who challenged?
- \* Lord Krishna saved all His followers in this life. Do you know anyone else who has saved their followers in their current life? Only a fool would accept a post-dated check.
- \* Lord Krishna transformed Himself into others. Do you know anyone else who can transform themselves into others?
- \* Lord Krishna was born fully clothed. Do you know anyone else born with clothes on?
- \* Lord Krishna has appeared in the same body more than 18,000 times in the current cycle alone. Do you know anyone else who has appeared with the same body this many times or even twice?
- \* Lord Krishna never looks older than about 16. He is forever youthful, forever beautiful. Do you know anyone else who always looks youthful and beautiful?

Lord Krishna is the greatest Person known to mankind. So why not follow the only proven and seen God?

#### **164. Will Krishna take away my sins?**

Lord Krishna won't take your sins and suffer Himself, because He is God himself, and God does not suffer. This is another difference between God and the living beings. The living beings suffer, but God does not, that's why God is great and we are not.

By taking shelter of Lord Krishna and abiding by His instructions in the Bhagavad-Gita, you will stop committing sins, do everything for Lord Krishna, instead of yourself, and change your consciousness from material to spiritual. The result of this is that at death, Lord Krishna will release you from all the sinful actions you have taken in millions of lives and transfer you (the soul) to the spiritual abode (Vaikuntha). There you will live in the same body that will be completely beautiful, completely blissful/full of love, full of knowledge, eternal, and face no problems.

**"Give up all other religious beliefs and just surrender unto Me [Krishna]. I will release you from all your sins. Do not worry." (Lord Krishna, Bhagavad-Gita 18.66)**

#### **165. Is there a conflict between the teachings of the world religions?**

Not really.

It's due to personal ego and ignorance that humans hate and fight each other in the name of religion. God is the creator of all living beings and He is in full control. Since people have a variety of mentalities, God allows the variety of religions to exist.

People have variety of mentalities, knowledge, ability, and intelligence. Thus people will understand and worship God in different ways. Jesus declared himself as the Son and servant of God, Muhammad declared himself as the servant of God, and Lord Krishna declared and proved Himself as God. So there is no real conflict between the teachings of Christianity, Islam, and Sanatan-Dharma (the Eternal Religion). Those who have no personal ego and are willing to accept the truth will accept Lord Krishna. They are truly surrendered unto God. Those who have hatred towards others or are against the will of God, are the unbelievers and the envious of God.

The Islamic Koran and the Christian Bible do not describe God, but the Bhagavad-Gita and other Vedic scriptures, completely describe God. This is because, God is One, and He is completely known to some and completely unknown to others, based on the qualifications and level of consciousness developed.

The Islamic Koran confirms that we all worship the same One God.

**"We believe in that which has been revealed unto us and revealed unto you; our God and your God is One, and unto Him we surrender." (Koran 29:46)**

Jesus declared himself as the servant of God.

**Jesus said "My teaching is not my own. It comes from him who sent me" (John 7:16)**

**Jesus said "I go unto my father: for my father is greater than I" (John 14.28)**

**Jesus said "I tell you the truth, the Son can do nothing by himself" (John 5.19)**

**"All living entities are My eternal fragmental particles. Due to material nature, they are conditioned by the six senses, including the mind, and struggle very hard." (Lord Krishna, Bhagavad-Gita 15.7)**

All living beings are part of the one God.

**"In the body, there is also the super soul. He is the master, supreme enjoyer, overseer, and the permitter - The supreme Lord." (Lord Krishna, Bhagavad-Gita 13.23)**

God is the master, enjoyer, overseer, and permitter.

**"I am transcendental, beyond the fallible and infallible, and because I am the greatest, I am celebrated as the Supreme person, on the material, and spiritual planets, and in the Vedas." (Lord Krishna, Bhagavad-Gita 15.18)**

God is the greatest person in the whole of creation.

**"All species of living beings in this material creation appear by taking birth, and I am the seed giving father." (Lord Krishna, Bhagavad-Gita 14.4)**

God is the father of all living beings.

**"I hate no one. I am equal to all living beings..." (Lord Krishna, Bhagavad-Gita 9.29)**

In the eyes of God, all living beings are equal.

**"...One who has no enemies among all living beings comes to Me." (Lord Krishna, Bhagavad-Gita 11.55)**

**"Those who are wise, have real knowledge, understanding, and gentleness. They see with equal vision, a Brahmana, a cow, an elephant, a dog, and a dog eater." (Lord Krishna, Bhagavad-Gita 5.18)**

Those who see everyone with equal vision and are friendly to all living beings are very dear to God.

## **166. Are there contradictions in the Vedic Scriptures?**

None.

Some people say there are many contradictions in the Vedic scriptures because they give conflicting instructions. The Vedic scriptures come from Lord Krishna (God) and He is also the creator of all humans and thus He knows that not all humans have the same mentalities/abilities. Thus to accommodate the variety of evolved consciousness, Lord Krishna gives instructions that are suitable for each category of humans. This is like the different educational institutions, which are suitable for people with different level of abilities. We have pre-schools, primary schools, intermediate schools, high schools, colleges, universities, and so on. Not every human will be able to acquire the same level of education.

A good example of this is the 18 Puranas which are divided into three parts. Each part is suitable for people in three categories: Goodness (Sattva Guna), Passion (Rajo Guna), and Ignorance (Tamo Guna).

Those who are in the mode of Goodness will be inclined to follow the instructions in the 6 Puranas of Lord Vishnu: Vishnu Purana, Naradiya Purana, Padma Purana, Garuda Purana, Varaha Purana, and Bhagavata Purana.

Those who are in the mode of Passion will be inclined to follow the instructions in the 6 Puranas of Lord Brahma: Brahmanda Purana, Brahmavaivarta Purana, Markandeya Purana, Bhavishya Purana, Vamana Purana, and Brahma Purana.

Those who are in the mode of Ignorance will be inclined to follow the instructions in the 6 Puranas of Lord Shiva: Matsya Purana, Kurma Purana, Linga Purana, Shiva Purana, Skanda Purana, and Agni Purana.

The Bhagavad-Gita also mentions these three modes of nature: Goodness, Passion, and Ignorance. All human beings are acting in one of these three modes based on their evolved consciousness. It is a fact that not all humans have developed the same level of intelligence, abilities, and consciousness. This can be proven by the fact that not everyone is a doctor, or brain surgeon or rocket scientist. Not everyone is clean to the same degree. Not everyone is truthful to the same degree. Not everyone is kind hearted to the same degree. Not everyone is charitable to the same degree. Not everyone is a criminal. Not everyone is a terrorist and so on.

The human beings have different levels of consciousness, because the consciousness has not evolved to the same level for everyone. Some humans have lower consciousness like the animals and thus they will be inclined to eat meat and some have evolved higher consciousness and thus they would not even touch meat, like the Vaishnavas (followers of the Bhagavad-Gita and Lord Krishna). Thus God has to give differing instructions to accommodate all humans, who all have different abilities and intelligence.

For some humans God is unknown/invisible because they do not have the ability (lower consciousness) to know God and some humans know and can describe in God in full because they have higher level of consciousness. The purpose of these differing instructions, which may seem like contradictions is to slowly elevate each human being to a higher consciousness, and to eventually know Lord Krishna as the absolute truth.

Even in a family, not all the children will behave in the same way or become educated to the same level in the same field of knowledge. The father knows this very well and will try to help each of his children based on their ability. In a similar way, the Supreme father, Lord Krishna, has provided different levels of instructions to help develop each human being slowly to the highest level of consciousness, which is to know Him as the absolute truth. For some humans it will take many

millions of life times to evolve their consciousness to the highest level and some will make it in this life.

If one carefully reads this book, follows the instructions, and understands that Lord Krishna is the absolute truth without any doubt. Then they have attained the perfection of human life. Eventually every soul will arrive at this conclusion, because Lord Krishna is most merciful and will help each and every soul to return back to the spiritual creation where everyone lives in the same body that is completely beautiful, full of knowledge, completely blissful/full of love, eternal, and with no misery. This is one of the main differences between the real God (Lord Krishna) and the so-called Gods of other religions who are completely unknown/invisible and always cursing a life of eternal hell for those who don't follow their unknown/invisible God.

Those who are intelligent will realize that Lord Krishna is the one true God, and He is completely described. The Gods of the other religions are not described. He is unknown/invisible for them, because God Is One, Lord Krishna.

**“Give up all other religious beliefs and just surrender unto Me [Krishna]. I will release you from all your sins. Do not worry.” (Lord Krishna, Bhagavad-Gita 18.66)**

In this verse, Lord Krishna is stating that we should abandon the variety of beliefs in the Vedic scriptures, which were created due to different abilities of understanding among people, and completely abandon the non-Vedic beliefs, which are manmade or adulterated Vedic ideologies, and surrender unto Him.

#### **167. What is Theistic and Atheistic?**

Theistic means one accepts there is a God and also believes He must be completely described, seen, and proven.

Atheistic means one does not believe in the existence of God or believes God is not described, thus God is unknown/invisible/unseen.

Those who follow ideologies where God is not described are following atheistic ideologies, because God is eternal and thus by now, trillions of years after creation. He must have described Himself to the humans who want to know Him. Why should the eternal God keep Himself unknown/invisible, and unseen? The Vedic scriptures completely describe God and thus those who do not accept Lord Krishna as the Supreme (God), must present another contender with similar details as provided for Lord Krishna. If they cannot then they are basically atheistic because they are rejecting the only contender for the Supreme, Lord Krishna.

#### **168. What are the 2 types of human beings?**

There are 2 types of human beings, those who have divine qualities and those who have demoniac qualities. Everyone belongs to one of these types, and anyone can change from type to the other.

**“There are two type of human beings in this world, one possessing the divine nature and the other possessing a demoniac nature..” (Lord Krishna, Bhagavad-Gita 16.6)**

The divine qualities are listed in many Bhagavad-Gita verses including 16.1-3. Some of the qualities that are found in those with the divine nature are: Truthfulness, compassion, charity, cleanliness, non-violence, and engaged in spiritual education.

**“Pride, arrogance, conceit, anger, harshness, ignorance, and wickedness – these are the marks of those with demoniac nature.” (Lord Krishna, Bhagavad-Gita 16.4)**

**“Those with the demoniac nature, do not know what is right and what is wrong. Neither cleanliness, nor proper behavior, nor truthfulness is found in them.” (Lord Krishna, Bhagavad-Gita 16.7)**

### **169. Why do people change religions/paths?**

I have carefully studied why people change from one path to another. It's due to ignorance and deception from others that makes people change from one path to another. The ideologies of all the different paths are based on the Vedic knowledge but adulterated and many of their teachings are speculative and concoctions (made up). The parents should learn themselves and teach their children the Vedic values directly from the source, the Vedic scriptures. So they become strong and are not easy targets for the deceivers.

**“Humility, pridelessness, nonviolence, forgiveness, honesty, simplicity, service to a genuine spiritual master (guru), good thoughts/words and physical cleanliness, steadfastness and self-control, aversion for the objects of sense gratification, absence of ego, constant reflection on the pain and suffering of birth, old age, disease, and death, nonattachment with family members, home, etc., steadiness amid pleasant and unpleasant events, constant and unalloyed devotion to Me [Krishna], taste for solitude, distaste for social gatherings and gossips, steadfastness in acquiring the knowledge of self-realization, and search for the absolute truth— I declare all this to be real knowledge. That which is contrary to this is ignorance. (Lord Krishna, Bhagavad-Gita 13.8-12)**

The origin of all good values is the Bhagavad-Gita and thus one should give all the credit to the Person who has spoken the Bhagavad-Gita, Lord Krishna. All the good values in the scriptures of all the world religions, originate from the Bhagavad-Gita, and thus one should accept Lord Krishna as the Supreme Person, God, and not be deceived by the demoniac who will take the knowledge from the Bhagavad-Gita and give the credit to someone else, completely ignoring the original source.

The atheists will say we don't need God, but we should be good. The concept of being good, comes from the Bhagavad-Gita, and thus even the atheists should give credit to Lord Krishna, for realizing His teachings.

### **170. Do we originate from Adam and Eve?**

No.

The Abrahamic theory is that we originate from Adam and Eve, who lived around 6000 years ago.

The scientists have proven with genetic science that it's impossible for the human population of the world to originate from one couple (Adam and Eve). They have also proven that humans have existed for millions and not just 6000 years. The bones of humans dating back to millions of years can be found in museums around the world.

The Vedic theory is that we originate from thousands of couples and not just one, and humans have existed for 155.522 trillion years in the current cosmic cycle. This is explained in detail, in the Srimad-Bhagavatam and other Vedic scriptures. See the “Vedic Theory of Universe Population Creation” chart from the following web site, [www.EternalReligion.org](http://www.EternalReligion.org)

### **171. Can you describe the Kingdom of God?**

Only the Vedic scriptures can answer this question, the non-Vedic scriptures don't have a clue.

**"My supreme abode is not illuminated by the sun, moon, fire, or electricity. Those who go there, never come back to this material creation." (Lord Krishna, Bhagavad-Gita 15.6)**

The kingdom of God is called Vaikuntha, the spiritual creation of Lord Krishna.

**"The inhabitants of the Vaikuntha planets are described as having a glowing sky-bluish complexion. Their eyes resemble lotus flowers, their dress is of yellowish color, and their bodily features very attractive. They are just the age of growing youths, they all have four hands, they are all nicely decorated with pearl necklaces with ornamental medallions, and they all appear to be effulgent. Some of them are effulgent like coral and diamonds in complexion and have garlands on their heads, blooming like lotus flowers, and some wear earrings. The Vaikuntha planets are also surrounded by various airplanes, all glowing and brilliantly situated. These airplanes belong to the great mahatmas or devotees of the Lord. The ladies are as beautiful as lightning because of their celestial complexions, and all these combined together appear just like the sky decorated with both clouds and lightning." (Srimad-Bhagavatam 2.9.11-13)**

After knowing the above, anyone who is truthful, would immediately surrender unto Lord Krishna so they can go to His kingdom at the end of this short life.

### **172. Are followers of Lord Krishna most peaceful?**

It's extremely rare for devotees of Lord Krishna to engage in violence in His name or the Bhagavad-Gita. Once someone becomes a devotee of Lord Krishna, the first change is that they stop killing by going vegetarian, and once someone stops being a devotee of Lord Krishna and follows any of the non-Vedic paths, the first change is that they start killing (become meat eaters). If you accept that killing is wrong and want to follow a loving, seen, and proven God, then you should surrender unto Lord Krishna.

**"My devotees become righteous, attain lasting peace, and never perish. "Lord Krishna (Bhagavad-Gita 9.31)**

You have a choice, you can follow a real, seen, proven, and loving God, Lord Krishna, or you can follow an unproven/invisible/unknown character as God.

### **173. Why do Hindus have a mark (Tilak) on their forehead?**

There are many reasons including:

- a. To show that one is a devotee of God and thus reminds one to live a responsible life taking only righteous actions
- b. The Vaishnavas (followers of Lord Krishna) have 2 lines which signify Radha and Krishna and the base which signifies Tulsi
- c. The mark on the forehead signifies that the body is a Temple, because the divine is present within. Lord Krishna is present within the heart of all living beings
- d. The women have a red dot to show that they are married

### **174. Why do Arti (ceremony of light)?**

The ceremony of light (Arti) involves the following before the deity of God:

- a. Waving lighted wicks which are soaked in ghee (purified butter). This signifies light (the truth). The waving is clockwise, just like the clocks. This indicates progression or advancement. Never anti-clockwise, which indicates regression or degradation

- b. Offering water
- c. Offering flowers and incense
- d. Waving a chamar (wisp) or white cloth
- e. The Arti is started and ended with the blowing of a conch-shell

**“The mind, intellect, ego, ether, air, fire, water, and earth are the eightfold division of My material energies. ” (Lord Krishna, Bhagavad-Gita 7.4)**

By performing the Arti, we are offering the five gross material elements of creation to God, to thank and remember Him for everything He has given and done for us. Fire (light), water, earth (flowers), air and space (wisp), are the five gross material elements of creation. The mind, intellect, and ego are the three subtle elements.

The blowing of the conch signifies scarring away bad qualities, awakening the good qualities, and other reasons.

### **175. Why surrender unto Lord Krishna?**

**“The divine illusionary energy of Mine [maya] consisting of the three modes of material nature is very difficult to overcome. Those who surrender unto Me can become free from it.” (Lord Krishna, Bhagavad-Gita 7.14)**

The three modes of material nature are: Goodness, passion, ignorance

Maya, is the illusory energy of Lord Krishna, and thus we can only overcome it, by His grace. We all originate from the spiritual creation and due to our own desire, we came to the material creation and the purpose of the illusory energy is to keep us in the material creation, because that was our desire. When we surrender unto Lord Krishna, we slowly transcend beyond the three modes of material nature, become undeterred by maya, and eventually go back to the spiritual creation, our original home.

### **176. How should one make work, business, or management decisions?**

We have to work or engage in some business to eat and pay our bills, this is necessary. But we should do what is ethical, and offer the results of our work to Lord Krishna. At least some of it, in this way we will not get any side effects in life from our work.

- a. Focus on the work/business, but without attachment to the results
- b. Work hard
- c. Don't be greedy
- d. Treat others fairly
- e. Keep proper records (accounting, plans, personnel, etc..)

### **177. For how long can you stand on your one leg to prove your faith?**

Millions of followers of Lord Krishna have performed severe penances to prove their faith in Lord Krishna. This included standing straight on one leg with the hands folded for many years and meditating on Lord Krishna. Can any follower of the non-Vedic paths, stand straight on his one leg for many years to prove their faith? Or even for 1 day?

Those who are intelligent will follow these time-tested devotees and follow Sanatan-Dharma and Lord Krishna. It is Lord Krishna who gives His devotees the ability to perform penances.

**“I am the taste of water, the light of the moon and sun, the syllable ‘aum’ in the Vedic scriptures, the sound vibration in ether, and the ability in man.” (Lord Krishna, Bhagavad-Gita 7.8)**

### **178. Has Lord Krishna already saved people?**

Lord Krishna has already appeared and saved His followers millions of times, right here on this planet, and He is so nice. If you can't make it in this life, then you will get unlimited chances (reincarnation) and you will never be sent to hell eternally. But why waste this life? Just take shelter of Lord Krishna and make this your last miserable life.

There are many examples of Lord Krishna saving His followers:

- a. The 5 Pandava brothers were saved so many times. One example, they were on the battlefield for 18 days and although millions of others around them died, the 5 Pandava brothers were untouched.
- b. A boy called Prahlad was thrown off a cliff, thrown in fire, attacked with a sword, given poison, but still nothing happened to him, because Lord Krishna was saving him.
- c. A 5 year old boy named Druva was in distress and performed severe penances for 6 months, then He saw Lord Krishna, face to Face.
- d. A women named Draupadi was disrobed in front of many people, but still she could not be made naked, because Lord Krishna was supplying her with an unlimited length sari.
- e. Whenever Lord Krishna appears in Person, He saves His followers, and even when He doesn't appear in Person. He still saves His pure devotees, because He is omnipresent.

**“Those who without deviation, meditate upon Me, worship Me, fix their mind on Me, and become attached to Me, I very quickly deliver them from material existence, which is an ocean of birth, death, and miseries.” (Lord Krishna, Bhagavad-Gita 12.6-7)**

There is only one person who has actually appeared more than once, appeared more than 18,000 times in His original spiritual body and millions of times in His other spiritual forms. He also declared and proved Himself as God, without any doubt, and saved His followers every time. This is because, God Is One

### **179. What abilities does Lord Krishna have?**

There are eighteen superior types of mystic siddhis (perfections), and five inferior perfections, which Lord Krishna has in full.

The eight primary perfections are as follows:

- 1) Anima-siddhi – The ability to decrease the size of one's body and become smaller than the smallest particle. Through this siddhi one may enter into stone or change the density in one's body, enabling one to pass through solid matter.
- 2) Mahima-siddhi – The ability to increase the size of one's body, ultimately enveloping the universe.
- 3) Laghima-siddhi – The ability to make one's body lighter than air and fly at will. The perfection of this siddhi enables one to travel on the sun's rays and enter into the sun planet.

- 4) Prapti-siddhi – The ability to manifest any object one desires within one's hand. This siddhi removes the limitations of space which separate two objects from each other. It is said one will even be able to touch the moon with one's finger [i.e. the limitation of distance is removed].
- 5) Prakamya-siddhi – The ability to attain anything one desires.
- 6) Ishita-siddhi – The ability to control the sub-potencies of the laws of nature. This enables one to control various energies and seemingly defy the laws of nature. On the lowest level, one may make fire come from one's mouth, etc.
- 7) Vashita-siddhi – The ability to bring others under one's control.
- 8) Kamavasayita-siddhi – The ability to attain anything anywhere. This is the highest of the eight and contains most of the abilities of the other perfections.

The ten secondary perfections are as follows:

- 1) The ability to be free from hunger and thirst. With this perfection one no longer depends on food and water for maintenance of one's body. One will be able to sustain himself simply on prana, the life air.
- 2) The ability to hear things far away. With this perfection one can hear any conversation spoken anywhere in the world.
- 3) The ability to see things far away. With this perfection one develops a mystic vision, by which one can see any person or place. Sanjaya, the disciple of Vyasa, used this siddhi to see and hear the conversation between Krishna and Arjuna (known as Bhagavad-Gita) which took place on the battlefield of Kurukshetra, though he was situated far away.
- 4) The ability to travel at the speed of the mind. With this perfection one can travel great distances in a moment simply by thinking of the destination.
- 5) The ability to assume any form one desires. This enables one to change one's physical body at will.
- 6) The ability to enter the bodies of others. This perfection enables one to enter into the bodies of others and enjoy through their senses. Since ghosts do not have physical senses, they often resort to this to satisfy their desires through other's bodies.
- 7) The ability to control the time of one's death. With this perfection one may choose the time of leaving his body.
- 8) The ability to witness the pastimes between the demigods and the celestial girls called apsaras.
- 9) Satya-sankalpa – Perfect accomplishment of one's determination. Whatever one desires to happen will happen.
- 10) Satya-yak - Giving orders that are unimpeded. With this perfection one's very word is truth. Simply by saying something it occurs.

Besides the eighteen superior perfections, there are five inferior perfections as follows:

- 1) The ability to know past, present and future.
- 2) The ability to tolerate heat, cold and other dualities.
- 3) The ability to know the minds of others.
- 4) The ability to check the influence of fire, water, poison, and weapons.
- 5) The ability to remain unconquered by others.

Reference: Srimad-Bhagavatam, Canto 11, chapter 15: Lord Krsna's Description of Mystic Yoga Perfections

These eighteen superior mystic perfections and the five inferior perfections are the potencies of Lord Krishna, who is called Yogesvara, the Master of all mystic perfections. Anyone who claims to be God, must exhibit all these perfections, and if he cannot then he is not God, but an imposter. Lord Krishna is the only Person who has exhibited all these perfections, not just once, but millions of times. This is because, He is the only God.

Lord Krishna gives some of these mystic perfections to His pure devotees who want them. The Srimad-Bhagavatam and other Vedic scriptures, give details on how one can acquire some of these mystic perfections. Those who have acquired one or more of these perfections are called mystic yogis, and these yogis have been seen walking on water, flying, transporting themselves from one place to another within a few seconds, materializing objects, changing forms, predicting the future, bringing back the dead, seeing the dead in their new life and so on. In the past, there were millions of mystic yogis, but now very few, as the potency has been reduced due to the influence of Kali Yuga.

**"Wherever there is Yogeshvar, the master of all yogis, and wherever there is Arjuna, the expert archer, there will be opulence, power, victory, and morality." (Sanjaya to Dhrtarastra, Bhagavad-Gita 18.78)**

#### **180. Is acquiring spiritual knowledge Bhakti?**

Yes.

By reading or listening to the Bhagavad-Gita or any Vedic scripture, this is considered performing Bhakti, devotional service unto Lord Krishna.

**"Those who study this sacred dialogue of ours are worshipping Me with the yagna of knowledge." (Lord Krishna, Bhagavad-Gita 18.70)**

**"Knoweldge is the cause of liberation and ignorance is the cause of bondage to material life." (Lord Krishna, Uddhava Gita).**

